



Anjana P

Pulparambil House Karanthur Post Kozhikode District Kerala India - 673571
+91 9562290429 | mohananjana7@gmail.com

Profile Summary

Licensed Physical therapist at India with well-versed in a broad range of programming, treatments, modalities for restoring function and migrating disability. Expertise in treating pediatric, adolescent, adult, and geriatric patients. Collaborative team player with superior work ethic and interpersonal abilities.

Professional Experience

- **Wellphy pain & sports clinic** 15.01.2021 - Present
Junior physiotherapist
 - Performed initial assessment of injured players.
 - Developed sports physical treatment program to meet player's needs.
 - Educated patients about injury management and prevention procedures.
 - Recommended changes to therapy programs based on recent research findings.
 - Informed patients about specialized care to be taken at home to prevent further injury.

Highlights

- - -Organized and detail oriented
 - -Gentle and skilled with therapy procedures.
 - -Hands on pain management & soft tissue mobilization
 - - Area of interest: Ortho, Neuro, Pediatrics, Women's health & Cardio
 - -Case management expert.

Key Skills Core Competencies & Strength

- Experienced in using various rehabilitation techniques and equipments. -Experienced in various manual therapy techniques to reduce pain and improve function. -An effective communicator with excellent interpersonal & relationship building skills. -Excellent leadership quality and ready to work as a part of multidisciplinary rehabilitation team. -Willing and eager to perform. -Hard working and determined

Education Profile

- **KTG College of physiotherapy (Rajiv Gandhi University)** 2015-2020
Bachelor of Physiotherapy
- **Rahmaniya Higher secondary school** 2013-2015
Higher secondary school

Training And Intership

- **DURING COURSE OF UG**

- K T G COLLEGE OF PHYSIOTHERAPY
Hegganahalli cross, Bangalore.
-RAVI KIRLOSKAR MEMORIAL HOSPITAL
Peenya, Bangalore.

CLINICAL TRAINING. - Supervised Clinical Training

Worked 540 hours - Clinically trained to provide physiotherapy care for the patient. - Trained on bedside approach, patient assessment, performing special tests, identifying indications for treatment, ruling out contraindications, decision on treatment parameters, dosage and use relevant outcome measures under supervision.

• **PHYSIOTHERAPY INTERN AT,** January - July 2020

- Baby Memorial Hospital, Kozhikode, Kerala.
 - ESIC Medical College, Bangalore, Karnataka.
- Worked 1302 hours (182 days)

Departments

- Cardiopulmonary department and ICCU, CTVS –ICU
- Inpatient Orthopedics
- Outpatient musculoskeletal and Sports
- Obstetrics and Gynecology
- Pediatric Physiotherapy and PICU, NICU
- Neurology and Neurosurgery and SICU,NSICU
- Rehabilitation - Earned independent evaluation, goal setting and plan of intervention and management skills

Certification

- Attended a conference of 2 days, organized by the "South Canara Physiotherapy Teachers Association" held on 17th & 18th January 2018, "MANGALORE PHYSIOCON 2018" at Town hall, Mangalore, Karnataka.

Voluntary Organization Programmes

- -Participated 3 days walkathon program as a Physiotherapy Volunteer at "OXFAM TRAIL WALKER INDIA 2017-18" from 2nd to 4th January 2018.
- -Participated 3 days walkathon program as a Physiotherapy volunteer at "OXFAM TRAIL WALKER INDIA 2018-19" from 18th to 20th January 2019
- -Participated 1 day marathon program as a Physiotherapy volunteer at "SPORTS KERALA MARATHON -2020 " on 8th March 2020.

Computer Knowledge

- MS Word, MS PowerPoint Presentation, MS Excel Worksheet, Social Media.

Language

- English, Malayalam, Kannada , Hindi

Reference

- **Arun Ratanakaran - "Wellphy pain & sports clinic Calicut, Kerala"**
HOD of physiotherapy department
arunratnakaran@gmail.com
+918089253351
- **Anuradha P - "Baby Memorial Hospital Calicut, Kerala"**
Lead physiotherapist & assist manager
+91 9495311555
- **Dr. Vikranth GR - "KTG College of physiotherapy Bangalore, Karnataka"**
HOD of physiotherapy
+91 9986015226

Declaration

- I hereby declare that the above informations furnished are true to best of my knowledge and belief, I promise that I would be sincere and work hard for the betterment of the organisation.

Calicut.