

## RESUME

ATHIRA A.R.  
KUNNAPPILLIL (H)  
KANAYANOOR, CHOTTANIKKRA P.O.  
ERNAKULAM, PINCODE – 682312  
Mob: 7510629146 | 7306547829



### **CAREER OBJECTIVE:**

A challenging opportunity and active involvement in a progressive organization offering the opportunity to fully utilize my proven Communication Skills, Nursing and Hospitality Skills and nearly 2 1/2 years of work experience as a Staff Nurse.

### **Personal Profile**

Father's Name : A.G. RADHAKRISHNAN  
Mother's Name : PRSANNA RADHAKRISHNAN  
Husband's Name : RAJEEV K.R.  
Permanent Address : KUNNAPPILLIL (H)  
KANAYANOOR  
CHOTTANIKKRA P.O.  
ERNAKULAM, PINCODE – 682312  
Nationality : INDIAN  
Religion : HINDU  
Sex : FEMALE  
Marital Status : MARRIED  
Date of Birth : 25/10/1987

### **Languages Known**

To Speak : ENGLISH, MALAYALAM, HINDI,  
TAIL, TELEGU & GUJARATI  
To Read/Write : ENGLISH, MALAYALAM, HINDI

### Academic Qualification

- SSLC : 1 year from St. Mary's G.H.S.S. Pala, Kottayam District, Kerala with Second Class
- Plus Two : Duration of 2 year Science Group with Second Class N.S.S.H.S.S., Kidangoor, Kottayam District.
- Professional Qualification : Duration 3½ year Diploma in General Nursing and Midwifery from Dileef School of Nursing Nelloore, Andra pradesh.
- Experience Summary : Total experience 21/2 years.

### Professional Experience

INSTITUTION	DESIGNATION	DEPARTMENT	PERIOD
Sterling Hospital Memnagar Ahamadhabad (NABH Accredited hospital 310 bed)	Staff Nurse	Critical care unit (CCU)	1/10/2010 to 13/03/2013

### Duties and Responsibilities

- ❖ Handled all kinds of emergency & Performed BLS effectively
- ❖ Attended pre and post operative patients. patients with CRF ,ARF, GI Bleed, Hamato onco, Trauma, copd.Asthma, Bruns, infected etc.
- ❖ Looking after safety of the patients and solving queries of patients and relatives, Giving them health education.
- ❖ Proper hand washing before and after every procedures
- ❖ Care of the patient on ventilator

- ❖ Preparation the patient for Endo Tracheal intubation and assist for Endo tracheal intubation
- ❖ Extubation of the Endo Tracheal Tube.
- ❖ Care of the Endo Tracheal Tube.
- ❖ After extubation Endo tracheal tube can send for culture and sensitivity
- ❖ Providing chest physiotherapy for the patient  
ECG Monitoring
- ❖ Assist doctor's in performing diagnostic and therapeutic procedure like IV canul insertion of centre line catheterisation.
- ❖ Exchange transfusions
- ❖ Cardio pulmonary resucitations
- ❖ Nasogastric tube insertion for feeding and stomach wash
- ❖ Prepare the patient for procedures like X-Ray and CT scan
- ❖ Continuous monitoring of ECG. Arterial Blood Pressure Pulmonary Arterial pressure. Respiration, Temperature and saturation.
- ❖ Collection of blood samples and other sample like urine stool sputum ear swab and throat swab
- ❖ Administation of humidified oxygen
- ❖ Nebulisation
- ❖ Steam inhalation
- ❖ Help the patient for feeding and basic needs.
- ❖ Assisting for pleural tapping
- ❖ Assisting for the insertion and removal of the chest tube drains
- ❖ Assist the patient for mobilization
- ❖ Health education of the patient about post operative care.
- ❖ Assisting for lumbar puncture
- ❖ Assisting for Intra Thecal Injections
- ❖ Psychological support to the parents.

### **CASE ASSISTED**

- ❖ Tracheostomy procedure
- ❖ Central line insertion
- ❖ Intubation
- ❖ Bronchoscopy
- ❖ GI Scopy
- ❖ Cavafix insertion
- ❖ Arterial line insertion
- ❖ Dialysis catheter insertion
- ❖ Tapping
- ❖ Major dressings.

### **TYPE OF EQUIPMENTS HANDLED**

- ❖ Ventilator
- ❖ Syring pump
- ❖ Infusion pump
- ❖ ECG machine
- ❖ LP
- ❖ Bone Marrow aspiration
- ❖ Major Dressings.

### **TYPE OF EQUIPMENTS HANDLED**

- ❖ Syring pump
- ❖ Infusion pump
- ❖ ECG machine
- ❖ LP Bone Marrow aspiration

- ❖ Defibrillator
- ❖ One touch machine for Blood glucose monitoring
- ❖ Stethoscope
- ❖ Ambu bag
- ❖ Laryngoscope with different size of blade
- ❖ Portable suction machine
- ❖ Digital thermometer (oral and rectal)
- ❖ Central wall oxygen and suction
- ❖ Endo tracheal tube
- ❖ Steam inhaler
- ❖ Nebuliser
- ❖ Pulsoxy meter
- ❖ Sphygo manometer
- ❖ Monitor with ABP. PAP. ECG. NIBP. Temperature respiration Spo2

**REFERENCE**

Dr. Amrisha patel  
MB (Chest D.T.C.D)  
Pulmonologist  
Mob: 9898024742

**Declaration:-**

I do hereby state that all the information furnished above is true to the best of my knowledge.

Place: Chottanikkara

Date:

  
**ATHIRA A.R**