

ROSLIN SEBASTIAN
MSc Nutrition and Dietetics,
Certified Diabetes Educator

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Present Address:
Kurisinkal,
Punnapra.P.O.
Alappuzha-688004



CAREER OBJECTIVE

Seeking the position of Dietitian where I can utilize and apply my knowledge and skills in imparting healthy nutritional plans for wellbeing of the patients with various diseases, which would enable me to grow while fulfilling organizational goals.

BASIC ACADEMIC CREDENTIALS

Qualification	School/College	Year	Percentage
Diabetes Educator	National Diabetes Educator Program	2020-21	
MSc Nutrition and Dietetics	St. Joseph's College for Women, Alappuzha	2019	79
BSc Home Science	St. Joseph's College for Women, Alappuzha	2017	76
12th	AHSS Punnapra	2014	76
SSLC	AHSS Punnapra	2012	86

EXPERIENCE

- **Dietitian Apprentice Trainee** at **Regional Cancer Centre, Trivandrum** from Aug 2020 – Oct 2021
- Internship on 'Life Style Diseases' at **Believers Church Medical College Hospital, Thiruvalla** (April-May, 2018).
- Dietary Internship at **PSG Hospital, Coimbatore, Tamil Nadu** (October-December, 2018).

KEY SKILLS

- Diploma in Computer Application [DCA]

ACHIEVEMENTS

- Poster presentation and Paper publication: **Nutrition Society of India** on "Assessment of Nutritional Status among Aquatic Sportspersons" (November, 2019).
- Participated in the **51st National Conference** and lifetime membership of **Nutrition Society of India**.
- Thesis topic: "Nutritional Status, Physical Activity, Stress and Recovery among Aquatic Sportspersons".

- 2nd price in **Case Study Competition** conducted by **IDA Kerala Chapter** in association with Hexagon Nutrition.
- 1st prize in Slogan writing organized by **National Iodine Deficiency Disorder Control Cell, Trivandrum** on **Global Iodine Deficiency Disorder Prevention Day**.
- Participated in a quiz competition conducted by **Ministry of Women and Child Development, Food and Nutrition Board**.
- Participated in CME on “**Nutrition Management in Critically Ill Surgical Patients: Myth to Evidence**” at Believers Church Medical College Hospital, Thiruvalla.
- Participated in a National Seminar on the topic “**The Keto Fad: A Critical Approach to the Phenomenon**” at St. Theresa’s College, Ernakulam.
- Member of **National Service Scheme** (2014-2017), St. Joseph’s College for Women, Alappuzha.
- Experience in conducting **Exhibitions** and **Medical camps** related to Nutrition.
- Attended several National and International webinars.

PERSONAL SKILL

- ❖ Ability to rapidly build relationship and set up trust.
- ❖ Confident and Determined
- ❖ Ability to cope up with different situations.
- ❖ Research aptitude

PERSONAL DETAILS

Permanent Address	:-	Kurisinkal Punnapra.p.o. Alappuzha-688004
❖ Date of Birth	:-	31/05/1997
❖ Language Known	:-	English, Malayalam, Tamil & Hindi
❖ Nationality/Religion	:-	Indian / Christian
❖ Interest & Hobbies	:-	Reading, Research and Travelling.

REFERENCES

1. Mini N
Chief Dietitian, Regional Cancer Centre, Trivandrum
Phone No. 9744460035 Email Id: mininarayanapanicker@gmail.com
2. Dr. Bhagya D
Assistant Professor, St. Joseph’s College for Women, Alappuzha
Phone No. 9495626256 Email Id: bhagyadp81@gmail.com

DECLARATION

I do hereby declare that the above information is true to the best of my knowledge.

Place: PUNNAPRA

ROSLIN SEBASTIAN

Date: 08/08/2021