

## DR MANU JOHN

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### Date Of Birth

06-07-1990

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### Marital Status

Married

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### Nationality

Indian

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### Objective

Seeking a career where my potential for work and medical related skills would be gainfully utilised and to be part of a work culture that provides me the opportunity to put my skills to its best use, where I can give and learn more of my skills and in turn assist me in my personal development.

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### Education

2008-2014

**Graduated from Dr somervell memorial c.s.i medical college, karakonam, Trivandrum**

Passed MBBS

With a score of 66%

February 2020

Passed OET

November 2020

Passed Professional and linguistic assessment exam part 1 (PLAB 1)

With a score of 147/180

March 2021

Cleared OMSB (Oman medical specialty board) exam in March 2021

With a score of 65%

November 2021

Passed PLAB part 2

December 3, 2021

GMC Registration

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### Experience

March 2015 - May 2019

**Travancore medical college (medicity), kollam, kerala, India**

• Worked as Neurosurgery Junior Resident Doctor

• As a junior resident doctor in neurosurgery department following were my duties and responsibilities:

1) Assisted my seniors in OPD.

2) Carried out ICU as well as ward rounds on a daily basis with my seniors and colleagues.

3) Strictly maintained confidentiality of patients colleagues and any sensitive situations.

4) Wrote discharge summaries and filled insurance forms.

5) Attended neurosurgical emergency cases in A&E, assessed those patients, communicated history and findings with consultants and followed their advice to provide best-in-class treatment for those patients

6) Identified deteriorating patients in ICU and promptly informed critical care team after initial resuscitation.

7) Prepared those patients who need urgent as well as elective surgery by collaborating

with nursing colleagues and health care workers.

8) Patiently explained prescribed procedures and that discuss the test and scan results with patients and their relatives.

9) I dealt ethical and legal issues in a delicate manner with the help of my seniors.

10) Broke bad news to patients and their relatives and wrote death certificates.

11) I learnt to effectively communicate with patients and their relatives and answered their queries and involved my seniors wherever necessary.

12) I also performed the following special procedures:

- a) scalp suturing
- b) stitch and stapler removal
- c) drain removal
- d) aseptic dressing post craniotomy and spine surgery
- e) nasogastric tube insertion
- f) urinary catheterization
- g) free surgical check up and post surgical care
- h) blood sample collection
- i) ABG

**Satkriya health care innovations Pvt Ltd(our family clinic,varanam p.o, puthenangadi,cherthala,Alappuzha,Kerala, India)**

*May 2019 - Till date*

•Presently working as Duty Medical Officer

•As a Duty medical officer following were my duties and responsibilities:

1) To interact with patients and perceive the nature of problems presented by them and make appropriate decisions.

2) I used to take and record history of patients in a systematic manner.

3) I also performed relevant clinical examinations in each patient competently.

4) I used to plan and carry out appropriate investigations.

5) Discussed treatment plans with patients based on assessment and adopted those options they are comfortable with.

6) Monitored vital signs during treatment and adapted plans to maintain patient comfort.

7) Proper referral of those patients who required urgent intervention to tertiary care centres. Thus I learnt to recognise my own limitations in patient care.

8) I collaborated with nursing staff and other healthcare providers to ensure patient safety and to provide quality treatment.

9) I learnt how to communicate effectively with patients and their relatives, my colleagues and other healthcare staff.

10) I approached various ethical and legal issues in a delicate manner and I made sure that I inform the same to my senior.

11) I also performed following special procedures:

- a) blood sample collections
- b) primary closure technique
- c) stitch removal and drain removal
- d) nasogastric tube insertion
- e) urinary catheterization
- f) incision and drainage
- g) foreign body removal from eyes, ear and throat
- h) per rectal examination
- i) aseptic dressing

- Ability to work well both as a part of team and independently depending on what the situation calls for.
- Good communication skills
- Sound decision making and diagnosis.
- Proper documentation skill
- Good public relations and organisation skills.
- Ability to work under pressure.
- Self motivated with an enquiring critical approach to work

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**Language**

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English

Malayalam

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**Social Activities**

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Spent considerable amount of time attending medical camps conducted in rural areas as well as in schools and colleges.

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**Interests**

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Neurosurgery

Radiodiagnosis

Teaching

Basketball

Cooking

Cycling



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