

SALOMI REETHA

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***Seeking job in Health care/Medical/R&D/Sports/Fitness Centre/Biotech/Education /
Teaching/Nutritionist/Dietician.***

OBJECTIVE :

- Interested in Nutritionist/Dietician position that will allow me to offer others the benefit from my expertise & knowledge, so as to expand my work experience in the field of Nutrition & Dietetics.

ACADEMIC CHRONICLE

- M.Sc. DFSM (Dietetics and Food Service Management) including 6 months nutritionist / dietitian training.
- Certificate Course in Food and Nutrition
- B.Sc. Chemistry with 78%
- 12th Grade – Science with from St. Antony's School
- SSLC – from CKCGHS, Ponnuruni

BRIEF PROFILE :

- Work Experience :-
- ** 6 months as Dietitian trainee at NABH accredited Lisie hospital, Kaloor, Ernakulam
- Functional Area : Healthcare/Medical/Hospitals/Hospitality
- Educational Qualification : M.Sc. Nutrition, Food Service Management & Dietetics
- Certificate course in Food and nutrition

KEY SKILLS :

- Diet supervision, Therapeutic Diet planning, Counselling the patient, Seminar participation

SUMMARY OF SKILLS & EXPERIENCE :

- ** Motivated, qualified professional with experience in
- ** Diet Management, Diet planning, Therapeutic Diet counselling, Health care Consultancy.
- ** Educate & advise a wide range of patients with dietary related disorders, and to give practical advice so as to improve their health by adopting healthier eating habits.
- ** Translate the science of food nutrition into everyday life and having thorough knowledge about food science, physiology, biochemistry and Diet kitchen management
- ** Constantly active in promoting healthy food choices & disease prevention by increasing awareness of the link between nutrition & health offering advice to the food & pharmaceutical industry.

SYNOPSIS :

- ** A hard working professional who has completed M.Sc
- ** in Nutrition, Food Service Management
- ** Endowed with the passion for winning as evinced through demonstrated excellence in the academic & extracurricular areas.
- ** Acquired practical knowledge through various trainings & academic projects.
- ** Keen learner with constant zest to acquire new skills.
- ** Having good communication skills

EXTRACURRICULAR ACTIVITIES :

- ** Participated in extracurricular activities like cuisine competition, canteen project
- ** Organized seminars & give presentations regarding diet & health in the college and hospital.
- ** Actively took part in the activities like running race competition, throw ball, badminton in school
- ** Visited anganwadis & social welfare community regarding Public Health,

ABOUT ME

- Address : Kakkariyil, Vadakkal
- DateofBirth : 01stOctober1991
- Gender :Female
- Nationality :Indian
- MaritalStatus : Married
- LanguagesKnown : Malayalam, English,Tamil

DECLARATION

I hereby declare that the above-mentioned details are true and correct to the best of my knowledge.

Date: