

# ANUMOL MATHEW



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## PROFILE SUMMARY

Licensed practise Nurse with overall 6.1 years of experience. 1 year and 7 months' experience in Respiratory and Gastroenterology ward and 3 years of International experience in Haemodialysis unit. 1.4 years as Covid Brigade under NHM. Adequate knowledge of nursing theory and practice. Ability to apply therapeutic treatment as prescribed. Strong ability to prepare reports. Compassionate, empathetic and finds great satisfaction in helping others.



## CAREER OBJECTIVE

Aspiring for promising challenging and motivating career in a suitable organization where my skills, knowledge & hard work would be assets to make my country, Institution and my family proud.



## PERSONAL DETAILS

Name	:ANUMOL MATHEW
Name of Father	: MATHEW
Date of birth	: 31.05.1992
Age	: 29 years
Gender	: Female
Nationality	: Indian
Marital status	: Married
Religion & Caste	: CHRISTIAN, Roman Catholic
Languages Known	: English, Arabic, Hindi, and Malayalam.
Permanent Address	: Kudiyiruppil (H) Arangu P.O. Kannur (Dist) Kerala - 670582
Mob NO.	: 8590329267



## EMPLOYMENT HISTORY

Name of the Hospital	Total No. of Beds	From	To	Department
Max Super Speciality Hospital Saket New Delhi – 110 017	500 Beds	17/01/2015	09/08/2016	Respiratory and Gastroenterology Ward
RGH,King Abdul Azeez specialist Hospital Taif,KSA	600 Beds	01/06/2017	29/04/2020	Haemodialysis Unit
National Health Mission Covid Brigade		13/05/2020	30/09/2021	PHC,CHC,CSLTC



## PROFESSIONAL REGISTRATION

- Saudi Commission of Health Specialities: Reg.No.18TN0010141
- Kerala Nurses and Midwives Council: Reg.No. KL04201604175



## EDUCATIONAL QUALIFICATIONS

COURSE	REGISTRATION NO	BOARD/ UNIVERSITY	YEAR OF PASSING	PERCENTAGE OF MARKS
S.S.L.C	134705	Secondary School Leaving Certificate Examination Kerala	2008	82
PLUS TWO	6364188	Board Of Higher Secondary Education Kerala	2010	68
B.Sc Nursing	10N009	Yenepoya University, Mangalore, Karnataka	2014	61 (1 year) 64 (II year) 71 (III year) 72 (IV year) 66.21 Overall



## DETAILED EMPLOYMENT HISTORY

Duties & Responsibilities	Equipments Handled	References
<ul style="list-style-type: none"><li>• Admission of the new patients.</li><li>• Assess, plan, implement and evaluate individualized patient care.</li><li>• Monitoring vital signs</li><li>• Administration of medicine.</li><li>• Taking charge of unit.</li><li>• Assist the doctors in critical procedures.</li><li>• Accompany doctors rounds.</li><li>• Monitoring ECG.</li><li>• Care of pre and post operative cases.</li><li>• Assist the invasive procedures.</li><li>• Assisting Arterial Line and Central Line Insertion.</li><li>• Monitoring intake and output.</li><li>• Insertion of IV Canula and Injections</li><li>• Administration of blood and blood products.</li><li>• Assist in Pleural and Ascitic Tapping.</li><li>• Care of ICD and Pigtail.</li><li>• Attending personal hygiene of patients and doing suctioning.</li><li>• Care of naso gastric feeding.</li><li>• Nebulization, Steam inhalation, Oxygen therapy.</li><li>• Dressing of major and minor wounds.</li><li>• Preparation of unit for receiving patient with surgical emergency.</li><li>• Maintaining records and reports.</li></ul>	<ul style="list-style-type: none"><li>• Pulse Oxymeter</li><li>• ECG Machine</li><li>• Cardiac Monitor</li><li>• Nebulizer</li><li>• Suction Apparatus</li><li>• Defibrillator</li><li>• Glucokmeter</li><li>• Insentive Spiro Meter</li><li>• Ambu Bag</li><li>• Syringe Pump</li><li>• Infusion Pump</li><li>• Bipap Machine</li><li>• Sphigmomanometer</li><li>• Laryngoscope</li><li>• DVT Pump</li><li>• Dialysis Machine</li></ul>	<ul style="list-style-type: none"><li>• Mr. Vinod K Chief Nursing Officer Max Super Speciality Hospital Saket, New Delhi – 110 017</li><li>• Mrs. Asha Shetty Yenepoya Nursing College Yenepoya University Managlore. Karnataka</li><li>• Mrs. Sarah Hamood Eid Al-Dossary. Director of Nursing, Raniah General Hospital. Phone: .966532292418 <a href="mailto:ranianquality@gmail.com">ranianquality@gmail.com</a></li><li>• Dr. Abdul Rasheed. Incharge Hemodialys Unit. Raniah General Hospital. KSA Phone: +966507421624</li></ul>

- Doing Foley's catheterization and Ryles tube insertion.

