

From,
MRS. MINI KS
KANIYANKUNNEL(H)
KANAKKARY (PO)
KOTTAYAM (DIST)
KERALA(STATE)
PIN-686632

To,

Dear Sir/ Madam,

Sub: Application for the Post of Staff Nurse.

I wish to submit my Resume for your kind consideration and early favorable orders. Please consider my resume, and give me an Opportunity to work in your esteemed organization. If given an opportunity to work. I shall endeavor to satisfy my superiors to best of my knowledge ability and earn your esteemed confidence and remain grateful to you.

Thanking you,

Place:

Date:

Yours Sincerely

MINI K S

CURRICULUM VITAE



CAREER OBJECTIVE

Aim to be associated with the organization that Provides me an opportunity to show my skills and improve my knowledge with latest trends and to be the part of the team that works dynamically towards the growth of the organization

LICENSES/ CERTIFICATES

AADAR CARD NO : 615468970842

Pass port no : S8571821

Address for Communication:

MINI KS
KANIYANKUNNEL(H)
KANAKKARY(PO)
KOTTAYAM(DIST)
KERALA-686632
PHONE NO; 9544981850

E. Mail:

ksmini.mini@gmail.com

Personal Details:

Date of Birth : 14-03-1986
Age : 35 years
Gender : Female
Nationality : Indian
Religion : Hindu
Mother Tongue : Malayalam
Marital Status : Married
Height : 160 cm
Blood group : 'O' Positive
Father's Name : MR.V K Sekharan.

PRESENT ADDRESS

MINI KS
KANIYANKUNNEL(H)
KANAKKARY(PO)
KOTTAYAM(DIST)
KERALA(STATE)
PIN-686632



PRESENT NURSING EXPERIENCE

GOVT MEDICAL COLLEGE KOTTAYAM From 16-12-2020 till continue

PATIENT CARE WHICH I CAN:

- Ensure the provision of quality emergency medical care to patients requiring emergency treatment in accordance with physician orders, hospital policy and standard nursing practice.
- Evaluate episodic and acute responses to board classification of physical or psychosocial issues. Manage with planning and implementation of interventions.
- Perform specialized, life saving treatments such as Basic life support and Advanced cardiac life support.
- Assist fir endotracheal intubation.
- Perform variety of procedures on patients daily.

- Maintenance of good nurse patient relationship
- Patient assessment and reassessment and nurses notes.
 - Check the vitals of the patient every hourly along with date and time (Eg. B.P., R.T. Feeding, drainage etc.) Including pre and post operative care and documentation.
- Maintenance of intravenous fluids and Ionotropes (Eg. Dopamine.) Administrations of Medications in time (Eg. OD, BID, TID, QID, State, SOS etc.) Monitoring of C.V.P. & I.C.P.
 - Hot & Cold Application (Eg. Ice Bag. Hot Water Bag, Cold Compress, Sterile hot compress and cold sponge).
- Personal hygiene including assist in Activities of daily living. Tracheostomy care of the patient (Eg. Suctioning, Tracheostomy dressing) Care of pressure sore (Eg. Frequent Back care & positioning)
 - Maintenance of physical, social, psychological, spiritual & rehabilitative needs of the patients (Eg. Religious guidance)
- DVT Prophylaxis
Prevention of
aspiration

- “MORSE”- Fall risk assessment Colostomy care
- GCS monitoring and close Neuro observation Barthel index
- Steam inhalation
- Naso Gastric and PEG Tube feeding Skin Traction application and Care Care of ICD
- Blood Transfusion
- Management of Pain scale Adult and Pediatric
 - Care of invasive catheters (Eg. Central line, Arterial line, IV cannula, Foleys's catheter, epidural catheter,)
- Maintaining records and reports
- Supervision and orientation of student and new trainees. Follow-up Treatment.

