

# Chelsa Joseph

Clinical Dietitian

A self motivated and diligent professional with 4+ years of clinical dietitian experience.

## EXPERIENCE

### **Aster MIMS, Kozhikode** — *Clinical dietitian*

August 2017 - PRESENT

Possess expert knowledge of nutritional needs for high-risk patients in outpatient and inpatient settings.

Screened, assessed, and developed proper nutrition care plans for inpatients based on their individual needs.

Provide enteral nutrition education for patients and patient caregivers.

Coordinate patient care with physicians and other specialists.

Monitored, evaluated and modified nutrition therapy through nutrition assessments and follow-ups.

Provided nutrition consultation to inpatients and outpatients.

Participated as a vital member of the multidisciplinary health care team to provide optimal nutrition care for patients, including those on enteral and parenteral nutrition.

Consulted with medical teams to assess and advise medical nutrition therapy for acute and chronic disease management.

Collaborated with nurses, social workers, and pharmacists to provide optimal interdisciplinary care.

Collect and input data for research as well as patient care.

## EDUCATION

### **Alphonsa College, Pala** — *Msc. Clinical Nutrition and Dietetics*

2012 - 2015

### **Alphonsa College, Pala** — *Bsc. Clinical Nutrition and Dietetics*

2015 - 2017

## INTERNSHIP

### **Bangalore Baptist Hospital, Bengaluru** — *Clinical dietitian intern*

January 2017 - July 2017

## ACHIEVEMENTS

Ranked 3rd in the final year University exam conducted by MG University in 2017.

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Kaliyar P.O  
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## AREAS OF EXPERTISE

Critical Care  
Epilepsy Clinic  
Cardiology  
Gynecology and Paediatrics  
Nephrology  
Transplant Unit  
Oncology  
Obesity clinic  
Endocrinology

## SKILLS

Knowledge in Nutrition Care Process (NCP)

Knowledge and experience in both Enteral and Parenteral nutrition

MS Office (Word, Excel, Powerpoint)

## REFERENCES

1. Mrs. Sherin Varghese (RD)  
Chief Dietitian  
Aster MIMS Hospital, Calicut  
Ph.no: 9745019393
2. Mrs. Swapna George  
H.O.D, Department of Clinical Nutrition and Dietetics  
Alphonsa College, Pala  
Ph.no: 9495336884