

CONTACT

AMEEGHA R

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OBJECTIVE

I'm a professional social worker and completed MSW from Santhigiri College of Computer Sciences, Thodupuzha, Kerala. As you can see, I have had an extensive experiences in this field giving me varied skills and ability to work with various types of people. I believe I could fit easily in to your team. I'm flexible, quick to pick up new skills and eager to learn from others. I also have lot of ideas and enthusiasm. I'm keen to work for an organization with a great reputation like you. I have excellent references and would be delighted to discuss any possible vacancy with you and your convenience.

EDUCATION

2019-2021

- **MG University, Kottayam**
MSW

2016-2019

- **University of Kerala**
BA English Language and Literature

2014-2016

- **Board of Higher Secondary Examination**
Higher Secondary

2013-2014

- **Central Board of Secondary Education, Delhi**
SSLC

FIELD WORK EXPOSURE

23/08/2021

- ◦ **Welcare Hospital, Vyttila**

26/10/2021

Internship Trainee

Major tasks are public relation managing, group work, case work, updating covid vaccination portal, taking rounds, etc with the patients.

- ◦ **Bishop Vayalil Medical Centre, Moolamattom**

Psychiatric Social Work Trainee

Major activities are symptom identification of various psychiatric disorders, MSE & Case history taking, group therapy, rehabilitation, multi-disciplinary teamworks, personality assessments etc.

- ◦ **Haritha Keralam, Thodupuzha**

Field Work Trainee

Conducted departmental visits and survey on comprehensive waste management

- ○ **Municipality, Thodupuzha**
Field Work Trainee
Major activities are departmental Study, Schemes and Policies undertaken
- ○ **Tele-counselling for PwD**
Counsellor
Counselling, Data collection, Documentation
- ○ **Waste Management Project at Purapuzha Panchayat**
Awareness class, implementation of the project, assessment survey, follow up and documentation
- ○ **MGNREGA Vannapuram (Social Audit)**
File verification, field visit, documentation, report writing

PERSONAL SKILLS

- Case history taking
- Proposal writing
- Teamwork
- Documentation
- Effective Communication and Rapport building
- Problem Solving and decision making
- Public Relation
- Active Listening skill
- Public Speaking

TECHNICAL SKILLS

- MS Word
- MS PowerPoint
- MS Excel
- Google Forms

PROJECTS

- **A study on workplace stress among IT Women in MNC's**
My study focuses on the growth and working of IT Industry with particular reference to women, to identify the reasons for the stress among women in the selected companies in IT Industry in Kerala.

LANGUAGE

- English
- Hindi
- Malayalam
- Sanskrit

HOBBIES

- Drawing
- Cooking

PERSONAL DETAILS

- Date of Birth. : 14/12/1998
Marital Status : Single
Nationality : Indian

CERTIFICATION

- Student membership in Kerala Association of Professional Social Workers.
Membership No. KAPS/SM/12/2021-22
- Successfully completed online course on Coursera on “Journalism, the future and you”, an online non-credit course authorized by Michigan University and offered through Coursera.
- Successfully completed online course on Coursera on “Project Management Principles and Practices” under UCI
- Participation in five-day online Training Program on “Psychosocial Support & Psychotherapy during COVID-19” organized by KE College Mannanam.
- Participation in the National Webinar on “Prospects of Social Work in Hospitals: Reflections from Practice” organized by KAPS Skills Academy
- Successfully completed an online course on “Business communication” (30 hours add-on course in Business Communication during the semester 1 & 2).
- Participated in the State level conference on "Combating Gender Stereotypes and Sexism" organized by SNGC, Paingottoor

PLANNING AND ORGANIZING

- National Conference "Dyothana 2020"
- "Srishti" Magazine Editorial Board Member
- College Events

REFERENCE

- **Ms. Anne Sharon Kappan - "Santhigiri College of Computer Sciences, Thodupuzha"**
Head of the Department (Social Work)
annesharon@santhigiricollege.com
9747062607
- **Dr Jaffer Sayyed - "Welcare Hospital, Vyttila"**
Consultant Neurologist
doc.jaffry@gmail.com

DECLARATION

- I solemnly declare that all the above furnished information is true to best of my knowledge and belief

26/10/2021
Mavelikara

Ameegha R