



# Dr. Varsha Mariam John

 [johnvarsha96@gmail.com](mailto:johnvarsha96@gmail.com)

 +919945824132

 Kulanjikompil,  
Chellakkad P.O, Ranni-  
689677, Pathanamthitta  
Dist., Kerala

## SKILLS

- Drug Dose Division for Pediatrics
- Anti-Cancer Drug Reconstitution for Pediatrics
- ADR Monitoring
- Microsoft Word, PowerPoint, Excel
- Patient Counseling
- Project Management
- Documentation Management
- Team Management
- Data Collection

## PROFESSIONAL SUMMARY

An organized, effective communicator with patients, colleagues and management and an ability to remain calm even in stressful circumstances. Sympathetic, caring attitude supportive of those who may be unwell, confused or upset. Confident team player, thriving on challenge and with a positive, cheerful attitude to patient care. Adaptable, flexible and willing to learn as well as trustworthy, reliable and looking forward to being a part of a team that ensures best possible care and treatment for all patients

## EDUCATION

- SSC (2012)  
Indian School, Al-Ain, UAE
- HSC (2015)  
Mount Bethany Higher Secondary School, Mylapra,  
Pathanamthitta, Kerala
- Doctor of Pharmacy (PharmD- 2021)  
KLE College of Pharmacy,  
Belgaum, Karnataka

## PROJECT

**A clinical pharmacist led approach on enhancement of medication adherence resolving the drug related problems with SSRI'S among the patients with Psychiatric Illness.**

- Designing and Implementation of Protocol
- Designing and Implementation of Documents such as ICF, Patient information sheet, Data collection forms, PCNE Classification and MARS
- Educating the patient about the disease and Medication and suggesting lifestyle modification
- DRP monitoring
- Educating the caretaker of patient

## WORK HISTORY

### **DR. Prabhakar Kore's Hospital and MRC - Clinical Pharmacist Intern**

*Belgaum, Karnataka • Oct/2020 - Sep/2021*

- Attended ward rounds, case collection, case presentation and Patient Counseling.
- Drug Division and Reconstitution of Anti-Neoplastic Drugs.
- Compared prescription details against safety standards to support patients.
- Educated patients on possible drug-food interactions, potential side effects and optimal methods of administration.
- Evaluated patient histories to assess medication compliance and spot issues such as doctor shopping or excessive usage.
- Communicated closely with patients, ensuring medical information was kept private.
- Advised patients on medication side effects and contraindications and explained proper administration.
- Performed blood pressure on patients.
- Vaccinated patients to provide immunity against COVID-19.
- Administered vaccinations, TT via intramuscular injection and completed proper documentation.
- AEFI monitoring done for COVID vaccine.
- Been a part of Remdesivir rational use.
- Educated patients on medication therapy, proper nutrition and fitness.
- Prepared packaging and labels for prescriptions, verifying the accuracy of dosage, side effects, interactions and refill instructions.
- Provided consultations and answered inquiries from patients, healthcare professionals and physicians regarding drugs, potential side effects and specified use.
- Counseled patients on new medications and OTC products.
- Interacted with healthcare professionals to support the timely and proper processing of prescriptions.
- Discussed medical histories with patients to provide the most effective medical advice.
- Cleaned and disinfected counting trays after preparing medications.
- Been a part of primary healthcare team in Rukmini Nagar and Vantmuri, Belagavi.(PHC)

## **ACHIEVEMENTS & CERTIFICATES**

- 8<sup>th</sup> National Conference on P4 at KLEU's College of Pharmacy, Belagavi participated as a delegate.
- 8<sup>th</sup> National Conference on P4 at KLEU's College of Pharmacy, Belagavi contributed as a volunteer.
- Basic Life Support Training at KLE JNMC, Belagavi
- Management of Mental Health during Pandemic COVID-19 at KLECOP, Belgaum
- Advanced Academic Training Program on Individualized Dosage Form at KLECOP, Belgaum
- Achieved Second place in poster presentation competition sponsored by AICTE in 2<sup>nd</sup> National PharmD Colloquium

## **PERSONAL DETAILS**

Date of Birth: 15/08/1996

Nationality: Indian

Gender: Female

Marital Status: Single

Languages: English, Malayalam, Hindi, Tamil

## **DECLARATION**

I hereby declare that the information furnished above is true to the best of my knowledge.