

ASHIK JOHN

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OBJECTIVE

Self-motivated, hard-working Physical therapist with outstanding people skills, easily adaptability and ability to work effectively with people of all levels. Collaborative minded professional with strong written and oral communication skills. Confident, energetic and ambitious with positive attitude.

CLINICAL EXPOSURE

Having 5 Years of clinical exposure as a student in various fields including

- *Physical Medicine and Rehabilitation
- *Neurology and Neurosurgery
- *Pediatrics and Neonatal Care
- *Neuro Intensive Care Unit
- *Medical Intensive Care Unit
- *Stroke Intensive Care Unit
- *Cardio-Thoracic and vascular surgery
- *Neonatal Intensive Care Unit
- *Cardiology
- *Cardio-Thoracic Surgery and Pulmonary *Rehabilitation
- *Sports Rehabilitation
- *General Medicine and General Surgery
- *Orthopedic Surgery and Traumatology
- *Geriatrics

EDUCATION

Jss college of physiotherapy Mysore/RGUHS

2016 to 2021

Bachelor of Physiotherapy

First Class

PROJECTS

SCAPULAR DIMENSIONS OF YOUNG INDIAN MEN

This study was conducted to find out the relationship between the human anthropometric measurement and scapular measurement

ADDITIONAL INFORMATION

As a physiotherapist i had got chance to practice during Covid-19 pandemic and seen various scenarios under Cardio-pulmonary department.

PUBLICATION

PERSONAL DETAILS

Date of Birth : 18/09/1998

Marital Status : Single

Nationality : Indian

SKILLS

ACUTE CARE THERAPY

ORGANIZATION SKILLS

ANALYTICAL SKILLS

REFERENCE

Dr kavitha Raja - "JSS college of physiotherapy"

Professor,Principal

kavitharaja_jsscpt@jssonline.org
9686677220

Vijay Samuel Raj V - "JSS college of physiotherapy"

Associate professor

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Dr Renukadevi M - "JSS college of physiotherapy"

Vice principal

renukadevim_jsscpt@jssonline.org
9741200271

Sruthi Patel - "JSS college of physiotherapy"

Assistant Professor
tishru20@gmail.com

LANGUAGE

English Kannada Tamil Malayalam

INTERESTS

Orthopaedic physiotherapy

Neuro Physiotherapy

Cardio physiotherapy

Community Based rehabilitation

Scapular dimensions of young Indian men

This study was conducted For Rajiv Gandhi University of health sciences under UG Grant

1)Need for the study

:- To explore the relationship between the scapular dimensions and anthropometric measurements.

2)Clinical Significance

*Early identification of sports people who may have limb dysfunction

*Evaluation and treatment of scapular dyskinesis

*Diagnosis of scapular asymmetry

ACHIEVEMENTS & AWARDS

Attended National level Physiotherapy conference conducted by Indian association of physiotherapist on 2018-19

Successfully completed Core Life support course at JSS college of physiotherapy by Indian Institute of Emergency medical services on November 2017

Received Rajiv Gandhi University UG Grant on 2019-20 for the topic Scapular dimensions of young Indian men Code :- UGPHT444

Physioplus online Course: Respiratory Management of People with Covid-19; March 2020.

Completed Physioplus online course, Understanding Corona Virus disease(covid -19);March 2020.

Physioplus Online Course: ACL Rehabilitation – February 2020.