

## CURRICULUM VITAE

Kadunganparambil House  
Kumbalanghi South.P.O.,  
Kochi- 7  
Pin- 682007  
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**RESHMA K J**  
Nursing Reg.No. RN013107

### **CAREER OBJECTIVE**

Seeking a position as a nurse in reputed hospital where I can get learning environment along with using my skills for the profitability of the hospital and could serve the patients.

### **CAREER PROFILE**

- Dedicated registered nurse with two years' experience in medical ward and Two and half years' experience in Thumbay Medical and dental speciality Centre UAE
- Reliable ethical health care provider with ability to stay calm and intervene during crisis
- Able to facilitate groups and to collaborate on multi-disciplinary teams
- Provide strong contributions to identify and evaluate problems, manage patient census and allocate staff assignments.
- Good interpersonal and communication skills, superior accuracy in patient history, charting and other documentation.
- Proven ability to build positive relationship with patient family members physicians and other medical professionals.

### **EQUIPMENTS USED**

Defibrillator, syringe, infusion pump, Glucometer, pulse oxymeter, warmer, suction machine ( portable & Center) Nebuliser, thermometer, ECG Machine, stethoscope, Ambubag, Laryngoscope with different size of blades, BP Apparatus & Oxygen cylinder, CTG Machines, TMT MACHINE.

### **MAJOR JOB RESPONSIBILITIES**

- Schedule patient's admission and discharges
- Documentation and patient's vital signs medical condition and presenting symptoms
- Maintain Patient's intake and output charts and other documentation.



- Collection of specimen ( Blood, urine sputum, stool)
- Give injections viz, intravenous, Intramuscular, intradermal, subcutaneous, etc. and Oral, Medications.
- Direct care of patients with various medical conditions such as pneumonia diabetes mellitus nephrotic syndrome, copd, cirrhosis of lever
- Establish intravenous fluid therapy
- Monitor 12 lead electrocardiography
- Oxygen administration
- Monitor Oxygen saturation using pulse Oxymeter
- Nebulization therapy
- Gastric Gavages
- Transfusion of blood products
- Assist in various procedures like lumbar puncture, paracentesis thoracentesis etc.
- Care of geriatric partiers
- Ensure personal hygiene of the patients.
- Assisting respiratory exercise and physiotherapy
- Follow nursing process is assessing, Planning, Implementing and evaluating individual patient care.
- Support in the orientation of new staff members
- Educate patient/families on health care needs, conditions , precautions etc.
- Ensure personal safety and safety of others.

### **CLINICAL EXPERIENCE**

➤ Position : Nurse

Organization : Little flower Hospital Angamaly ( Kerala, India)

Position : Medical Ward

Duration : Since 12.09.2014 to 30.09.2016

- Working in Thumbay Medical and Dental Specialty Centre , Sharjah since 2018 February 12

### **HOSPITAL OVERVIEW**

- Little Flower Hospital is a 950 bedded multispecialty hospital with nurse patient ratio 1:3



**EDUCATIONAL QUALIFICATION**

Education	Name of Institute	Board/University	Year of Passing	Remarks
SSLC	St. Peter`s Higher Secondary School, Kumbalanghi	Board of Public Examinations, Kerala	2007	4 A+, 4A, 2B+
Plus Two	St. Peter`s Higher Secondary School, Kumbalanghi	Board of Higher Secondary Examinations, Kerala	2009	85%

**PROFESSIONAL QUALIFICATIONS**

Qualification	Name of the Institute	University	Duration	Years of Passing	Remarks
B.Sc Nursing ( Bachelor of Science on Nursing)	Little Flower College of Nursing, Angamaly	Mahatma Gandhi University	2009-2014	2014	First class

**PROFESSIONAL REGISTRATION**

Professional Body	Registration Number
Kerala Nurses and Midwives council ( KNMC)	KL03201400938
Trained Nurses Association of India (TNAI)	265969/LMT
United Arab Emirates Ministry of Health & Prevention	RN013107(from 30.07.2017 to 30.07.2021)

**PERSONAL DETAILS**

Name in full : Reshma K J  
Date of Birth : 19.11.1991  
Father Name : Joy K J  
Religion : Christian  
Passport Number : P7314744

Sex : Female  
Marital Status : Married  
Nationality : Indian  
Contact Number : 00971202465728  
Languages : English, Hindi, Malayalam

#### **U.A.E.ADDRESS**

➤ Al Bustan  
Gold Souq Ajman

#### **REFERENCES**

1. Ms. Saumya Prince  
Chief Nursing Officer  
Thumbay Medical and Dental Speciality Centre,  
UAE
2. Rev.Sr. Lityc FCC  
The Nursing Superintendent Little Flower Hospital and Research Centre  
Angamaly, Kerala State,  
India.
3. Prof. Sr. Mary Ranitta  
Principal  
Little Flower College of Nursing,  
Angamaly

#### **DECLARATION**

I hereby certify that informational provided herein above true and correct to the best of my knowledge.

**RESHMA K J**