

Dr. SONY THOMAS

MBBS, MD (Gen Med), DNB | MCI Register No: 55319

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CAREER SUMMARY

- Highly competent and passionate doctor looking for opportunities in a reputed institution as a consultant physician
- Working as a Senior Resident, Dept of General Medicine, Believers Church Medical College, Thiruvalla, Pathanamthitta (750+ bedded hospital accredited by NABH, provides a broad range of advanced medical care)
- Completed MD in General Medicine with First Class from Amala Institute of Medical Sciences (AIMS), Thrissur and MBBS with First Class from Dr. SMCSI Medical College, Trivandrum.
- Worked as a Junior Resident in Dept. of Neurology, NIMHANS. Managed neurology OPD & casualty independently
- Managed Medicine OP, IP wards and independently managed Critical ICU, Medical ICU at AIMS, Thrissur
- Skilled in performing central line insertion, femoral / internal jugular dialysis catheter insertion, bone marrow aspiration, lumbar puncture, intubation and invasive ventilation
- Part of a team that developed treatment protocols for Dengue Fever and thrombolysis of Stroke patients at AIMS, Thrissur

EXPERIENCE

Senior Resident	Believers Church Medical College, Thiruvalla	Oct '20 – Nov '21
Roles and Responsibilities	<ul style="list-style-type: none">Managed around 100 patients/ day in medicine OP, IP, wards and critical care ICUPart of covid response team in developing covid treatment protocol and independently managed covid ICU, wards and ID OPDsResponsible for teaching and training of MBBS students, junior residents and internsLed knowledge sharing discussions on interesting cases, journals, mortality audit and inter-departmental discussions	
Junior Doctor	CSI Mission Hospital, Trivandrum	Oct '15 – May '17
Roles and Responsibilities	<ul style="list-style-type: none">Worked as a Junior Resident in Dept. of Orthopaedics. Independently managed OP and CasualtyAssisted in various procedures such as Arthroplasty, K-wire insertion, Fracture Reduction, Cast Application, PFNL etc.	

ACADEMICS

Qualification	Institute	Board / University	Year	Marks
DNB (Gen Med)	<i>Additional Qualification</i>	NBE	2021	60.57%
MD (Gen. Med)	Amala Institute of Medical Sciences, Thrissur	KUHS	2020	67.00%
MBBS	Dr. SMCSI Medical College, Trivandrum	University of Kerala	2015	74.90%
XII	Holy Angels' I.S.C School, Trivandrum	ISC	2008	89.60%
X	Holy Angels' I.S.C School, Trivandrum	ICSE	2006	89.84%
Achievements	<ul style="list-style-type: none">Winner of Quiz Competition at General Medicine CME, AIMS, ThrissurSecond Prize in Quiz Competition at Cardiology CME, Govt. Medical College, ThrissurThird Prize in Quiz Competition at Medicine CME, Govt. Medical College, ThrissurStood in top 5 percentile of the school in Class X & XII			2018 2019 2020 2006

PUBLICATIONS/ PRESENTATIONS/ THESIS

Publications	<ul style="list-style-type: none">Case series on Jatropha Multifida in International Journal of Medicine	2019
Presentations	<ul style="list-style-type: none">Case series presentation on Jatropha Multifida at Concordium, AIMS, ThrissurCase report presentation on Histoplasmosis at API Kerala Chapter, KochiCase report presentation on Nocardiosis at MES Medical College, PerinthalmannaJournal Presentation on Non secretory myeloma at Physicians Club, ThrissurCase report presentation on Enterocolic fistula at GUT Club, Thrissur	
Thesis	<ul style="list-style-type: none">Cohort Study on Psoriatic Arthropathy spectrum of disease and response to treatment	2019

POSITIONS OF RESPONSIBILITY

Student Leader, Holy Angels' ISC	<ul style="list-style-type: none">Held Student Affairs leadership positions at different levels during school education	2000-08
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CO-CURRICULAR & EXTRA CURRICULAR ACTIVITIES

Achievements	<ul style="list-style-type: none">Winner of Badminton Doubles at Intercollegiate Sports Meet, KUHSSecond Prize of Badminton Doubles at Intercollegiate Sports meet, KUHSWinner in Badminton Singles & Doubles for three consecutive years at SMCSI CollegeSecured A Grade in Drama at Arts Fest, SMCSI Medical College	2013 2013 2011-13 2011
Social	<ul style="list-style-type: none">Conducted awareness sessions on Breast & Cervical Cancer at various rural areasConducted awareness sessions on Stroke Prevention at various Panchayats in Trivandrum	2014 2012
Participations	<ul style="list-style-type: none">Participated in several Science Exhibitions, Olympiads and Quiz Competitions at school	
Interests/Hobbies	<ul style="list-style-type: none">Playing Badminton, Carrom, Basketball, Driving, Watching Movies, Acting & Cooking	