



# SHILPA GEORGE

MASTER OF SOCIAL WORK

## PERSONAL PROFILE

Extremely motivated to constantly develop my skills and grow professionally. I am a creative thinker with an optimistic outlook. I like to work in a team and find enjoyment in projects which require multi-disciplinary collaboration.

## SKILLS

### PROFESSIONAL SKILLS

- Interpersonal Communication
- Active Listening
- Emotional Intelligence
- Counselling

### PERSONAL SKILLS

- Friendly
- Empathy
- Adaptability

## CONTACT



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AMARAVATHY P.O,  
KUMILY, IDUKKI,  
KERALA, INDIA



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## WORK EXPERIENCE

### Sacred Heart Hospital., Psychiatric Social Work Intern

JAN 2021 - FEB 2021

- MSE and Case history of patients.
- Counseling, Psychological Assessments.
- Involvement in different therapy sessions.
- Interaction with deaddiction patients

### Make A Difference (NGO)

MARCH 2020 - MAY 2020 (INTERNSHIP)

- Data Collection & Analysis among shelter home youth.
- Academic help & tutoring sessions for youth in shelter homes.

DECEMBER 2018 - DECEMBER 2019 (AFTERCARE CORDINATOR)

### St.Thomas Higher Secondary School, Teaching trainee

JAN 2017 - FEB 2017

- Tutoring Children from Kindergarten-9th Standard.
- Interpersonal skills development & Value education sessions among students.

### Kairali News Channel, Intern Journalist

NOV 2017 - DEC 2017

- News reporting.
- Involvement in news production & visual media interaction.

## EDUCATION

### MASTER OF SOCIAL WORK,

CENTRAL UNIVERSITY OF KARNATAKA

2021 | FIRST CLASS

### BA LITERATURE, COMMUNICATION & JOURNALISM

MAHATMA GANDHI UNIVERSITY

2018 | 82%

### HIGHER SECONDARY,

DHSE KERALA

2015 | 70%

### ICSE,

COUNCIL FOR THE INDIAN SCHOOL CERTIFICATE EXAMINATIONS

2013 | 69%

## POSITION OF RESPONSIBILITIES

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- Joint Secretary of Syro Malabar Youth Movement, dioceses of Kanjirapally, Kerala during the year 2017-2018.
- State senate member of Kerala Catholic Youth Movement, 2017-2018.

## ACADEMIC INVOLVEMENT, ACHIEVEMENTS

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- Course in Rehabilitation Social Work.
- Participated in the UGC sponsored National Conference on "Democracy and Citizenship" organized by Social Work Forum, Department of Social Work, Madras School of Social Work, February 2020.
- Participated in capacity building training program on Drug Abuse Prevention, organized by the Department of Social Work, the Central University of Karnataka in collaboration with the National Institute of Social Defence, New Delhi in October 2018.
- Participated in workshop on "Role of Teachers in Empowering Visually Challenged Students (Teaching Methodologies and Assistive Devices)" organized by the Skill Development Cell, the Central University of Karnataka in September 2018.
- 1-week of Life Skills Development training for students in Viveka Vardhini Public School Aland taluk of Gulbarga district, Karnataka during the month of February 2020.
- 1-week Micro-planning camp in Sudhanoor, a rural village of Kalaburgi district, Karnataka organized by the Department of Social Work Central University of Karnataka, in 2018.
- 2 weeks of fieldwork experience on Psychosocial First Aid for survivors of Kerala flood disaster conducted by National Institute of Mental Health and Neuroscience (NIMHANS), Bengaluru in collaboration with Department of Women and Child Development & Department of Health and Family Welfare, Government of Kerala during the month of August and September 2018.
- Winner in Street Play Competition organized in the UGC sponsored National Conference on "Democracy and Citizenship" organized by Social Work Forum, Department of Social Work, Madras School of Social Work, February 2020.

## REFERENCE

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- Kamal R Nair, Director, Make A Difference (MAD) NGO, Kochi, Kerala | +91 9538255578 | kamalnair@gmail.com
- Dr. Lakshmana G, Assistant Professor, Central University of Karnataka | +91 9538088859 | lakshmanag@cuk.ac.in