



JERRY ALEX
(Physiotherapist)
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OBJECTIVE

To work as a Physiotherapist to utilize my skills and abilities in the field of physiotherapy and rehabilitation that offers professional growth and challenging opportunities, while being a resourceful, innovative and a flexible team player and in turn contributing to the social cause of good quality of life.

SUMMARY

I am a committed, caring physiotherapist with a great passion for helping people of all ages by being well-versed in a broad range of programming treatments and modalities for restoring function and mitigating disabilities. And a collaborative team player with superior work ethic and interpersonal abilities.

SKILLS AND COMPETENCIES

- Organized and detail-oriented
- Quick learner and responsible
- Good patience and flexible
- Gentle and skilled with therapy procedures
- Advanced anatomy knowledge
- Medical terminology expert
- Case management expert
- Excellent patient communication and counseling skills
- Ample experience in musculoskeletal, neurological, sports, pediatrics and cardiovascular rehabilitation

PROFESSIONAL EXPERIENCE

- Completed internship -during the six month of internship in Manipal Hospital(NABH accredited) Panaji, Dr E Borges Rd, Dona Paula, Goa,403004.
- Worked as a junior therapist in divine consultancy (post covid duty).

INVOLVEMENTS AND ACCOMPLISHMENTS

Involved in:-

- Primary managements of patients
- History taking and Evaluation
- Exercise prescription
- Case discussion and Presentation
- Follow up therapy
- Covid mobility rehabilitation
- Post covid recovery rehabilitation

Have attended various **seminars** and **workshops** as a college nominee to gain inroads to wealth of knowledge.

The seminars, workshops and conferences attended are;

- Attended DR MGM INTERNATIONAL PHYSIOCON 2018, POST CONFERENCE at Nimhans convention centre, Bangalore, Karnataka on 4th March 2018.
- Attended a medical education program on “OUTCOME BASED MULTIDISCIPLINARY APPROACH IN THE ASSESMENT AND MANAGEMENT OF PAIN IN CRITICAL CARE FOR HREALTH CARE PROFESSIONALS” at Harsha College of Physiotherapy.

- Attended DR MGM INTERNATIONAL PHYSIOCON POST CONFERENCE at Sathagiri Medical College , Bangalore on 01/02/2020.
- Attended IAP conference in Bangalore 2019, India.

PERSONAL SKILLS

- Patient handling
- Listening skills
- Physical Evaluation

ACADEMIC QUALIFICATIONS

- **Bachelor of Physiotherapy 2016 - 2021** , Rosy Royal International College of Physiotherapy, Bangalore, India.
- **Higher Secondary Education 2014 - 2016**, Mount Bethany Higher Secondary School, Pathanamthitta, Mylapra 689671.
- **Secondary School Education 2014**, Mount Bethany Higher Secondary School, Pathanamthitta, Mylapra 689671.