

# Stefy Mary Sam

Alappuzha, Kerala, India - 689109

Mobile : +91 8943305195, +91 6369890042

Email Id : [stefysam10@gmail.com](mailto:stefysam10@gmail.com)



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## PROFESSIONAL SUMMARY

Dynamic Critical Care Registered Nurse with 1+ years of experience. Adept at collaborating with interdisciplinary medical teams. Dedicated to delivering best-in-class patient care and individualized plans for families and patients. Proven history of leveraging critical thinking, analysis and medical knowledge to deliver superior care in high-pressure environments.

## EDUCATIONAL QUALIFICATION

Examination Passed	Name of Institution	Board/University	Year of Passing	Percentage
BSC Nursing	MGM Muthoot College of Nursing, Pathanamthitta, Kerala	KUHS	2015-2019	68%
Higher Secondary Examination	St. Annies Girls Higher Secondary School, Pathanamthitta, Kerala	State Board	2012-2014	66%
SSLC	Syrian Jacobite Public School, Kuttapuzha, Kerala	CBSC Board	2012	60%

## PROFESSIONAL EXPERIENCE

Designation	Duration	Name of Hospital	Department(s)
Staff Nurse	01-08-2020 to 04-10-2021	Apollo Speciality Hospital, Vanagaram Chennai	Multidisciplinary Critical Care Unit

## **EMPLOYMENT DETAILS**

Name of the Hospital : Apollo Speciality Hospital, Vanagaram Chennai, Tamil Nadu

Range of Service : 350 Bedded, CTICU, MDCCU, CCU, SICU, PICU, NICU, Isolation Unit, Operation Theatres, Pre and Post Operative Units, CATHLAB, Imaging and Diagnostic Departments, Surgical Ward, Medical Ward, COVID Ward, Dialysis, CSSD, Emergency, Chest Pain and Stroke Clinic, Hematology Departments, Plastic and Cosmetic Department

Ward & Depart Worked in : Multidisciplinary Critical Care Unit, CCU, COVID Ward

### **Independently Carry Out Routine Procedures**

- Placement of Intravenous line
- Urinary Catheterization (Male & Female)
- Chest Physiotherapy
- ECG
- Nasogastric Feeding
- Administration of Medicine
- Oxygenation Therapy
- Advanced Cardiac Life Support
- Post Operative Managements
- Other ICU Services
- Wound dressing
- ABG sampling
- Nebulization
- Placements of Ryles for Adults
- Bowel & Bladder Wash
- Tracheal & Endotracheal Suctioning
- Sterilization and Disinfection
- Ventilator Managements
- Intubation Drugs Preparation
- Blood transfusion

### **JOB DESCRIPTION**

- Admission of patients
- Data collection
- Assessment of vital signs
- Management of Ventilator Patients
- Physical Examination and Diagnostic Evaluation
- Continuous Monitoring and Diagnostic Evaluation

- Checking pre-operative check list of patients to NABH Act
- Following physician rounds & carrying out the orders prescribed
- Assisting for Diagnostic and therapeutic procedures insertion of IV Canula
- Performing Female and Male Catheterization
- Insertion of Nasogastric Tube
- Emergency nursing management during intubation
- Maintaining Patient Airway through doing oral Endotracheal Suctioning
- Planning and Implementation of patients care (Include Hygiene, Nutritional comfort)
- Measures, Administration of Medicine.
- Discharge follow-up Care
- Maintaining records & reports in service Education

### **Equipments Handled**

- Pulse oximetry
- ABG analysis machine
- Nebulizer
- Suction apparatus
- Infusion pumps and syringe pumps
- Ventilator, CPAP, BIPAP
- Defibrillators
- BP apparatus
- Glucometer

### **MANAGERIAL SKILLS**

- Preparation of emergency drugs and emergency trays ready for use
- Maintenance of environmental Hygiene
- Orientation for patients and relatives about the hospital and its functioning
- Maintenance wards inventory and indents
- Asepsis and infection control
- Bio-medical waste management

## PERSONAL SKILLS

- Problem solving
- Aspiration to grow, Strength to work, Commitment and an Eagerness to accept Challenges.
- Self Confidence
- Hardworking
- Good singing skill
- Good verbal and written communication skills

## REGISTRATION DETAILS

### The Tamil Nadu Nurses and Midwives Council

- Registration Nurse & Midwives Number : **234888**
- Date of Registration : 23-06-2021 to 22-06-2026
- Status : Active

### Kerala Nurses and Midwives Council

- Registration Nurse & Midwives Number : **KL03202004493**
- Date of Registration : 07-02-2020 to 06-02-2025
- Status : In-active

## PERSONAL PROFILE

Father Name : Samkutty chudukattil chacko

Date of Birth : 09<sup>th</sup> April 1996

Gender : Female

Religion : Christian

Native Place : Kerala

Nationality : Indian

Height : 160 cm

Weight : 59 Kgs

Marital Status : Single  
Languages Known : English, Malayalam & Tamil  
Address : Chudukattilaya Kandathil House, Thiruvandoor P.O  
Chengannur, Alappuzha Kerala - 689109

**DECLARATION**

I hereby declare that the above furnished particular are true and correct to the best of my knowledge and belief.

Place: Chengannur

Yours Sincerely

**STEFY MARY SAM**