- Bipap Application

Patient Handling	Assisting Procedures	Patient Care Responsibility
<ul style="list-style-type: none"> <li>• Diabetes Mellitus</li> <li>• Hypertension</li> <li>• Hepatitis</li> <li>• Chronic obstructive pulmonary disease</li> <li>• Acute respiratory distress syndrome</li> <li>• Pneumonia</li> <li>• Bronchial asthma</li> <li>• Urinary tract infection</li> <li>• Renal failure</li> <li>• Gastritis</li> <li>• Meningitis</li> <li>• Liver Cirrhosis</li> <li>• Cancer</li> <li>• Bronchitis</li> <li>• Myocardial infarction</li> <li>• Colitis</li> <li>• Dilated cardiac myopathy</li> <li>• Pulmonary embolism</li> <li>• Pulmonary Hypertension</li> <li>• Irritable bowel syndrome</li> <li>• Haemorrhoids</li> <li>• Anal fissures</li> <li>• Perianal abscesses</li> <li>• Anal fistulas</li> <li>• Perianal infections</li> <li>• Diverticular Disease</li> <li>• Cardio vascular diseases</li> <li>• Tuberculosis</li> </ul>	<ul style="list-style-type: none"> <li>• Av fistula, hemocath and graft care</li> <li>• Catheterization and Ryle's tube insertion</li> <li>• Collecting Blood sample</li> <li>• ABG Sample collection</li> <li>• IV Cannulisation</li> <li>• Psychological counselling</li> <li>• Basic life support activities during emergencies and code blue.</li> <li>• Endotracheal Intubation and Extubation</li> <li>• Central line Insertion and Arterial Insertion</li> <li>• Blood Transfusion</li> <li>• Nasogastric Feeding Surgical Dressing</li> <li>• Gastric Lavage</li> <li>• Oxygenation Therapy</li> <li>• ICD care</li> <li>• Tracheostomy care and suction</li> <li>• Nebulisation</li> <li>• Administration of medicine</li> <li>• Administration of shock through defibrillator</li> <li>• Starting, monitoring and ending of hemodialysis</li> </ul>	<ul style="list-style-type: none"> <li>• Admission, transfer &amp; discharges of the patients</li> <li>• Assisting Doctors for rounds, carry out their orders.</li> <li>• Maintenance good intravenous line</li> <li>• Chart maintaining (Ex.IO Chart ,diabetic chart, drain chart )</li> <li>• Collection of specimen with sterile technique (Eg: Blood Urine, Sputum, C.S.F)</li> <li>• Care of bed sore patient with frequent care.</li> <li>• Administration of medication with five rights</li> <li>• Administration nebulization therapy</li> <li>• Patient hygiene such as mouth care, nail care, eye care, genital care, bowel and bladder</li> <li>• Record informative, accurate and concise statement on the nursing care rendered.</li> <li>• Hot and cold application (Eg.ICE Bag &amp; Hot water bag)</li> <li>• Tracheotomy care.</li> <li>• Provides adequate health education to the patient &amp; family.</li> <li>• Maintenance of nutritional status.</li> </ul>



## WORKSHOPS ATTENDED

- Basic life support programme, Saudi Heart Association on 04/01/2018
- Basic life support programme, American Heart Association on 07/05/2021

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- Workshop on Career Development in Nursing-07/9/2014 yepoya University mangalore.
- CNE on World Aids day \_02/12/2013 yepoya University. Mangalore
- Nursing conference on Rediscovering the Art of Nursing \_15/01/2011 zulekha Nursing college.

### **ADDITIONAL TRAINING**

- Training in Psychiatric Nursing from 01-01-2013 to 30-01-2013 at Manasa Educational Foundation for Mental Health,Manasa Nursing Home,Shimoga.



### **VOLUNTEERED PROGRAMMES**

- Two years of volunteering for National Service Sceme at Yepoya Nursing College from June 2012 to June 2014.



### **CONTACT DETAILS**



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### **SELF DECLARATION**

I, Anumol Mathew, hereby declare that the above information and particulars are true and correct to the best of my knowledge and belief.

Date: 04-05-2020

Place : Kannur

-Anumol Mahew