

#### PERSONAL DETAILS

Full Name : Shithin Edathile Valapil

DOB : 10-Aug-1993

Address : Kazhakakkaran House

Ramapuram

Porakkunnu[P. O], kannur

PIN-670306

# PROFESSIONAL SKILLS

CPR AND FIRST AID

Bed Bath

Bed making

Bed sore care

Wound dressing

Ryle'sTube feeding

Cathereization

Patient Grooming

Nebulization

Blood pressure & sugar checking

## CONTACT

P: +91-9562355185 E: shithinev@gmail.com

## SHITHIN E V

## NURSING ASSISTANT HOME CARE SUPPORTER

#### **ABOUT**

I am a fresher patient-focused certified nursing assistant. Ready to provide high quality patient care in health care centers

#### **WORK EXPERIENCE**

NURSING ASSISTANT TRAINEE

Govt, District Hospital-Kanhangad | Nov 2021 - Till now

- Taken care of patients having severe bed sore, skin cancer and post surgery conditions
- Get done with all types of wounds, stitches and its dressing and removal
- Patient mobilization done with and without equipments

### NURSING ASSISTANT TRAINEE

Primary Health Center-Bayar, Kasargod | Oct 2021 - Nov 2021

- Assisted in Out patient consultation
- Involved in Covid-19 vaccination campaign
- Assisted in Palliative care services

#### **EDUCATION**

- HOME CARE ASSISTANT/ SUPPORTER
  Pradhan manthri Koushal Kendra [PMKK], Kasargod | 2021 2022
- B. TECH

Anna University, Chennai | 2012-2016

• +2 BIO-SCIENCE

CPNM GHSS Mathamangalam | 2009-2011

#### LANGUAGES

- ENGLISH
- •HINDI
- •TAMIL
- •MALAYALAM