

ROSE MARY P

Physiotherapist



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Bommanampalayam
Coimbatore - 641046

Date of Birth

Jan 19 1998

Marital Status

Unmarried

Nationality

Indian

SOFT SKILLS

Interpersonal Skills

Expert

Collaboration

Expert

Active Listening

Expert

Communication

Expert

HARD SKILLS

Patient Assessment

Expert

Creating Plan of Care

Expert

Performing Therapy
Interventions

Expert

Patient & Family Education

Expert

Documentation

Advanced

SUMMARY

A highly motivated confident individual able to communicate effectively and sensitively with patients and career to maximize the rehabilitation of patients and to ensure understanding of often complex clinical issues impacting on recovery.

Looking for a physiotherapist position where I may be able to use my skills in managing rehabilitation programs following the latest in technology.

EXPERIENCE

Internship - (March 2021 - september 2021)

Lourdes Mission Hospital Ernakulam, Kerala, India

Trained in treating various Orthopedic, Neurologic, Cardiac Conditions , ICU, Trauma & emergency case

Elite Mission Hospital Thrissur, Kerala, India

Treating various Orthopedic conditions ,Sports injuries ,Hand surgeries, Trigger point and myofascial release

ACADEMIC CHRONICLE

2020 - **Bachelor of Physiotherapy**

- Cherraan's Institute of health sciences

- MGR University , Chennai , Tamil Nadu , India

2016 - **HSE**

- Chavara Vidya Bhavan , Coimbatore , Tamil Nadu

2014 - **SSLC**

- Chavara Vidya Bhavan , Coimbatore , Tamil Nadu



CLINICAL EXPOSURE

One care Medical center , Coimbatore

Trained in treating various Orthopaedic conditions & Sports injuries

Leo ortho care hospital , Coimbatore

Trained in treating various Orthopaedic & sport injuries

Sahai spinal rehabilitation centre , Coimbatore

Trained in treating various Spinalcord injuries

Aditi special school , Coimbatore

Trained in treating various Neurology & Paediatric conditions



PROJECT WORK

CHERRAAN'S INSTITUTE OF HEALTH SCIENCE

The effectiveness of bracing with specific balance training program versus specific balance training program in reducing the incidence of ankle sprain in athletes-A comparative study



CONFERENCE AND SEMINAR ATTENDED

Hands on workshop on ART OF MUSCLE PALPATION & DRY NEEDLING

Workshop on EXERCISE PRESCRIPTION FOR SHOULDER DYSFUNCTION

CME program on HEART HEALTH

CME program on FUNCTIONAL REHABILITATION OF

CEREBRAL PALSY - CURRENT STATE OF THE ART

CME program on ADVANCED MANAGEMENT STRATEGIES IN

SPORTS INJURIES AND ARTHRITIS

CME program on PREVENTIVE CARDIOLOGY-PHYSIOTHERAPIST PERSPECTIVE

CME program on CLINICAL APPROACH AND RECENT TRENDS

IN SHOULDER MANAGEMENT



REFERENCE

Physio GIGY GEORGE Cheif Physiotherapist

FIFA Diploma in Football Medicine

Team Physiotherapist, Senior Indian National Football Team