



JOBIMON VARGHESE

Physiotherapist

THONDUPARAMPIL HOUSE , KURUMPANADAM.P.O , KOTTAYAM PIN -686536 , KERALA , INDIA

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CAREER OBJECTIVE

To obtain a challenging position in the field of physical therapy and rehabilitation , that offers professional growth myself and enable me to contribute to an organization by utilizing my clinical and educational experience, while being resourceful, innovative and flexible.

EMPLOYMENT AND WORK EXPERIENCE

SINo.	NAME OF THE ORGANISATION	DURATION
1.	SPECIALISTS HOSPITAL, ERNAKULAM	16.03.2020 TO 31.03.2021
2.	BETHSAIDA REHABILITATION CENTRE ,KURIYODU.P.O, KOLLAM,KERALA	01/06/2016 TO 29/02/2020
3.	SABARIGIRI HOSPITAL , ANCHAL.P.O , KOLLAM , KERALA	09/06/2014 TO 31/05/2016
4.	BETHSAIDA REHABILITATION CENTRE ,KURIYODU.P.O, KOLLAM,KERALA	19/03/2012 TO 31/05/2014
5.	S M HOSPITAL , KADAKKAL.P.O, KOLLAM, KERALA	03/10/2007 TO 15/03/2012

AREAS OF EXPERTISE

- ◆ MICROVASCULAR AND PLASTIC SURGERY (TENDON REPAIR,NERVE INJURIES) CASES
- ◆ ORTHOPEDIC CASES (TKR,THR,LIGAMENT INJURIES etc)
- ◆ NEUROLOGY AND PADIATRIC CASES (HEMIPLEGIA,SPINAL CORD INJURY ,CEREBRAL PALSY etc.)

EDUCATION

SINo.	COURSE	NAME OF THE INSTITUTION	YEAR OF EXAM PASSED
1.	BPT	SCHOOL OF MEDICAL EDUCATION, GANDHINAGAR, KOTTAYAM	2007
2.	PLUS TWO	GOVT HSS VADAKKEKARA , CHANGANACHERRY	2001
3.	SSLC	GOVT HSS VADAKKEKARA , CHANGANACHERRY	1999

MEMBERSHIP/ LICENSE

INDIAN ASSOCIATION OF PHYSIOTHERAPISTS : REG NO: L-23137

PERSONAL PROFILE

DATE OF BIRTH : **11.10.1982**
GENDER : MALE
MARITAL STATUS : MARRIED
NATIONALITY : INDIAN
LANGUAGES KNOWN : ENGLISH,MALAYALAM,HINDI
SKYPE ID : **jobimon.varghese**

TECHNICAL SKILL

- ❖ DATA ENTRY AND OFFICE AUTOMATION (MS word,Excel)
(LBS CENTRE FOR SCIENCE AND TECHNOLOGY,2014)

PROFESSIONAL STRENGTHS

- ❖ Possess around 13 years of working experience in the health care field as a physiotherapist.
- ❖ Excellent command over written and oral communication.
- ❖ Ability to build good relationship with students and patients from diverse background.
- ❖ Sensitive , tactful, tolerant and patience.
- ❖ Good organizational and interpersonal skills.

RESPONSIBILITIES

- ❖ Assessed patients having a wide variety of medical conditions including COPD , musculoskeletal dysfunctions such as Low Back Pain, Rotator cuff tears, neurological issues like Spinal cord injuries, Stroke, Parkinson's disease and paediatric problems like Cerebral Palsy, developmental delays for suggesting appropriate physical therapy.
- ❖ Assessing patient's rehabilitative needs, jointly developing patient plan of care and treatment goals and conducting physical therapy programs for medically complex patients (Children through geriatric).
- ❖ Develop a full rehabilitation program – exercise programs involving strengthening, stretching, breathing and relaxation-to ensure recovery in the shortest possible time frame.
- ❖ Direct and aid patient in active and passive exercises, muscle reeducation, and gait and functional training, utilizing pulleys and weights, steps, and inclined surfaces.
- ❖ Perform administrative duties including : documentation of patient visits, daily, monthly and yearly statistics; short-and long-term goals of department ; equipment maintenance, repair and new purchases; coordination with pharmacy for resale purchases.
- ❖ Adapt conventional physical therapy techniques to meet the needs of patients unable to comprehend verbal commands or voluntarily carry out a regime of therapeutic exercises; educate parents and family members.
- ❖ Capable of reviewing patient's medical history and referral note from other medical practitioner to understand health problems, and suggesting appropriate physiotherapy regime to facilitate movement for daily activities.

DECLARATION

I hereby declare that the details furnished above are true to the best of my knowledge.

JOBIMON VARGHESE