

PROFILE

A physiotherapist with strong multitasking and organisational skills is seeking a career that will allow me to grow and make the best use of my abilities. My goal is to assist patients in reaching their full physical potential, overcoming physical challenges, and promoting good health.

CONTACT

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Alphonsa Raju

PHYSIOTHERAPIST

EDUCATION

MPT (Paediatrics)

Father Muller Medical Collage, (RGUHS)

Grade achieved: First class degree (67.4%)

Dissertation: Normative value of four square step test in typically growing children and children with down syndrome

Sep 2019 – Nov 2021

Worked in clinical set-ups handling paediatrics neuro cases spread across the IPD, OPD, BICU, PICU and SICU

BPT

Lourde Institute of Allied Health Sciences, (KUHS)

Dissertation: Stretching and strengthening exercise for

Juvenile kyphosis

Sep 2014 - June 2019

Board of Secondary Education

GHSS Kottila

2012 – 2014

SSLC

Bharatiya Vidya Bhavan

WORK EXPERIENCE

Clinical training program;

RECOUP Neuromusculoskeletal rehabilitation center,
Anjanapura, Bangalore (05/04/2021 - 17/04/2021)

Internship;

Father Muller Medical Collage (08/02/2019 - 07/06/2019)

JSS Collage of Physiotherapy (03/01/2019 - 03/02/2019)

ATTENDED CONFERENCE AND WORKSHOPS

- International Conference on EARLY INTERVENTION conducted by AMER SEVA SANGAM on 13th to 15th February 2020.
- THERAPEUTIC TAPING for common musculoskeletal condition, conducted by institute of manual therapy and tapping on 4th & 5th May 2019.
- Evidenced Based Symposium on ESSENTIALS IN CRITICAL CARE conducted by Father Muller Medical College on 11th December 2019.
- International seminar on Exercise prescription for knee and shoulder a biomechanical approach organized by Nazareth college of Rochester, U.S.A.
- Attended and presented poster in international physiotherapy conference “Physio 2020” organized by JDT Institutions.
- PICIOCON 2017 conference conducted by International Physiotherapy Conference Mangalore.

CERTIFICATES

Basic Life SUPPORT- AHA

SKILLS

Flexible in working with pediatrics, adults and geriatric population

Patient communication and assessment

Therapy intervention

Patient education

REFERENCE

Mrs. Anupama K, Associate professor, Department of Physiotherapy, FMCAH, Mangalore
Ph; 9901324366, Mail ID: anupamakarkera@fathermuller.in

Dr. Pramod P.V, Principal, LIAHS, Taliparamba, Ph; 9895953794, Mail ID:
pramodmarar@gmail.com

DECLARATION

I hear by declare that all the statements made in this profile are true and correct to the best of my knowledge

Date: 28/12/2021

Place: Taliparamba


Ms. ALPHONSA RAJU