EQUIPMENTS USED:

Ventilator	NIBP
AMBU	ECG
Defibrillator	Syringe Pump
Pulse Oxymeter	Steam inhaler
I.C.U. Monitor	Glucometer
C.V.P. Monitor	Humidifier
Suction Apparatus	Warmer Machine
Nebulizer	CPAP Machine
IABP	BIPAP Machine
ABG Machine	Cardiac Output
Closed Suction System	Monitor
A. B.P Monitor	Air-way adjunctives,
	Oral and Nasal
	Air way

SPECIAL PROCEDURES I ASSISTED:

Resuscitation	Supra Pubical Catheterization
Endotracheal intubation and extubation.	Intercostal Drainage
Arterial Canulation.	Suturing
Lumbar puncturing	
Central Venous Catheterization	
Pericardiocentesis	
Pleural fluid aspiration	
Bone marrow aspiration	

OTHER RESPONSIBILITIES

- Collaborate with team to plan for patient care. Time management.
- Maintaining the drug & Investigations as per orders.
- Proper documentation of drugs administered and investigations done. Maintaining the equipment in working condition.
- Maintaining emergency drugs and equipments at accessible place. Proper monitoring of patient.
- Informing the doctor concerned whenever necessary. Barrier nursing
- Scrubbing, hand washing and aseptic precautions. Transportation of critically ill patients

EDUCATION PROFILE

During my studies as a student nurse, the following works were assigned to me, which I have carried out successfully.

Worked as a team member in the community development programs.

Worked in different hospitals in Hyderabad as trainee.

Worked as a team member of pulse polio programme.

ACADEMIC:

Course	Year Of Study	Name Of Institution	Board/ University
S S L C	2001	GOVT.V H S S KANAKKARY	Board Of Secondary Education,Kerala
PLUS TWO	2003	GOVT.V H S S KANAKKARY	Board Of Higher Secondary Education ,Kerala

Course	Year Of Study	Name Of Institution	Board/ University
General nursing	2003-2006	Kamineni school of nursing	Gandhi university

PREVIOUS EXPERIENCE;

1. Intensive medical care unit in kamineni Hospitals from 01/09/2006 to 31/12/2008
2. Medical intensive care unit in Shree hrishikeshays Hospitals from 01/02/2009 – 20/12/2012
3. Medical intensive care unit in continental Hospitals from 24/04/2014 – 23/06/2015
4. Surgery critical care unit in Medical college hospitals, KTM from 10/04/2018 – 09/10/2018
5. Medical & Surgical ward in KIMS Hospitals from 03/06/2019 – 30/10/2020
6. Paediatrics ICU & ward in MCH (Medical College Hospitals, KTYM from 16-12-2020 to stil continue

COMPUTEER SKILLS :

All Computer basics With Internet Knowledge
Good skills in hospital based computer activities

LANGUAGES:

English
Malayalam
Hindi
Telugu

INTERESTS:

Music
Cooking
Reading
Traveling
Writing

STRENGTHS:

Desire to learn
Hard-working
Positive attitude
Cool minded
Team building ability
Critical thinking and Problem solving capability
A good team player

ACHIEVEMENTS:

Has been involved in different work groups for various activities like conducting Seminars, conducted in college and hospital.
Participated in many School, College and Hospital Competitions.

REFERENCES

<i>DR.C KAMARAJ</i>	<i>JOSEPHINE CYRILL</i>
<i>HOD OF EMERGENCY</i>	<i>DIRECTOR NURSING</i>
<i>KAMINENI HOSPITALS</i>	<i>CONTENTAL HOSPITALS</i>
<i>L.B NAGAR</i>	<i>GACHIBOWLI</i>
<i>HYDERABAD</i>	<i>PH-08466998812</i>
<i>TELANGANA</i>	
<i>PH-9849285812</i>	

DECLARATION

I hereby state that the above mentioned information is true to the best of my knowledge submit my resume for your kind observation and favorable order. Hope my skills are sufficient for your requirement. I humbly request your good self to permit a chance to work in your esteemed hospital.

Yours faithfully,

MINI KS