



# **CURRICULUM VITAE**

**Dr. SAJANA Z, MBBS**

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K.S.Mangalam P.O, Vaikom, Kerala, India 686608

## **CAREER OBJECTIVE**

To look for a position as junior resident in a reputed hospital to learn new skills and gain more knowledge to enhance my personal growth as an excellent medical practitioner.

## **WORK EXPERIENCE**

- **BCF INDO AMERICAN HOSPITAL, Vaikom, Kottayam, Kerala (Sept 2019-March 2020)**
- **Indo American Hospital Brain & Spine Institute, Chemmanakary, Kottayam, Kerala (Feb 2021- Present)**

## **Medical Officer**

### Duties and Responsibilities:

- ✓ Part of a team providing 24 hour medical cover and immediate first line airway management and resuscitation to any patient, visitor or staff member as required.
- ✓ Assist in the management of patients and provide back-up support to the consultant.
- ✓ Manage the critically ill patient pre and post operatively.
- ✓ Manage and insert arterial lines and central lines if requested.
- ✓ Respond immediately to clinical emergencies within all departments in the hospital and in the absence of a more experienced medical practitioner, lead the resuscitation team during emergency situations.
- ✓ In an emergency situation, undertake emergency investigations and procedures in accordance with hospital policies and protocols and/or as directed by the patient's consultant.
- ✓ See/treat patients at the request of consultant or nursing staff.
- ✓ Detail contemporaneous notes on all patients attended in accordance with best practice for record keeping.
- ✓ Respond promptly to the request of consultant medical staff and nursing staff to attend any patient within the hospital, and to initiate or advise on treatment as indicated.
- ✓ Undertake specific medical procedures on patients within all departments in the hospital as requested by consultants, or in support of nursing and other clinical staff.
- ✓ Check and review blood results as directed by consultant or nursing staff.
- ✓ To prescribe medicines to take home in accordance with consultant instructions and/or protocol.
- ✓ Comply with the hospital's consent and confidentiality policy.
- ✓ Maintain comprehensive notes and treatment records of all patients attended.
- ✓ Ensure correct procedures are carried out in respect of patients

discharging themselves, deaths in care and coroner's requirements.

### **EDUCATIONAL QUALIFICATION**

- Bachelor of Medicine and Bachelor of Surgery (MBBS) from Govt. Vellore Medical College and Hospital, Vellore, Tamil Nadu Dr. MGR Medical University, Chennai (2013-2019)
- Higher secondary education from RPC Matriculation HSS, Chennai (2012-2013)
- MRCP (UK) PART-1 Completed (August, 2021)
- OET – Grade B (6<sup>th</sup> November, 2021)

### **TEACHING EXPERIENCE**

- Guest Lecturer of Pathology for B.Sc Nursing 2019 & 2020 batch at BCF College of Nursing, Kottayam, Kerala

### **INTERNSHIP**

- Undergone Internship Training (CRRI) in Govt. Vellore Medical College and Hospital for 12 months.
- GVMCH is a 1000 bedded well equipped multispecialty hospital with well qualified and experienced Doctors.

### **KEY SKILLS**

- Proficient in history taking, examining, assessing and diagnosing on receiving a patient.
- Acute management of Stroke and epilepsy
- Efficient in emergency Medical and Trauma Care.
- Conducted over 50 normal deliveries and has assisted more than 50 LSCS.
- Expertise in IV cannulation, bladder catheterization, patient monitoring, ascitic fluid and pleural tapping, basic suturing skills, incision and drainage and wound dressing.
- Has assisted and done ET intubation.
- Good command over handling medical equipments.
- Efficient in ICCU, SICU, NICU and PICU care.
- Good hand in the management of neuro emergency

### **HANDLED AS INTERN**

- Immediate stabilization of Trauma/Fracture cases, medical emergencies like MI, DKA, CVA, poisonings, envenomation, seizure disorder, respiratory failure, etc.
- Worked in Casualty, dialysis unit, blood bank, ICCU, PICU and NICU.
- Handled antenatal mothers with co morbidities and has conducted deliveries of the same.
- Has performed incision & drainage, assisted ET intubation, ascitic and pleural fluid tapping.
- Patient care and continuous monitoring.
- Assisted over 50 cardiopulmonary resuscitations.

## **PERSONAL STRENGTHS**

- Excellent theoretical knowledge and communication skills.
- Good knowledge of clinical practices and protocols.
- Ability to handle different types of patients in critical conditions.
- Quick learner.
- Flexible and adaptable.
- Extremely motivated towards career

## **PERSONNEL INFORMATION**

Date of Birth	26 <sup>rd</sup> August 1995
Sex	Female
Marital Status	Married
Nationality	Indian
Languages Known	English, Malayalam, Tamil, Hindi

## **DECLARATION**

I hereby solemnly declare that the above mentioned information is true to the best of my knowledge and I bear the responsibility for any discrepancy found in them.