RESUME

SINIMOL AUGUSTINE Karottukalayil House

Melukavu P. O Pandiamavu Kottayam Dist Kerala

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CAREER OBJECTIVE

To achieve a responsible position, that gives me scope to apply my knowledge and skills and be a part of a team that dynamically work towards success and growth of the organization..

ACADAMIC QUALIFICATION

Examination Passed	Board /University	Year	Percentage of Marks Obtained	Class
S.S.L.C	Board of Public Examinations	2010	64%	First Class
H.SE	Board of Higher Secondary Examinations	2012	74%	First Class
GNM	KNMC	2016	75%	First Class
P B BSC	RGUHS	2018	58%	Second Class

PROFESSIONAL EXPERIENCE:

worked at staff Nurse trainee from 17 august 2019 to 31 October 2020 Holy Family hospital Muthalakodam, Thodupuzha, Idukki

TYPES OF EQUIPMENTS HANDLED

- o Pulse Oxymeter
- o Infusion Pump
- Steam Inhaler
- Glucometer
- Suction apparatus
- o Cardiac Monitor
- Syringe Pump
- Nebulizer
- Doppler(Ultra sound Fetal Monitor)
- o Simple rubber catheter
- o Foleys catheter
- Episiotomy scissors
- Cord clamp

JOB RESPONSIBILITIES

- Responsible for assessing, planning, implementing, monitoring and evaluating the total care of the patients.
- Assist the doctors during emergencies like CPR, Endotracheal Intubation, Lumbar puncture, ICDS etc.
- Set priorities for the patient care activities
- To prepare and maintain medical surgical areas for the admission of clients.
- To recognize and respect the dignity and confidentiality of all clients irrespective of ethnic origin or religious beliefs. To give attention to client needs, request and wishes.

- To provide support and reassurance to client at times anxiety or distress.
- Conducting Delivery Cases
- Attending Emergency as well as other cases in antenatal and post natal patients
- Responsible for assessing, planning, implementing and evaluating the total care of gynae patients.
- Management of post partum complications
- ❖ Assessing physical and psychological needs of patients
- ❖ Planning and providing need based care for patients
- ❖ Assisting in various investigative procedures like Lumbar puncture, knee aspiration, bone marrow biopsy, ganglion Excision, I & D etc.
- ❖ Assessing skin integrity of bed ridden patients and doing bed sore dressing for patients with bed sore
- ❖ Maintaining nutritional status of patients in tube feeds and parental nutrition
- ❖ Keeping five rights in mind while giving medications through oral subcutaneous, intravenous intra muscular roots
- ❖ Performing wound dressing for surgical patients under strict aseptic techniques
- Observing & reporting of fluid & electrolyte imbalance and changes in mental status of patients.
- ❖ Handling any emergency in the unit and assisting & performing CPR for patients having cardiac pulmonary arrest
- ❖ Preparation of patients report & handing over to sister in charge
- Liaison between Surgeon and staff
- ❖ Planning co-ordination and supervision of nursing staff and students
- ❖ Mobilization of patients in and out of bed & monitor distal pulse
- ❖ Attending pre-operative preparation &post operative care
- ❖ Maintaining aseptic technique, isolation & following barrier nursing
- * Keep the unit neat and tidy
- Care of the dead dying patients
- Collecting the history of patients and providing comfortable position
- **❖** Inventory checking
- ❖ Application of fraction and bandages
- Preparation of patients for surgeries
- ❖ Medical certificates written by doctors to be sealed and given to patients
- ❖ X-ray of discharged patients to be replaced on same day
- ❖ Accompanies very ill patients sent to other departments
- Participation in staff education programme

PERSONAL DETAILS

Name : SINIMOL AUGUSTINE

Date of Birth : 19/06/1993

Sex : Female

Marital Status : Single

Father's Name : Augusthy K O

Mother's Name : Lilly Augusthy

Nationality : Indian

Religion : Christian

Languages Known : English & Malayalam

Address : Karottukalayil House,

Melukavu P.O

Pandiamavu

Kottayam Dt -686 652

DECLARATION

"I hereby declare that the above information is true to best of my knowledge."

Place: Thodupuzha

Date: Yours Faithfully,

Sinimol Augustine