

Aswathy S

ashwathymattakkattu@gmail.com

9656971249

Kochi, Kerala

Career Objective

Looking for a suitable and vibrant position that enables me to utilize my education in the field of food nutrition and Dietetics as an individual or a member of a team and to contribute significantly in the field of community nutrition.

Educational Qualification

Course	Institution	Board/University	Year of Passing	Grade/Percentage
Msc. Food & Nutrition	RVS College of Arts & Science, Coimbatore	Bharathiar University	2018	67%
Bsc. Chemistry	Sree Sankara Vidyapeetom College of Arts & Science, Valayanchirangara, Ernakulam	MG University, Kerala	2016	73%
HSC	Ashram Higher Secondary School	Kerala State Board	2013	73%
SSLC	G.H.S.S South Vazhakulam, Aluva	Kerala State Board	2011	85%

Work History

Rajagiri Hospital, Aluva - Observer Trainee

Sep 2021 -

- Working as an Observer trainee in Clinical Nutrition and Dietetics

Projects Undertaken

- Comparison of energy expenditure & nutrition
- Dietetics case study on 8 different cases
- Extraction of plant leaves to find out phytochemicals

Additional Skills

- Good Communication Skills
- Ability to work with diversity of people
- Ability to work in stressful situations
- Ability to work honestly and with dedication

Technical Skills

- Microsoft Office: MS Word, MS Excel, Powerpoint
- Basic Computer Knowledge

Extra Curricular Activities

- Participated in Junior Red Cross

Personal Details

Name : Aswathy S
Spouse Name : Renjith Narayanan
Father's Name : M R Subrahmanian
Date of Birth : 22/12/1995
Address : Kondamaruku Mana, Methiri P.O, Ramapuram
Kottayam (dist), Kerala - 686576
Nationality : Indian
Languages Known : Malayalam, English, Hindi & Tamil
Hobbies : Music, Singing, Cooking & Travelling

Declaration

I hereby declare that the information furnished above is true to the best of my knowledge

Place : Kochi
Date : 28-09-2021

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