



# Arya Thankappan

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*Patient-focused and empathetic registered nurse seeking a position within **[insert organization]** medical practice. Bringing with them experience, care, and extensive knowledge to help improve the lives of their patients.*



Nirappel House  
Hospital junction  
Poovarani (po)  
Paika, Kottayam,  
Kerala  
Pin :686577

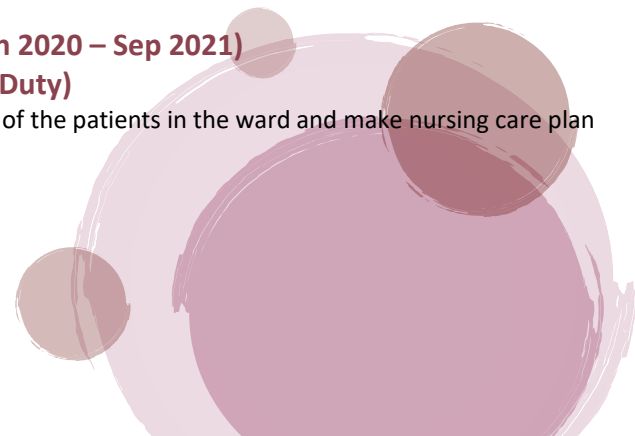
## Work Experience

### Manipal Hospital, Whitefield, Bangalore (Jan 2020 – Sep 2021) Registered Nurse (Operation Theater)

- ✓ Assess patient's condition before surgery
- ✓ Ensure that the Operating Room is prepared with all necessary supplies, implants, instrumentation, and equipment
- ✓ Keep the operating room sterilized
- ✓ Position the patient on operating table
- ✓ Pass medical instruments to the surgeons during operation
- ✓ Monitor patient's vital signs
- ✓ Evaluate postoperative patients
- ✓ Reviews charts for completeness, in accordance with documentation protocols prior to and after the surgical procedure
- ✓ Adhere to all relevant health and safety standards
- ✓ Communicate with patients, teammates, and physicians to ensure continuity of care

### Manipal Hospital, Whitefield, Bangalore (Jan 2020 – Sep 2021) Registered Nurse (COVID 19 Isolation Ward Duty)

- ✓ Comprehensive patient care assesses the needs of the patients in the ward and make nursing care plan for all patients
- ✓ Administration of medication
- ✓ Monitoring vitals signs
- ✓ Recording and reporting



## Key skill

- ✓ Registered Nurse – Operation theater in general surgery, ward experience in covid
- ✓ Excellent communication
- ✓ Problem solving and organizational
- ✓ Coordination and supervision
- ✓ Manual handling
- ✓ Reporting and documentation
- ✓ Oxygen therapy
- ✓ IV cannulation, blood sample collection
- ✓ Surgery that assisted in laparoscopic and open surgery, minor cases
- ✓ Administration of medications
- ✓ Lscs, D&C & gynec laparoscopic cases
- ✓ Covid ward experience with patient in oxygen therapy, patient in HFNC
- ✓ Provide efficient and effective perioperative nursing care to patient.
- ✓ Maintain surgical services in accordance with competency standards.
- ✓ Execute proper use, care, and handling of surgical equipment to ensure safety of operating staff and patient.
- ✓ Maintain current and in-depth knowledge of sterile techniques.

## Educational Credentials

Degree in Nursing  
Title of Qualification : Bachelor's in Nursing (72%)  
University : Kerala University of Health Science, Thrissur  
Sree sudhendra college of nursing, Ambalamedu  
Period attended : 19/08/2015-11/11/2019

## DECLARATION

I hereby declare that all the information furnished above is true and complete to the best of my knowledge.

## Work Experience Conti...

### General Hospital, Ernakulam (2016 - 2019)

#### Nursing Student Posting

- ✓ Assessed the needs of the patients in the ward and made nursing care plan for all patients consulting with the staff.
- ✓ Given direct patient care (bed making, changing of bed sheets, mouth care, back care, bed bathing, hair wash, changing of position etc.) and allotted care according to the duties and responsibilities as a student nurse

### Renai Medicity (Jan 2017- Jan 2018)

#### Nursing Student Posting (Surgical Posting)

- ✓ Provide comprehensive care for the patient with guidance of staff
- ✓ Administration of medication oral, intravenous as per guidance
- ✓ Iv cannulation
- ✓ Blood sample collection

EQUIPMENTS USED	PROCEDURES ASSISTED	PROCEDURES DONE
Vital signs monitors	Pleural effusion	TPN (Total Parental Nutrition)
ventilator	Intercostal drainage tube insertion and removal.	Oxygen administration
Cardiac monitors	Lumbar puncture	IV cannulation
Infusion pumps	Central line insertion	Suctioning
Pulse-oxy meter	VAC dressing	Tracheostomy care
Suction apparatus	External Ventricular drain insertion and removal	Administration of medication and injections
Nebulizer	Major and minor dressing	Steam inhalation and nebulization
Ophthalmoscope	Cast and back slab application	Eye and ear irrigation
Incentive spirometer		Hot and cold application
BIPAP machine		Enema
Glucometer		Mouth care
ECG machine		Tube feeding
Laryngoscope		Sponge bath
Ambu ventilation		Endotracheal extubation
Central supply of Oxygen		Vital signs monitoring
ABG and VBG machine		
Sonification machine		

Place: Kottayam  
Date: 18 Jan 2022