

## CURRICULUM VITAE

### PERSONAL DETAILS:-

<b>NAME</b>	<b>SNEHA SANTHOSH</b>
<b>FATHER NAME</b>	<b>SANTHOSH</b>
<b>DATE OF BIRTH</b>	<b>12/01/1997</b>
<b>SEX</b>	<b>FEMALE</b>
<b>RELIGION</b>	<b>HINDU, EZHAVA</b>
<b>MARTIAL STATUS</b>	<b>MARRIED</b>
<b>NATIONALITY</b>	<b>INDIAN</b>
<b>LANGUAGES KNOWN</b>	<b>English, Malayalam, Hindi, and Telugu</b>
<b>PROFESSION</b>	<b>BACHELOR OF NURSING</b>



<u>PERMANENT ADDRESS</u>	<u>PRESENT ADDRESS</u>
<b>MS. SNEHA SANTHOSH D/O SANTHOSH PUTHUTHARA, THALAYAZHAM P.O, KOTTAYAM, KERALA- 686607 MOBILE NO:- 9544008276 EMAIL:- snehasanthoshsnehasanthosh1@gmail.com</b>	<b>MR. SNEHA SANTHOSH STAFF NURSE (ER) CARE HOSPITALS, EXHIBITION ROAD, NAMPALLY, HYDERABAD-500001 MOBILE NO:- 9544008276 EMAIL:- snehasanthoshsnehasanthosh1@gmail.com</b>

### CAREER OBJECTIVE:-

To establish my career independently in the field of nursing with excellent communication skills and with interest teaching which will provide opportunities to develop my skills and contribute to growth of the organization in progressive, challenging and dynamic work environment.

**EDUCATIONAL QUALIFICATIONS:-**

SL. NO.	QUALIFICATION	INSTITUTION	BOARD / UNIVERSITY	YEAR OF PASSING
1.	SECONDARY SCHOOL LEAVING CERTIFICATE EXAMINATION	ST.MICHAEL'S H S S KUDAVECHOOOR	BOARD OF PUBLIC EXAMINATIONS KERALA	March-2013
2	HIGHER SECONDARY EXAMINATION (CLASS XII)	ST.MICHAEL'S H S S KUDAVECHOOOR	BOARD OF HIGHER SECONDARY EXAMINATION KERALA	March-2015

**PROFESSIONAL QUALIFICATION & REGISTRATION:-**

Examination Passed	Board	Institution	Year of Passed	Remarks
B S C Nursing (4- YDC)	KERALA UNIVERSITY OF HEALTH SCIENCES  THRISSUR	COLLEGE OF NURSING  GURU EDUCATION TRUST  KOTTAYAM	2015 - 2019	1 <sup>ST</sup> YR – 54.1% 2 <sup>ND</sup> YR- 60.42% 3 <sup>RD</sup> YR- 61.88% 4 <sup>TH</sup> YR- 66.85%

**KERALA STATE NURSING COUNCIL**

Registered Nurse & Midwifery No.	KL03202003948
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**PASSPORT DETAILS:-**

PASSPORT NO	U6371120
PLACE OF ISSUE	COCHIN
DATE OF ISSUE	01/01/2020
DATE OF EXPIRY	21/12/2029

## **COURSES ATTENDED**

<b>COURSES</b>	<b>INSTITUTION</b>
<b>E.C.G</b>	<b>Care Hospital, Nampally</b>
<b>Basic Cardiac Life Support</b>	<b>Care Hospital, Nampally</b>
<b>I.V. Therapy</b>	<b>Care Hospital, Nampally</b>
<b>Critical Care</b>	<b>Care Hospital, Nampally</b>
<b>Infection Control</b>	<b>Care Hospital, Nampally</b>
<b>Care of Pressure Ulcers</b>	<b>Care Hospital, Nampally</b>

## **WORK EXPERIENCE:-**

- Working as Staff Nurse in **ER- EMERGENCY WARD** at Care Hospital, Nampally, Hyderabad since **July - 2020 to till date**.

## **PRESENT EXPERIENCE:-**

### **Care Hospital (NABH & NABL Accredited) Telangana, India**

Hospital in brief – The flagship Hospital of the Quality Care India Ltd

It is a **Heart and Neuro speciality** hospital with ultra Modern Facilities.

