



ATHIRA A

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Contact (Personal) Address: **ATHIRA A**
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OBJECTIVES

Seeking a challenging position that will give me an opportunity to learn and contribute my skills in achieving the common goal of the organization. To learn and develop skills that will help in my personal and professional development and also do my job sincerely and effectively.

NURSING DUTIES & RESPONSIBILITIES

- Checking vitals
- Observing and Recording patients behavior
- Coordinating with physicians and other healthcare professionals for creating and evaluating customized care plans
- In order to provide emotional and psychological support to the patients and their families .
- Diagnosing the disease by analyzing patient's symptoms and taking required actions for his/her recovery
- Maintaining reports of patient's medical histories and monitoring changes in their condition.
- Carrying out the requisite treatments and medications.

- Checking the stock on a regular basis for maintaining the inventory level and placing orders if required
- Changing patient's medications indicated by their conditions and responses
- Adhering with the protocols, norms, rules and regulations in order to maintain complete medical records.
- Maintaining hygienic and safe working environment in compliance with the healthcare procedures
- Conducting research for improving the nursing practices and healthcare outcomes
- Providing instant care during medical emergencies like car accidents, burns, heart attacks and strokes.
- Providing necessary guidance on health maintenance and disease prevention.
- Educating patient's families about the diseases and its treatment
- Decontaminating equipments and instruments
- Resolving patient's problems and fulfilling their requirements by applying multifaceted team strategy.
- Interacting with the health care teams for maintaining harmonious relationship
- Attending educational workshops for enhancing professional and technical knowledge.

CASES HANDLED

Renal Conditions

- Dialysis/ CAPD
- Chronic Renal Failure
- Renal Colic

Trauma Conditions

- Acute Abdomen
- Intra Abdominal Bleeding
- Open Chest Wounds
- Multiple Fractures
- Motor Vehicle Accident
- Cardiac Tapenade

Orthopedic Conditions

- Cervical Injuries
- Complicated Fractures
- Simple Fractures
- Amputations

Pediatric Disorders

- Bronchiolitis
- Asthma
- Gastroenteritis
- Seizures

EDUCATIONAL QUALIFICATION

- ❖ S.S.L.C - Board of Public Examination Kerala
- ❖ Plus Two - Higher Secondary Examination Kerala
- ❖ GNM - Diploma in General Nursing and Midwifery Programme

EXPERIENCE

Name of the Hospital	Department	Time Period
Aravind Medical Centre	Casualty, Surgical Ward, Medical, Pediatrics, ENT, Oncology, Cardiology	June 18 th 2015- June 18 th 2016
Taluk Hospital Neendakara	Dialysis	August 29 th 2017 – June 25 th 2018

EXPERIENCE IN

- Monitoring Vitals
- Administering medications Via:
 - Oral Route
 - I.V.Route
 - Intra Dermal Route
 - Subcutaneous Route
 - Sublingual Route
 - Intramuscular Route
- Using Syringe Pump
- Using Infusion Pump
- Doing Catheterisation
- I.V.Cannulation
- Drain Care
- Ryles Tube Feeding
- Wound care and wound dressing
- Using infusion pump
- Post Operative Care
- Surgical Preparation of the Patient

- Keeping Records and Reports
- Assist in Suturing
- Suture Removal
- Assist in ear washing
- Assist in foreign body removal
- Nebulisation
- Oxygen administration Via mask and nasal probe
- Doing Suctioning
- Using cardiac Monitor
- Doing CPR

PERSONAL PROFILE

- Date of Birth : 15.05.1994
- Gender : Female
- Marital Status : Married
- Mother 's Name : Lalithambika
- Husband Name : Renjith A R
- Languages Known : Malayalam & English

DECLARATION

I hereby assure that the information furnished above is true to the best of my knowledge. If I get the opportunity to work in your esteemed organization, I will deliver my duties and responsibilities up to your satisfaction.

Yours sincerely,

Pattanakkad

ATHIRA A