

## CURRICULUM VITAE

### HIMA C. S.

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### OBJECTIVE:-

A heartfelt desire to serve humanity always defined my choice in life. I am seeking challenging carriers which will help me to improve skills. I have learned and fine-tune these for my growth, development and for the benefit of the organization.

### EDUCATIONAL & PROFESSIONAL QUALIFICATION:-

QUALIFICATION	SCHOOL/COLLEGE	BOARD/UNIVERSITY	YEAR	REMARK
S.S.L.C.	St. Francis Assisi HSS, Arthunkal	Board of Public Examination, Kerala	1998 March	3 <sup>rd</sup> Class
Plus Two	St. Francis Assisi HSS, Arthunkal	Board of Higher Secondary Examinations, Kerala	2000 March	3 <sup>rd</sup> Class
Diploma in General Nursing	Sri Siddartha School of Nursing Tumkur	Karnataka Nurses & Midwives Council	2007 - 2011	1 <sup>st</sup> Class

### PROFESSIONAL REGISTRATION:-

- Registered with Karnataka Nursing Council on 15-06-2011 as a Life Member bearing Register No. 07DN4649

### EMPLOYMENT DETAILS:-

- Working as Staff Nurse in RTIICS IN Kolkata from 16<sup>th</sup> July 2011 to 10<sup>th</sup> April 2012.

Description of Hospital : Multi-Specialty Hospital in Pvt. Sector  
Bed Capacity : 550  
Area Experience : Medical Surgical Ward

- Working as Staff Nurse in FORTIS Hospital Delhi from 17<sup>th</sup> September 2012 to 16<sup>th</sup> September 2013

Description of Hospital : Multi-Specialty Hospital in Pvt. Sector  
Bed Capacity : 200  
Area Experience : Medical Surgical Ward

- Working as Staff Nurse in VIMS Specialty Hospital Bangalore from 28<sup>th</sup> April 2015 to 4<sup>th</sup> May 2018.



Description of Hospital : Multi-Specialty Hospital in Pvt. Sector  
Bed Capacity : 150

- Working as Staff Nurse in Taluk Head Quarters Hospital Cherthala from 28<sup>th</sup> May 2020 to 30<sup>th</sup> September 2021.

### **NURSING SKILLS AND PROCEDURE:-**

- Handing over and taking over of patients.
- Administration of medications.
- Attending rounds and carrying out Doctor's order.
- Investigation and report collection.
- Admission procedures.
- Reassuring the patient relatives.
- Post-operative dressing, care of drainage and suture removal.
- Urinary catheterization.
- Insertion of peripheral line.
- Checking of vital signs and giving medication.
- Ryles tube insertion and feeding.
- Preparation for blood transfusion.
- Newborn hygienic care.
- Meeting hygienic needs of patients.
- Assistance for CPR.
- Meeting emergencies like cardiac, respiratory arrest and chest pain etc.
- Assisting for intubation.
- Discharge procedure.
- Basic Computer operations.
- Care of normal and sick newborn babies.
- Newborn feeding and baby bath.
- Newborn resuscitation.
- Naso gastric suctioning.
- All theatre Equipment's.

### **EQUIPMENTS USED:-**

- Thermometer
- Sphygmo manometer
- Glucometer
- Pulse Oxymeter
- Laryngoscope
- Ambu Bug
- Nebulizer
- Infusion Pump
- Suction Apparatus
- Boyle's Apparatus
- Emergency Trolley etc.



## PERSONAL DETAILS:-

Age : 34 yrs.  
Date of Birth : 02-03-1983  
Name of father : Hariharan  
Religion : Hindu  
Caste : Ezhava  
Marital Status : Married  
Nationality : Indian  
Language Known : English, Hindi & Malayalam

## PASSPORT DETAILS:-

Passport No. : PO463934  
Date of Issue : 26-04-2016  
Date of Expiry : 25-04-2026

## REFERENCE:-

- **Kalindi Gupta**  
Nursing Supendent  
RTIICS Hospital, Kolkata
- **Mary Ponoose**  
Nursing Supernatant,  
Fortis Hospital, Delhi

## DECLARATION:-

I hereby declare that the above information and particulars furnished by me are true to the best of my knowledge.

Place: Arthunkal  
Date:

**HIMA C. S.**