Bed Capacity : 280 beds  
Date of Employment : **July 2020 to till date**  
Designation : Staff Nurse  
Nature of Work : **ER- EMERGENCY WARD**

## **ER- EMERGENCY WARD**

This ward has 9 beds where we receive and manage all emergency cases, routine Admission cases, perform inpatient and outpatient based procedures and transfer of critically ill patients.

## **Duties and Responsibilities:**

- Receiving, managing emergency cases and admission of patients. Data Collection.
- Assessment of vital signs.
- Continuous monitoring of patients.
- Physical examination and diagnostic evaluation.
- Following physician rounds and carrying out of the orders prescribed. Assisting for diagnostic and therapeutic procedures.
- Planning and implementing of patients care includes hygiene, nutrition, comfort measures, elimination needs administration of medicine. Administration of intravenous fluids.
- Transferring the patients to wards, critical care unit and operation theaters. Maintaining indents and ward inventory.
- Maintaining records and reports.
- Co-coordinating with other paramedical staffs.
- Participating in ward teaching and in-service program.
- Providing health education.
- Orientation for patient and relatives about the hospital and its functioning. Preparation of emergency drug and emergency tray ready for use (intubation's tray, catheterization tray, aspiration set etc.)
- Asepsis and infection control.

## **Procedures Performed:**

- Ryles tube insertion.
- Administration of medicines (oral and injection)
- Thrombolysis.
- Central line insertion, Venipuncture.
- Oxygen therapy.
- Transfusions and infusion therapy.
- Urinary catheterization, Bladder irrigation.
- Cardio pulmonary resuscitation (CPR)
- ABC sampling, Arterial canula insertion.
- Peritoneal dialysis.
- ECG
- Cardioversion.
- Dressing

## **Special procedures Assisted:**

- Endotracheal intubation.
- Central venous catheterization.
- Lumbar puncture.
- Intercostal drainage.
- Peritoneal and haemodialysis.
- Jugular venous catheterization.
- Bone marrow aspiration.
- Liver biopsy, kidney biopsy.
- Pericardiocentesis, Thoracentesis and paracentesis.
- IABP, TPI.
- Cardio version.
- Major dressing and wound debriment.
- Echo cardiography

### **Machines and Equipments Handled:**

- ECG Machine - GE Marquette, Agilent
- Cardiac Monitor - Agilent, Dash 3000, Philips
- Pulse oxy meter - H.P.
- Defibrillator - GE Marquette
- Infusion pumps & Syringe pumps — B-Braun, Terumo, Fresenius
- Ventilator - Siemens
- Suction Apparatus
- Blood Warmer
- ABG Analyzer & Electrolyte Machine
- Oxygen flow meter
- Glucometer for instant blood sugar
- Beside BP Apparatus
- VVall Suction
- Air bed & Water Beds
- Nebulizer
- IABP, TPI,

### **NURSING MANAGEMENT BEFORE PROCEDURES OF SURGERY:**

- Explain the procedure to patient
- Obtain the written consent from patient and relative
- Do the part preparation needed
- Collect all blood investigations, X-rays and E.C.G. etc
- Reserve blood if necessary
- Obtain pre-anesthetic check up
- Give psychological support to the patient
- Keep the patient NPO prior to the procedure

### **NURSING MANAGEMENT AFTER PROCEDURE OF SURGERY:**

- Check the level of consciousness
- Check vital signs
- Start IV Fluids
- Start Oxygen inhalation if required
- Check the operative site, drainage site etc.
- Maintain input and output
- Maintain electrolyte balance
- Control of post operative pain by injecting intermittent analgesics
- Obtain post operative investigations
- Care of Suction Drains

**WARD/UNIT** : **ER- EMERGENCY WARD**  
**NURSE/PATIENT RATIO** : **1:2**  
**TOTAL EXPERIENCE** : **1 Yr 3 months**

**INTEREST AND HOBBIES:**

➤ Reading

**REFERENCES:-**

- 1. Sr. DEEPA JOSEPH**  
GM Nursing  
Care Hospital, Nampally, Hyderabad-01
- 2. DR. SEEMA**  
ER-Physician HOD  
Care Hospital, Nampally, Hyderabad- 01

**Declaration**

I hereby declare that the information given in this curriculum vitae is accurate and a fair reflection of my ability.

**Place: Hyderabad**

**Date:**

**SNEHA SANTHOSH**