

## CURRICULAM VITAE

**SHIJI VARGHESE**  
**KONDUPRAVIL HOUSE**  
**ERAVUCHIRA (P.O.), THOTTAKAD**  
**KOTTAYAM DIST, KERALA.**  
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### OBJECTIVE:

To seek a challenging career by occupying a suitable position, utilizing my skill and experience to contribute towards the progress of the organization and at the same time have the prospectus for professional growth and development of my career.

### PERSONAL DETAILS

**Name** : **Shiji Varghese**  
**Gender** : **Female**  
**Marital Status** : **Married**  
**Nationality** : **Indian**  
**Religion** : **Christian**  
**Present Address** : **Kondupravil house**  
**Eravuchira P O**  
**Thottackad, Kottayam**  
**Kerala - 686539**  
**Contact Mobile Number** : **+ 91 8800835359, 7012303601**  
**E-mail: ID** : **[shijivarghese1988@gmail.com](mailto:shijivarghese1988@gmail.com)**

### Academic Qualification:

S. No.	QUALIFICATION	SCHOOL/BOARD	YEAR OF PASSING	PERCENTAGE
01.	S.S.L.C.	St. Joseph Convent Girls High School	March 2004	48%
02.	Plus Two	M.D. Seminary H.S.S. Kottayam	June 2006	48%

**Professional Qualification:**

S. No.	Qualification	University/College	Year of Passing	Percentage
01.	General Nursing & Midwifery	Sri Venkateshwara School of Nursing, Bangalore	August 2011	66%

**PASSPORT DETAILS:**

**Passport No.** : **M8150926**  
**Date of Issue** : **21-04-2015**  
**Expiry Date** : **20-04-2025**  
**Place of Issue** : **Cochin**

**SKILLS:**

- ❖ **6year 10 months of experience in the field of nursing and caring**
- ❖ **In-depth knowledge of the advance technologies and equipments with the perfect knowledge of the medical terminology**
- ❖ **Great demonstration and leadership qualities**
- ❖ **Very careful and responsible towards the health care**
- ❖ **Energetic and positive attitude with the profound communication skills both verbally and written**

**PROFESSIONAL EXPERIENCE:**

S. No.	NAME OF HOSPITAL	DESIGNATION	PERIOD OF WORKING	DEPARTMENT
01.	Swastik Hospital & Research Centre, Mumbai	Staff Nurse	24-05-2011To 08-07-2012	Medical & Surgical Ward
02.	Action Cancer Hospital Newdelhi	Staff Nurse	18-02-2013To 22-09-2016	Oncology Department (Day Care)
03.	Sant Parmanand Hospital, Newdelhi	Staff Nurse	27-02-2017 To 05-12-2017	Medical & Surgical Ward
04.	<u>Karuna cancer Hospital , Malappuram</u>	<u>Staff Nurse</u>	<u>01/03/2019</u> <u>To</u> <u>07/06/2020</u>	<u>Medical &amp; Oncology Department</u>

**Responsibilities:**

- ❖ **Monitoring Arterial Blood Pressure, CVP.**
- ❖ **Assisting in various procedures like lumbar puncture and endotracheal intubation.**
- ❖ **Record patients' medical information and vital signs.**
- ❖ **Monitor, record and report symptoms and changes in patients' conditions.**
- ❖ **Care of the Patient with IABP.**
- ❖ **Calculation and administration of drugs.**
- ❖ **Cardio pulmonary resuscitation.**
- ❖ **Talking twelve lead ECG.**
- ❖ **Defibrillating the patients.**
- ❖ **Assist in respiratory exercises and physiotherapy.**
- ❖ **Ensure personal hygiene of the patient.**
- ❖ **Perform and assist doctor with the transfer and discharge of the patient.**
- ❖ **Responsible for total patient care, including medication, orders and treatments.**
- ❖ **Assists the physicians in performing special procedures.**
- ❖ **Assists in emergency nursing procedures necessary for prompt control of changes in patient's Physical condition.**
- ❖ **Able to perform the techniques of cardiopulmonary resuscitation accurately and effectively.**
- ❖ **Accepts responsibilities delegated by the Head Nurse or team leader and evaluates the Nursing care provided in the area assigned.**
- ❖ **Maintains the patient's clinical records; assists with execution of the physician's orders.**
- ❖ **Keeps accurate problem oriented nurse's notes according to audit committee standards.**
- ❖ **Guides personnel in evaluating patient needs.**
- ❖ **Receive full endorsement/handover for patients assigned under her care at the beginning of her duty and give full endorsement/handover about patients to next shift.**

**PROCEDURE SEEN AND ASSIST:**

- ❖ **Physical Examination**
- ❖ **Pericardial and pleural tapping**
- ❖ **Insertion of central venous lines and arterial lines**
- ❖ **Folleys Cathetrization**
- ❖ **Chemopot IV Access.**
- ❖ **Ryles Tube insertion and feeding**
- ❖ **Colostomy**
- ❖ **Urostomy**

**PROCEDURES DONE AND ASSISTED IN VARIOUS POSTS:**

- ❖ **Intubations and Resuscitations**
- ❖ **IV & NCT insertion**
- ❖ **Foley Catherer insertion**
- ❖ **Lumbar Puncture**
- ❖ **Paracentesis**
- ❖ **Plural Taping & Ascitic Taping**
- ❖ **Chemopot IV Access**
- ❖ **Picline Insertion**

**MANAGED EQUIPMENTS:**

- ❖ **Defibrillators**
- ❖ **Laryngoscope**
- ❖ **ECG Machines**
- ❖ **Glucometer, Thermometer**
- ❖ **Sphygmomanometer**
- ❖ **Pulse Oxi meter**
- ❖ **Oxygen equipment**
- ❖ **Suction Apparatus**
- ❖ **Syringe pump & infusion pump**
- ❖ **Ambu bag, Pressure Bag**
- ❖ **Nebulizer, Steam inhaler**

## **REFERENCES:**

- 1. Miss Krishna Bhatt  
Nursing Superintendent  
Action Cancer Institute  
FC-34, A-4 Block, Paschim Vihar,  
New Delhi-110063**
- 2. Mrs. Bindhu Lukose  
Sant Paramanand Hospital  
18 Sham Nath Marg  
Civil Line, Newdelhi 110054**

## **MY PHILOSOPHY TOWARDS SERVICE & LIFE**

**I consider myself is an extrovert. My patients are my are my best teachers, I have ever had. Off the job, I invest a good amount of time in educating myself through books. I believe strongly in medical ethics and practice nursing as devine job.**

## **DECLARATION**

**I do hereby declare that the information given is true and to the best of my knowledge and belief.**

**Date:**

**Place:**

**(SHIJI VARGHESE)**