

CURRICULUM VITAE

SHINTU VARGHESE

KOCHUVELIYIL HOUSE
AVALOOKUNNU WARD
THATHAMPALLY P.O,
ALAPPUZHA (DIST), KERALA – 688013.
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CARRIER OBJECTIVE:

Being a Professional Nurse I would like to sharpen my existing knowledge and skills and be a helping hand to the needed ones in order to provide effective comprehensive and holistic care for my patient. My ultimate aim is to develop skill and competence and to keep abreast with the recent change that occurring in the Nursing and related fields.

SUMMARY

If given an opportunity to work in your hospital I will put my best effort individually and as a team member to fulfill its needs.

PERSONAL DETAILS:

Name	:	Shintu Varghese
Father's Name	:	Varghese Thekkemadathil Varghese
Date of Birth	:	24.05.1996
Gender	:	Female
Marital Status	:	Single
Nationality	:	Indian
Languages Known	:	English , Malayalam
Permanent Address	:	KOCHUVELIYIL HOUSE AVALOOKUNNU WARD THATHAMPALLY P.O, ALAPPUZHA (DIST), KERALA, INDIA– 688013.

PASSPORT DETAILS:

Passport Number : U5213323
Place of Issue : COCHIN
Date of Issue : 10.03.2020
Date of Expiry : 09.03.2030

EDUCATIONAL QUALIFICATIONS

COURSE	YEAR OF PASSING	PERCENTAGE OF MARKS	BOARD /UNIVERSITY
Secondary (SSLC)	March 2012	96%	Central Board of Secondary Education, Delhi
Higher Secondary	Marc 2014	91%	Board of Higher Secondary examination, Thiruvananthapuram

PROFESSIONAL QUALIFICATIONS

COURSE	BOARD/UNIVERSITY	NAME OF INSTITUTION	YEAR OF PASSING	PERCENTAGE OF MARKS
BSC Nursing	Kerala University of Health Science, Trissur	Govt. College of Nursing, Alappuzha	November 2018	65.6%

PROFESSIONAL REGISTRATION

NAME OF NURSING COUNCIL	REGISTRATION NUMBER	DATE OF REGISTRATION	VALIDITY
Kerala Nurses and Midwives Council	KL03201900129	05 January 2019	04 January 2024

DETAILS OF EXPERIENCE

HOSPITAL NAME	PERIOD	DESIGNATION	DEPARTMENT
Govt. T D Medical College, Alappuzha	16 January 2019 - 15 January 2020	Staff Nurse	Medicine casualty
Govt. T D Medical College, Alappuzha	06.February 2020 -06 January 2021	Staff Nurse	Surgery ward

CLINICAL/PROCEDURE SKILLS

Competent:-

CPR, Central venous pressure monitor, Ryles tube insertion, bladder catheterization, IV cannulation, Blood transfusion, Management of Ventilator, Tracheostomy and IABP patients, Endotracheal extubation.

CASES OBSERVED AND ASSISTED

Endotracheal intubation, Aspiration of pericardial and pleural effusion, Closed chest drainage, Centralline insertion, Assisting the Doctors in Physical examinations, Diagnostic and therapeutic procedures

CASES HANDLED

MEDICINE CASUALTY

Duties and Responsibilities:

- Monitoring Vital Signs
- Maintain records and reports
- I V cannulation, Injection and Oral Medication Administration
- Nebulisation and oxygen administration
- Ryles tube insertion and stomach wash
- Catheterization
- Wound Dressing

Advance Therapies Carried Out:

- Thermal Management
- Gastric Lavage

Equipments Handled

- Defibrillator
- Suction apparatus
- T –Piece –resuscitator
- Pulse oximeter
- Nebulise
- AMBU Bag
- Glucometer
- Oxygen Cylinder and connections
- Centralized Oxygen , Cardiac Monitors
- Laryngoscope

SURGERY WARD

Cholecystitis , Hepatitis , Pancreatitis , Intestinal obstruction , CA colon , Rectum , Anus

Appendicitis , BPH , Spinal cord injury , Burnes ,Diabetic foot ulcer , Crohs disease , diverticulitis , hernia , hemorrhoids , irritable bowel syndrome , thyroidectomy and varicose vein

Equipments Handled

- Cardiac Monitor
- Ventilator
- IABP machine
- ABG machine
- Defibrillator
- ECG Machine
- Pulse oximeter
- Sphygmomanometer meter
- Different infusion pumps and syringe pumps
- Glucometer
- Nebulizer

- Laryngoscopes
- Ambu bag and mask
- Suction apparatus

RESPONSIBILITIES

- Caring of Critically ill patients
- Assist for invasive and non-invasive procedures , intubation , CPR , Central line , Ryles tubeInsertion
- Caring and removal of invasive lines
- Administering medicines
- Wound dressing
- Accompany doctors for rounds
- Blood transfusion
- Monitoring and charting vital signs
- Preparing patient for surgery
- Changing Positions for bed ridden patients
- Proper handling over to the sister in charge

DECLARATION

I hereby declare that all the entries made in this from as above are true and correct to the best of my knowledge and belief. In the event of any information found to be false or incorrect, my appointment is liable to be terminated that will be subjected to legal proceedings as per law.

SHINTU VARGHESE

Place :

AlappuzhaDate:

23.02.2021