

CURRICULUM VITAE



ASHNA S HASHIM

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Contact no:
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OBJECTIVE

Committed to provide world class health care by continually improving processes in creating an ideal work environment and providing safe of ethical medicines to the patients with loving care to attain the goal of patient satisfaction.

EDUCATIONAL BACKGROUND

- ❑ Kerala Nurses and Midwives Council Registration No. **KL03202004495**
- ❑ 4-year Bachelor's Degree in Nursing from Kerala University of Health Science in year 2019. (Mar Sleeva College of Nursing, Pala, Kottayam).
- ❑ Intermediate from SNV HSS Kadakkavoor in year 2015 (Under Board of Kerala Examination).
- ❑ Matric from CSI EM Higher Secondary School, Attingal in year 2013 (Under Board of Kerala Examination).

QUALIFICATION	INSTITUTION	BOARD/ UNIVERSITY	YEAR	PERCENTAGE
S.S.L.C exam	CSI EM Higher Secondary School, Attingal	SCERT	2013	83%
HS exam	SNV HSS Kadakkavoor	SCERT	2015	70%
BSc Nursing	MS Con Kottayam	KUHS	2019	75%

WORK EXPERIENCE

One year experience as Covid ICU & ICU Staff Nurse at Wockhardt Hospitals, Mumbai.

ACHIEVEMENTS

- ❑ *Attended free checkup camps for poor people organized in various villages.*
- ❑ *Attended CNE related to Renal Care.*

COMPETENT ON

- *Pain management*
- *Tracheostomy care*
- *Nursing operations*
- *Covid Care Management*

KEY DELIVERABLES

- *Assessed patient's condition and planned and implemented patient care plans*
- *Developed nursing care plan in coordination with patient, family and interdisciplinary staff as necessary.*
- *Communicated changes in patient's clinical condition with Physicians, Nursing Supervisor/Manager, and co-workers as appropriate*
- *Conducted post-surgical monitoring, observed wounds on daily basis to check infections or any other post-surgery complications and assisted in rehabilitation exercises, medication and dressings*
- *Providing and maintaining high standard of nursing care in accordance with Hospital policies, Procedures and guidelines and scope of nursing practice framework*

PATIENT CARE RESPONSIBILITIES

- Assess the Medical, Surgical & Neurological condition of the patient.*
- Check the vital signs of the patient hourly along with date and time.*
- Maintenance of good Nurse-Patient relationship.*
- Maintains intake- output chart (E.g. Urine output, RT feeding and Drainage).*
- Administration of medication in time by following 6 rights.*
- Collection of Specimen.*
- Management of intravenous fluids.*
- Care of pressure sore.*
- Hot and Cold application.*
- Personal Hygiene.*
- IV Cannulation, Catheterization, Nasogastric tube insertion, Blood transfusion, Steam inhalation, suction, Chest Physiotherapy, Dressing, Sample collection, etc.*
- Continuous Hemodynamic monitoring including BP, ECG, PR, SPO2.*
- Peg feeding, Ryle's tube feeding and Central line care.*

OTHER RESPONSIBILITIES IN ICU MANAGEMENT

- Hand over and Takeover of the Patients ICU.
- Can handle procedures such as, CPR, NG Tube, IV Cannulation, Dressing, Suction.
- Collection of Samples including ABG, Oxygen administration.
- Maintaining the emergency drugs and equipment's at accessible place securely.
- Maintaining the reports and records of the patient up to date.

PERSONAL DETAILS

Permanent Address : Ashna Manzil
Alamcode. P.O., Attingal, Trivandrum 695102

Father's Name : Hashim.M.H

Nationality/Religion : Indian/ Muslim

Date of birth : 30/12/1997

Sex : Female

Marital status : Unmarried

Linguistic ability : English, Malayalam, Hindi, Tamil

DECLARATION

I hereby declare that the particulars given above are true and correct to the best of my knowledge and belief.

ASHNA S HASHIM

CORE SKILLSON:

- Patient care
- Leasing & Co-ordination
- Medication management
- Reporting & Documentation
- Team

STRENGTHS:

- The burning desire for self-improvement.
- A good team player and positive attitude.
- Possess leadership qualities.
- Ability to accustom in the

