




## CONTACT



 **ABITTA TOM**

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## OBJECTIVE

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I seek challenging opportunities where I can fully use my skills to maintain the health of the country.

## EDUCATION

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*2016-2021*

**Rajive Gandhi University of health sciences**

Bachelor of physiotherapy

First class

*2014-2016*

**S.H.E.M.H.S.S Moolamattom.**

Higher secondary school

First class

## SKILLS

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Dry needling

Tapping

Manual therapy

Yoga

Counselling

## ACHIEVEMENTS & AWARDS

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Participated in the national level conference on NEUROTRAUMA AND REHABILITATION held on 2019 at Srinivas auditorium,Mangalore

Attended the Evidence Based Symposium on ESSENTIALS IN CRITICAL CARE on December 2019

Attended 58th annual conference of THE INDIAN ASSOCIATION OF PHYSIOTHERAPISTS at Chennai on March 6th to 8th 2020

Undergone training on MECHANICAL,RADIOLOGICAL DIFFERENTIAL DIAGNOSIS & ITS DRY NEEDLING & MYOKINETIC THERAPY IN MUSCULOSKELETAL DISORDERS from 6th to 28th September 2021.

## LANGUAGE

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English

Malayalam

Hindi

Kannada

Tamil

## EXPERIENCE

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*April 2021 -*

### **Srinivas medical college**

Physiotherapist

Icu management

Chest pt

Orthopedic rehabilitation

Neuro rehabilitation

Cardiocare

Obstetrics

## PROJECTS

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### **Maitland mobilization in adhesive capsulitis of shoulder.**

Effectiveness of Maitland mobilization in shoulder adhesive capsulitis.