

CURRICULUM VITAE

Name : **LUDHIYA BABY**
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Institution : 1) JSS College of Physiotherapy
JSS Medical Institutions
M.G Road, Mysuru-570004
2) Laxmi Memorial College of Physiotherapy
Balmatta, Mangalore-575002

ACADEMIC QUALIFICATIONS

| Degree | Subject | University | Year of completion | Percentage |
|--|-----------------------------|---|--------------------|------------|
| Secondary School Leaving Certificate Examination(SSLC) | | State Board of School Examination, Tamil Nadu | 2012 | 78 |
| Higher Secondary School(HSC) | Physics, chemistry, biology | State Board of School Examination, Tamil Nadu | 2014 | 73 |
| Bachelor of Physiotherapy(BPT) | | | 2014-2019 | 60 |
| I BPT | Physiotherapy | RGUHS | 2015 | 60 |

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|---|---------------|-------|------------------|-----------|
| II BPT | Physiotherapy | RGUHS | 2016 | 57 |
| III BPT | Physiotherapy | RGUHS | 2017 | 57 |
| IV BPT | Physiotherapy | RGUHS | 2018 | 62 |
| Master of Physiotherapy Musculoskeletal Disorders and Sports (MPT-MSS) | | | 2019-2021 | 59 |
| MPT | Physiotherapy | RGUHS | 2019-2021 | 59 |

ACADEMIC ACHIEVEMENTS

- Subject wise topper in;
Research Methodology and Biostatics

CERTIFICATE COURSES

- Basic Life Support (BLS) on 24-25/11/2017 conducted by Indian Institute of Emergency Medical Services (IEMS) with American Heart Association (AHA) certification.

CLINICAL EXPERIENCE

- One eighty days of rotatory clinical internship in various departments at JSS Hospital, which is an 1800 bedded multi-specialty hospital in Mysuru.
- Departments;
Outpatients Musculoskeletal, Orthopedics
and Sports Inpatient Orthopedics
Cardio-pulmonary sciences (CTVS ICU, ICCU, RICU, Inpatients,
Pulmonary and Cardiac Rehabilitation Units)
Neurology and neurosurgery (NSICU,
Inpatients) Pediatric Physiotherapy (NICU,
PICU, Pediatric ward)
General medicine and Surgery (MICU, SICU, Burn ICU, Inpatients ward)
Rehabilitation
Institutional based rehabilitation (Physical Medicine and Rehabilitation
Centre) Community based rehabilitation (Geriatric clinic, Old age home,
School health) Obstetrics and Gynecology
- Worked as a student physiotherapist in a clinic from Oct 2018 to Aug 2019.

- Worked as a student physiotherapist in various departments at AJ Institute of Medical Science, which is a 1000 bedded multi-specialty hospital in Mangalore.

CONFERENCES AND WORKSHOPS

- **PAPER AND POSTER PRESENTATIONS**

| Paper / poster | Topic | Dates |
|---|--|--------------|
| Paper - Confluence 2019 (National Physiotherapy Conference) | Concurrent validity of Homemade Voltmeter with Tape Measurement | 07/ Dec/2019 |
| Poster- Gravitas 20 (Chennai Physios National Conference) | Effectiveness of Intradialytic Exercises on Physiological Parameters in Patients Undergoing Hemodialysis: A Literature Review | 04/Oct/2020 |
| Paper – Craniocon -2020 (National Conference on Best Practices and Recent Advancement in Physiotherapy) | Efficacy of Virtual Reality Based Therapy on Motor Coordination and Functional Balance in Children with Down Syndrome: A Literature Review | 09/Nov/2020 |

- **List of workshops attended;**

| Topic | Resource person | Dates |
|--|---------------------------------------|------------|
| Workshop on Rehabilitation of Hand in Stroke | Mr. R. Vasanthan Mrs. Annie Thomas | 18/02/2017 |
| Workshops on Clinical Neurodynamics | Dr. Ashokan Arumughan | 24/06/2017 |

PUBLICATIONS

- *Joy A, Baby L, Ranjith KV. Relationship of trunk extensor endurance on dynamic postural control and functional performance in non-specific low back pain. Int J Phys Educ Sports Health. 2021;8(3):436-440.*
- *Baby L, Joy A, Ranjith KV. Relationship between trunk impairment and upper extremity function, and its impact on activities of daily living in chronic stroke survivors. International Journal of Science & Healthcare Research. 2021; 6(4): 220-227.*

PAPERS UNDER CONSIDERATION

| Sl.No | Title | Journal & Ref.No | Remarks |
|-------|---|---|--------------|
| 1 | Estimation of Walking Speed, Perceived Exertion and Subject Preference on Using Axillary Crutch and Standard Walker in Non-weight Bearing | Journal of Bodywork & Movement Therapies(JBMT) YJBMT-S-21-00465 | Under review |
| 2 | Gender Differences in Pain Perception During Experimentally Induced Pain; An Observational Study | Physiotherapy Journal of Indian Association of Physiotherapist (PJIAP) PJIAP_30_21 | Under review |

PERSONAL STATEMENT

I hereby declare that statements furnished above are true to the best of my knowledge. CPE, Conferences, workshops, awards & any other details will be provided upon request.

REFERENCES

Dr. Kavitha Raja PT, Ph.D

Professor and Principal

JSS College of Physiotherapy, Mysuru

Karnataka, India

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Dr. Sanjay Eapen Samuel, PT, PhD

Professor and Principal

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