

# ♦ <u>OBJECTIVE</u>

A registered nurse with talent to work in any circumferences and to achieve higher growth through a continuous learning and keep myself dynamic, visionary and competitive with the changing scenario of the world and to work hard with full determination and dedication to achieve organizational as well as personal goals. Looking for a challenging position in an institution where my profound medical professional and practical experience and knowledge will be fully utilized.

# \* PROFESSIONAL REGISTRATION

REGISTRATION	NURSING COUNCIL	YEAR	Registration Number
Registered Nurse and Midwife	Kerala Nurses and Midwives Council	2020	KL01202000583

# ♦ EXPERIENCE

Sl. No.	DESIGNATION	NAME OF THE INSTITUTION	DEPARTMENT	DURATION
1	Staff Nurse	Govt: Medical College Ernakulam	Medical ICU	22-07-2020 to 25-10-2021

# **♦ CLINICAL EXPERIENCE DURING COURSE**

### **MEDICAL ICU**

- > Orientation for patient and relatives about the hospital and it's functioning
- Perform initial assessment
- > Preparation of emergency drugs and emergency trays ready for use

(Intubation tray, Catheterization tray, aspiration sets 7 gown packs)

- > Maintenance of environmental Hygiene
- ➤ Asepsis and infection control
- ➤ Maintenance of Records and Reports
- Maintain Ward Inventory and Indents
- ▶ Receiving admission and Data collection
- > Assessment of patient needs and planning for the patient care.
- > Observing and evaluating the patient's response to his illness and his care
- > Following physicians round and carrying out the orders prescribed
- > Assisting for diagnosis and therapeutic procedures
- > Be proficient in cannulation and venesection as required
- > Planning and implementation of patient care
- > Health education and maintaining records and reports
- > Triage patients and ensure proper care is provided to them
- > Treat minor injuries and administer medications as per the physician's order
- Be trained to Intermediate Life Support level and to act as a key member of the Center's resuscitation team
- > Supports the colleagues in other departments as necessary
- > Document provided nursing care for billing and clinic's record
- > Read and explain the tests results to patients and further steps to take
- To administer vaccines for the children and adults. Maintaining the up to date records regarding the Well baby clinic
- Discharge and follow up care
- ➤ Hospice care
- Health education & nutrition/ diet advice
- > Carrying out administrative duties like updating maintaining patients records
- > Making sure the working environment is safe
- > Ability to respond quickly to emergencies
- Experience of using advanced hospital equipment and procedures including administration of intra venous fluids and vitamins to patients, operating different oxygen apparatus and administering tube feeding pumps
- > Skill in managing patients on mechanical ventilation
- ➤ Skill in operating mechanical ventilator

### **\*** <u>CAPABLE IN ASSISTING THE FOLLOWING PROCEDURES</u>

Tracheostomy Care, Intubation, Inter Costal Drainage, Lumbar Puncture, Bone Marrow aspiration / Biopsy, Gastric Gavage & Lavage, Sterile dressing, Hospice care, Palliative Care.

#### ♦ EQUIPMENTS USED

Defibrillator, Mechanical ventilator, Cardiac monitor, Pulse oximeter, ECG Machine, Infusion Pumps, Suction apparatus, Syringe pumps, Oxygen cylinder, Nebulizer, BP Apparatus, Glucometer, Digital thermometer, Bag valve mask, Inhaler, Vein detector

#### **♦** INDEPENDENTLY CARRYOUT ROUTINE PROCEDURES

- Placement of intravenous line
- ➤ Urinary catheterization
- > Insertion of nasogastric and NG tube feeding
- Stomach wash
- > Preparation and administration of therapeutics
- Collection of specimen for investigations
- ➤ Tracheostomy care
- ➤ Tracheal and endotracheal inhalation
- ➤ Wound dressing
- Blood transfusion
- > Preparation of patients for surgeries
- ≻ Enema

### \* A<u>CADEMIC QUALIFICATIONS</u>

EDUCATION	INSTITUTION	UNIVERSITY	DURATION
GNM	Govt College of Nursing, Ernakulam	Kerala Nurses and midwives council	2016 to 2019
HSE	Govt. HSS Perumbalam	Board of Higher Secondary Examination	2014 to 2016
SSLC	GovtHSS perumbalam	Board of Public Examination Kerala	2014

### \* PERSONAL PARTICULARS

Father's Name	:	Pushpangathan
Address	:	KOOMBEL(HOUSE) PERUMBALAM P.O, CHERTHALA , ALAPPUZHA DIST ,KERALA,INDIA-688570
Date of Birth	:	09-05-1999
Gender	:	Female
Marital Status	:	Single
Religion	:	Hindu
Nationality	:	Indian
Language Known		English, Malayalam, Hindi

### ✤ <u>REFERENCE</u>

- 1. Organization: Mrs .Nazeem K A Associate Professor Govt College of Nursing Ernakulam Mob:+9194970
- 2. Organization: Mrs. Santi Augustine Nursing superintendent Govt.Medical Collage Ernakulam Mobile : +91 7559898984

# ♦ DECLARATION

I hereby declared that all the information cited above is true to the best of my knowledge and belief.

MINU K.P

Date:

Place: