

CURRICULUM VITAE



NAME : ANJU SARA PAUL

Date of Birth : 01.03.1997

Gender : Female

Father's name : Paulose Mathew

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Nationality : Indian

Martial Status : Single

OBJECTIVE

An enthusiastic individual looking forward to excel in the field of Respiratory Care.

Keen in learning new skills to be creative thus stimulate personal and professional growth.

Highly organized and hardworking ; values honesty, professional ethics and patient care.

Trained by excellent faculty at Christian Medical College Vellore, India which is one of the best medical institutions in the country.

EDUCATIONAL QUALIFICATION

Examination	Year of Pass	Board /University	Institution
SSLC	2013	Kerala State Government	Mar Athanasius Memorial High School Puthencruz
PLUS 2	2015	Kerala Higher Secondary Board	St.Mary's HSS ,Morakkala
BSc.Respiratory Therapy	2018	The Tamil Nadu Dr.MGR Medical University	Christian Medical College ,Vellore

EXPERIENCE

HOSPITAL : Christian Medical College, Vellore

DEPARTMENT : Pulmonary Medicine

DESIGNATION : Respiratory Therapist

PERIOD : December 2019 – December 2021

INTERNSHIP

HOSPITAL : Christian Medical College, Vellore

DEPARTMENT : Pulmonary Medicine

DESIGNATION : Intern

PERIOD : December 2018 – December 2019

MEMBERSHIP

Indian Association of Respiratory Care (IARC)- Life Member

Reg. No -LM20037087

CONFERENCES & CME Attended :

. 10th National Conference of Indian Association of Respiratory Care (IARC) ,RESCARE 2016

. 11th National Conference of Indian Association of Respiratory Care (IARC) ,RESCARE 2017

.CME Update In DRUG RESISTANT TUBERCULOSIS organized by Christian Medical College ,Vellore on 19.11.2016

.CME Update In BRONCHIAL ASTHMA organized by Christian Medical College, Vellore on 22.04.2017

BREIF JOB DESCRIPTION

- Oxygen therapy
- Pulmonary function test

- Multi parameter monitoring
- Airway management
- Assisting intubation
- Performing extubation
- Initiation and troubleshooting ventilators
- BLS
- Weaning from ventilators
- Non invasive ventilatory management
- Arterial blood gas sampling and interpretation
- Using defibrillator
- Bronchial hygiene therapy
- Post extubation care
- Maintenance and management of respiratory equipments
- Sterilization and disinfection
- Assisting Bronchoscopy
- Sleep study
- Transportation of critically ill patients
- Pulmonary rehabilitation
- Aerosol therapy

SKILLS

- **Perform basic and advanced pulmonary function test**
 - . Spirometry
 - . Helium dilution method
 - . Diffusing capacity
 - . Respiratory drive
 - .Methacholine challenge test
- **Perform sleep study**
 - . Limited channel sleep study

- . Auto CPAP titration
- . Bi-PAP titration
- **Assisting routine and interventional Bronchoscopy**
 - . Bronchoscopy(Assisting Broncho Alveolar Lavage, Trans Bronchial Lung Biopsy, Cryo Biopsy)
 - . Thoracoscopy
 - . Assisting Trans Bronchial Needle Aspiration(TBNA)
 - . Assisting Balloon Dilation
 - . Linear Endo Bronchial Ultrasound (EBUS)
 - . Radial Endo Bronchial Ultrasound
 - . Tumor Debulking and Stenting
- **Conducting 6 minute walk test and PEFr monitoring**
- **Handled an ICU of 12 patients with up to 10 ventilated patients at a time**
- **Handled a 22 bedded respiratory ward along with 6 HDU beds**
- **Educate patients and their families about their disease conditions and appropriate management techniques**

REFERENCE

1. Dr. Balamugesh
Professor
Department of Pulmonary Medicine
Christian Medical College , Vellore
2. Dr. Richa Gupta
Professor
Department of Respiratory Medicine
Christian Medical College , Vellore