

CURRICULAM VITAE

DR.LYDIA JAMES P

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A Versatile,high energy,health,pharmaceutical professional scaling new heights of success with hardwork and dedication,targeting assignments in pharmaceutical, which involves analytical capabilities and professional growth with a reputed organization preferably in pharmaceutical and Health/hospital sector.

PROFILE SUMMARY:

As doctor of pharmacy, I have to

- Design, plan and conduct controlled experiments and/or clinical trials to improve understanding of a drugs activity.
- Use computers, high technology measuring systems and other sophisticated equipment to collect, analyse and interpret data.
- Apply and develop the results of research to work through a variety of applications, such as new products, processes, techniques and practices.
- Draw up proposals for future developmental tests.
- Organize and oversee test of new drugs and medicines, ensure quality control and secure approval for their use
- Plan coordinate and supervise the duties of other technical staff and train or mentorearly career pharmacologists.

To disseminate the results of my work to others I have to:

- Write original papers based on your findings for submission to specialist publications
- Attend scientific meetings and conference in order to present posters, give talks and listen to presentation from other pharmacologists and key opinion leaders.
- Keep up to date with pharmacological research by reading specialist literature.

ACADEMIC QUALIFICATION:

- **DOCTOR OF PHARMACY (2020)**

PSG COLLEGE OF PHARMACY, COIMBATORE, TAMILNADU

(Affiliated to Tamilnadu Dr.MGR Medical University)

- **HSE (2014)**

M.E.T ENGLISH MEDIUM HIGHER SECONDARY SCHOOL MANNARKKAD,

PALAKKAD, KERALA

- **SSLC (2012)**

M.E.T ENGLISH MEDIUM HIGHER SECONDARY SCHOOL MANNARKKAD,

PALAKKAD, KERALA

EXPERIENCE:

Worked as **Pharmacist** in **MOTHER CARE HOSPITAL, MANNARKKAD, PALAKKAD** from January 2021 to July 2021

JOB RESPONSIBILITIES: Dispensing medications, Patient counseling, Billing, Prescription error monitoring, Team leader

Part time job in Hospital Pharmacy at **PSG institute of medical science and research centre multispecialty Hospital**, Coimbatore November 2018-March 2020(154 Days,1232hrs)

JOB RESPONSIBILITIES:

- Dispensing academic medicines
- Patient counseling
- Prescription error monitoring
- Participated in pharmacy audits

COVID 19 DUTY IN PSG HOSPITALS

Served one week of night duty in covid ward with a role of reviewing the medication chart, drug information query handling, discharge summary preparation.

INTERN CLINICAL PHARMACIST- PSG HOSPITALS, COIMBATORE, TAMILNADU

Worked as clinical pharmacist posted in various departments of the hospital on a monthly rotation. Daily activities include:

- Medication history interview
- Patient counseling
- Treatment chart review
- Drug information centre
- Monitoring and reporting adverse drug reactions

PROJECT UNDERTAKEN

Comparison of efficacy and safety of Sulphonylureas- GLIMEPIRIDE and GLICLAZIDE in combination with METFORMIN in type 2 diabetes mellitus patients at PSG institute of medical science and research center, Coimbatore, Tamilnadu

ACADEMIC SEMINARS AND CONFERENCES ATTENDED

- Participated in “**clinical trial process for new drug/vaccines**” by department of pharmaceutical sciences, Guru Jambheshwar University of Science and Technology, Hisar.
- Participated in “**covid-19 and Neurological complications**” by department of pharmacology, JSS College of Pharmacy, Ooty.
- Participated in “**ischemic stroke: perspective of stroke team**” by PSG institute of medical science and research center, Coimbatore, Tamilnadu and Believers church medical college hospital, Thiruvalla, Kerala.
- Participated in 3rd international conference on clinical pharmacy-2018 conducted by department of pharmacy practice, Manipal College of Pharmaceutical Sciences on “**New era pharmacy practice: beyond traditional patient care**”.

STRENGTHS:

- Positive attitude, Hardworking, Open minded, honest and sincere.
- Flexibility to do any type of work related to the subject.
- Good analytical skills and decision making ability.

- Enthusiastic in learning new things.
- Good knowledge in Computer

SKILLS:

PATIENT CARE SKILLS	CLINICAL SKILLS
Good communication skills	Drug information query handling
To develop rapid rapport with patients and healthcare professionals	Medication chart reviewing, ADR reporting, drug interaction checking
To counsel patients on medication use	Pharmacy auditing
To develop patient information hand-out as per requirement	Teaching skills(patient education on using medical equipments)

PERSONAL DETAILS:

Name : **Dr.Lydia James P**

Date of birth : 17-02-1996

Marital status : Married

Nationality : Indian

Languages Known : English, Malayalam, and Tamil

Hobbies : Drawing, Music, Singing, Cooking

Permanent Address : Padakasseril Tom Villa ,Pathanapuram

Kollam-689695

DECLARATION:

I hereby declare that the above information furnished by me is true and that I will do my best for the benefit of the organization.

KOLLAM

LYDIA JAMES P