

ALANA BABU

POST GRADUATE

9961193484

alanababu1234@gmail.com

www.linkedin.com/in/alana-babu-8731b7192

Kerala



EXPERIENCE

Mass Media Intern

Deepika Newspaper

05/2018 Alappuzha, Kerala

A Malayalam language newspaper daily.

- The intern learned to work with print media and developed reporting, editing and content writing skills

Community Social Work Intern

Nightingales Medical Trust

08/2019 Bangalore, India

An NGO working for the well being of elderly people.

- The intern had exposure in conducting community activities, occupational therapy and recreational activities for the elderly and people affected by dementia

Medical Social Work Intern

Lisie Hospital

01/2020 - 02/2020 Kochi, India

A multi specialty hospital that focuses on the holistic development of patients.

- The intern learned to deal patients in a medical setting in various departments and also got exposure in administration activities

Human Resources Intern

Learnovate E Commerce

09/2020 Pune, India

Learnovate is an online platform that offers buying and selling of books.

- Developed communication, interviewing and interpersonal skills.

Clinical Social Work Intern

TRADA INTEGRATED REHABILITATION CENTRE

11/2020 Kottayam, India

TRADA deaddiction centre provides various services for people with substance abuse and their caregivers.

- Learnt to take case history, conduct mental status examination and developed knowledge on various intervention programs.

Psychiatric Social Work Intern

Institute of Mental Health and Neuro Sciences

02/2021 Calicut, India

A psychiatric setting where the intern had wide exposure in both adult and child settings.

- The intern learnt the importance of counselling and rehabilitation facility in the lives of people with mental disorders

EDUCATION

10th Grade

Montfort School Chinnakanal

06/2013

CGPA

9.0 / 10

12th Grade

Nirmala Higher Secondary School, Muvattupuzha

06/2013 - 04/2015

CGPA

9.7 / 10

BA English, Journalism (Mode I II)

St. Berchmans College, MG University, Changanacherry

06/2016 - 04/2019

CGPA

8.6 / 10

Master of Social Work (Clinical and Community Practice)

Christ Deemed to be University, Bangalore

06/2019 - 05/2021

GPA

8.6 / 10

SKILLS

Communication

Writing

Adaptability

Organisation

Event Planning

Team Coordination

VOLUNTEERING

D Aware

Christ Deemed to be University

07/2019 - 03/2021

Dementia awareness for elderly people.