

LIYA ABRAHAM



CONTACT

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📍 Aluva

SKILLS

Mental health assesment
Networking
Rapport establishment
Team coordination and time management
Flexible and adaptive to situations
Problem solving

INTERESTS

Volunteering
Community services (Member and active participant of National Services Scheme Activities - 2016-2019)
Entrepreneur
Dancing

LANGUAGE

English
Malayalam
Hindi

OBJECTIVE

A passionate social worker majored in Medical and psychiatry keen on linking professional learnings and personal observations to enhance, empower and advocate the voice of the undermined, with an empathetic approach and non-judgmental outlook; I am open to exploring possibilities, facing challenges, and committing myself to the field of social work in body and spirit.

EDUCATION

2019-2021 **Sree Sankaracharya University of Sanskrit, Kalady**
MSW (Medical and psychiatry)
2016-2019 **Rajagiri College of Social Sciences, Kalamassery**
BSW

FIELD EXPOSURE

Block placement at **Rajiv Youth Foundation (Jal Jeevan Mission)**
May 2021
Block placement at **Kusumagiri Mental Health Centre, Kakkanad**
February 2021
Block placement at **Aluva District Hospital**
September 2020 - October 2020
Concurrent field work at **SOS Children's Village, Aluva**
January 2020 - March 2020
Block placement at **Institute of Palliative Medicine, Calicut**
April 2019
Block placement at **Tribal Unity for Development Initiative, Wayanad**
April 2018
Concurrent field work in **Kudumbasree, Varapuzha panchayat**
November 2017 - February 2018
Concurrent field work in **District Child Protection Unit, Kakkanad**
June 2017 - October 2017
Summer internship in **Mathruchaya Balabhavan**

Concurrent field work in **ICDS centre, Kalamassery**
November 2016 - March 2017

CERTIFICATES

Training for PRA
Project Proposal workshop (2 days)
Training for Volunteer in Palliative care (16 hrs) Aluva Kerala
Training for Accounting in Computer using Tally
Training for SPSS
Street Theatre workshop

ACHIEVEMENTS & AWARDS

Student volunteer of NSS

Active member of Youth Red Cross, Encon, Swaraj and Rotaract club at college level

Volunteered in psycho social support survey conducted after kerala floods 2018

Has been a part of Operation Muskaan 2017, organised by Social Justice department, DCPU, Special Juvenile Police etc. to rehabilitate abandoned children in railway stations

POSITIONS OF RESPONSIBILITY

Organizer of Aalekh 2K17 an art exhibition of works done by the inmates of Children's home Kakkanad

Organizing team member of DYUTI, a global conference 2018-2019

Organizing team member of Kunjattakikal fest accomodating Anganwadi(s) of Kalamassery municipality

PERSONAL STRENGTHS

Ability to handle pressure and work independently

Ability to develop healthy relationship with the clients/ agency/ local community

Optimistic with strong will power

Capable of presenting innovative ideas

DISSERTATION

Eating Disorders and Body Esteem Among Adolescent Girls

Media Influence on Body Image and Prevalence of Eating Disorders

OFFICE AUTOMATION SKILLS

Microsoft suits

SPSS

Internet browsing, Emailing and Typing

DECLARATION

I hereby declare that the above mentioned details are true to the best of my knowledge and belief.