

CURRICULUM VITAE

TREESA MARY K JOSE

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Passport No: V2388318
Date of issue: 20/08/2021
Date of expiry: 19/08/2031

Personal Details:
Date of Birth: 13/11/1998
Age: 23 years
Sex: Female
Name of Father: Jose Abraham
Nationality: Indian

Languages Known: English,
Malayalam, Hindi.

Address for Communication:

Koottumkal (H)
Velliyamattom p.o
Thodupuzha
Idukki (dist),
Kerala, India
Pin: 685588

Personal skills
Team Worker
Leadership

CAREER OBJECTIVE:

Seeking a growth-oriented and challenging career in a health care facility where I can apply the most of my knowledge and skills achieved through nursing education.

WORKING EXPERIENCE

Fresher, Educational practical experience (4 years)

EDUCATION:

Qualification	Institution	University	Passing Year	Mark (%)
SSLC	St. Marys H S School, Idukki (Dist), Kerala.	BOARD OF PUBLIC EXAMINATION KERALA	2014	90%
Plus, Two	St. Marys H S School, Idukki (Dist), Kerala.	BOARD OF HIGHER SECONDARY EXAMINATION	2016	90%
B.Sc. Nursing	Little Flower College of Nursing, Angamaly.	KERALA UNIVERSITY OF HEALTH SCIENCE	2021	68%

PRACTICAL TRAINING:

Specific Areas	Name of Hospital
Mental Health Nursing	Little Flower Hospital and Research Centre, CMC Maria Hospice, Kariyad Maris Bhavan Psycho Social Rehabilitation Center for Women
Child Health Nursing	Little Flower Hospital and Research Centre, Government District Hospital, Aluva
Advanced Medical Surgical Nursing	Little Flower Hospital and Research Centre, Government District Hospital, Aluva
Obstetrics And Gynecological Nursing	Little Flower Hospital and Research Centre

Equipment used, procedures assisted, procedures carried out

Administration of medicine (oral and injection) <ul style="list-style-type: none">•Oxygen administration.•Newborn care•Breastfeeding techniques•Antenatal, Intranatal and Postnatal care•Foley's catheterization•Wound Dressing•Stomach and Bowel wash•Bandage applications•Tracheostomy care•Blood transfusion•Ryle's tube feeding•Vital Signs• CPR• ECG• Back Care• Sponge bath•Positioning and transferring patient• Collection of specimens•Pre operative and post-operative preparation	EQUIPMENTS HANDELED <ul style="list-style-type: none">•Mechanical Ventilator•Defibrillator•Surgical equipment•Cardiac Monitor•Infusion Pump•Syringe Pump•Pulse Oximeter•Thermometer•BP apparatus•Glucometer•Nebulizer•Laryngoscope•Suction Apparatus•Ambu Bag•Oxygen Cylinder•Incentive Spirometer•Disposables and Consumables.
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Duties and responsibilities

- Ensure the provision of a high standard of quality service to all patients.
- Act as a role model for junior staff.
- Maintain a high level of competence in nursing practice.
- Direct the responsibilities to all patient needs while in the procedure.
- Ensure complete and accurate documentation
- Performing admission discharge and transfer procedures of the patient.
- Monitoring the vital signs of the patient.
- Meeting the hygienic needs of the patient - sponge bath, mouth care, back care, catheter care etc.
- Meeting nutritional and elimination needs - inserting NG tube, giving nasogastric feeding, gastrostomy feeding, jejunostomy feeding.

PROJECTS

GROUP RESEARCH PROJECT

A study to assess the premenstrual symptoms among adolescents in selected colleges at Ernakulam district.

WORKSHOPS AND CONFERENCES ATTENDED

- Certificate of completion of the study program on Essential Upskilling for Nurses on Covid-19 Pandemic Management.
- Certificate of participation in National Seminar on Disability and Rehabilitation: a socio-educational approach.
- Certificate of participation in the workshop on Therapeutic Communication.

REFERENCES

Dr. PRIYA JOSEPH
Principal,
Little Flower College of Nursing,
Angamaly.
0484 2456448

DECLARATION

I firmly consider myself familiar with the aspects of Medical Science and Nursing. I am also confident of my ability to work in a hospital. I hereby declare that the above written particulars are true to the best of my knowledge and beliefs.

Date: 25/01/2022

(Signature)

Place: THODUPUZHA

TREESA MARY K JOSE