

# **Treesa Mary T M**

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Aruvippuram, Trivandrum, Kerala, India

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Email ID : treesamarytm3107@gmail.com

Date of Birth : 31/07/1983

Compassionate Quality nurse with vast experience that contributes to quality health care through lifelong learning and professional development. Performs data collection, analysis, reporting and formulating Quality plan to improve the quality of health care along with patient safety and ensure ongoing readiness for accreditation and licensing surveys or site visits. Now trying to explore my caliber to the core and take up new challenges in career.

# **Experience**

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Quality	/ Officer-D	<b>Department</b>	of (	Quality

Sree Uthradom Thirunal (SUT) hospital, Pattom, Trivandrum, Kerala, India 13/11/2020 - Till dat	te
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## Nursing Q I Officer - Department of Nursing

KIMS (Kerala Institute of Medical Sciences), Trivandrum, Kerala, India 29/05/2018- 09/11/2020

## **Senior Executive Quality- Department of Quality**

KIMS (Kerala Institute of Medical Sciences), Trivandrum, Kerala, India 02/01/2017- 28/05/2018

## **Specialty Nurse-Department of Nursing Quality & Education**

AsterMedcity, Kochi, Kerala, India 20/04/2015 - 23/12/2016

#### **Staff Nurse-Pediatrics**

St.Micheal's Hospital, Kattoor, Alappuzha, Kerala, India. 01/12/2012 - 31/01/2015

### **Quality Management Nurse Coordinator (QMNC)**

King Saud hospital, Onaizah, Kingdomof Saudi Arabia 14/05/2011 - 28/10/2012

#### Staff Nurse - Neonatal ICU

King Saud hospital, Onaizah, Kingdomof Saudi Arabia 29/11/2009 - 13/05/2011

### Staff Nurse- Labour/Delivery room

St. Sebastian's Visitation Hospital, Arthunkal, Alappuzha, Kerala 01/12/2006 - 19/08/2009

### Qualification

### **MBA** in Hospital Administration

ICFAI university, Tripura, India	2019 - 2021	
Bachelors of Science(BSc) in Nursing	74.8%	
Government College of Nursing, Medical College Hospital, Kottayam, Kerala, India	2002- 2006	
Pre- Degree	82.8%	
HH Maharaja's College for Women, Trivandrum, Kerala, India	1999- 2001	
Secondary School Leaving Certificate	91%	
St.Mary's Higher Secondary School, Trivandrum, Kerala, India	1999	

# Registration

### **Kerala Nurses and Midwives Council (KNMC)**

Registered Nurse: 38984 & Registered Midwife: 39853 28th April 2026

# **Highlights**

- Facilitating Accreditation process
- KPI monitoring
- Clinical audits
- Departmental Policy preparation
- Coordinating committee meetings/conferences/ workshops
- ◆ AHA trained BLS / ACLS Provider
- Staff trainer
- Trainer on HIS and ICCA (Electronic Medical record)

## Accreditation works

Facilitated as well as undergone various International/ National level accreditation processes and reassessments

- Joint Commission International -2012: at King Saud Hospital, Onaizah, KSA as Quality Management Nurse Coordinator
- CBAHI -2010: at King Saud Hospital, Onaizah, KSA as Quality Management Nurse coordinator
- Joint Commission International -2015: at Aster Medcity Cochin as Specialty Nurse/ Nurse Informatics

- NABH, NABL, NABH blood Bank, NABH radiological services, NABH Emergency Department,
  NABH nursing Excellence -(2017 -2020): At Kerala Institute of Medical Sciences, Trivandrum as
  Senior Executive Quality Services/ Nursing QI Officer.
- NABH entry level 2021: at Sree Uthradom Thirunal Hospital (SUT) ,Pattom,Trivandrum as Quality
  Officer.

# Recognitions

Won various awards and prizes

- ♦ Best Clinical videos CAHO covid 19 National level video competition 2020
- Best Clinical poster presentation First prize at CAHOCON -2019 International conference, Mumbai
- ◆ Best paper presentation Third prize at Excelcon -19, National conference, Trivandrum
- Finalist for paper presentation at Qimpro qual tech 2019

# **Trainings**

- Quality Management Systems and Internal audit in Medical Labs as per ISO 15189:2012, 18-21
  November 2020
- Leadership Module, 31<sup>st</sup> May 2019
- Quality Improving Projects, November 22-29, 2011 (KSA)
- Risk assessment and Patient safety, 4<sup>th</sup> day of Dhul-Hijjah 1432 (KSA)
- CPR and Basic Life Support & Advanced Cardiac Life Support provider course (AHA)
- Safety Principles-Fire incident (Code Red),12/06/2011 (KSA)
- Intravenous therapy, 26/01/1431(H) 27/01/1431(H) ,(KSA)
- Medication management and use, JCI, June 18-20, 2011.
- Prevention and control of infection, JCI, June 25-27, 2011.
- NRP (Neonatal Resuscitation Program), 15 February 2010, (KSA)
- Basic knowledge in computer.

# Conferences /Workshops

- CAHOCON 2019: International conference 'Health care Quality should impact outcome' 13& 14
  April 2019, Mumbai.
- National Conference on Excellence in Nursing, Excelcon − 2019 on 6<sup>th</sup> May 2019.
- National Patient safety conference 2018 "Primum Non Nocere Do No Harm". 24<sup>th</sup> November 2018.
- Workshop on Fall prevention & safe patient handling on 13<sup>th</sup> November 2018.

- National Oncology Nursing conference: Metamorphosis in cancer care, 11-12 March 2016
- National Nursing Workshop: "Excellence in the Management of CVADs", 15th November 2016
- Speaker at the Clinical Nursing Update2012, 05-06 June 2012(KSA)
- Regional Symposium, "Cerebral Palsy: Issues in Developmental Disabilities", 16/11/2011 (KSA)

# Other Activities -

- Extended service during the deluge that hit Kerala in 2018.
- Worked as a team member of disaster alertness campaign conducted by local authority. (2007- 2008)
- Conducted classes on first aid for local community.

#### References:

- 1. Dr. Anoop Chandran Poduval, Medical Superintendent, SUT hospital Pattom, Trivandrum, Telephone: 04717177888 Extension no:888
- 2. Ms. Sangeetha V, AGM- Nursing services, KIMSHEALTH Trivandrum, Telephone: +918086330694