



NEFCY NAVAS

PROFILE SUMMARY

Disciplined and confident Pharm-D Graduate, who has extensive knowledge of how to successfully assess the medical needs of patients and then develop and implement suitable treatment plans for them.



nefcy.navas@gmail.com



+91-9061727419

CAREER OBJECTIVE

Intend to build a career with a leading medical organization where I can show my potential as well as my skill, so as to achieve organization's goal along with my personal and professional success.

EDUCATIONAL QUALIFICATIONS

COURSE	UNIVERSITY/BOARD	INSTITUTION	PERIOD	%MARKS
PHARM-D (DOCTOR OF PHARMACY)	KERALA UNIVERSITY OF HEALTH SCIENCES (KUHS)	EZHUTHACHAN COLLEGE OF PHARMACEUTICAL SCIENCES, MARAYAMUTTAM,TVM	2015- 2021	76.00% [DISTINCTION]
12 th	CENTRAL BOARD OF SECONDARY EDUCATION (CBSE)	SREE SABARI CENTRAL SCHOOL ,NOORANAD ,ALAPPUZHA DIST, KERALA	2014- 2015	83.00%
10 th	CENTRAL BOARD OF SECONDARY EDUCATION(CBSE)	SREE SABARI CENTRAL SCHOOL , NOORANAD, ALAPPUZHA DIST,KERALA	2012- 2013	88.00%

PROFESSIONAL EXPERIENCE

- ❖ Internship (3-8-2020 to 2-8-2021)
 - 3 months in Pediatrics and General surgery department Lourdes Hospital, Kochi
 - 9 months in General Medicine, Gynecology, Generalsurgery department at NIMS Medicity, Trivandrum.

Involved in the following clinical pharmacist activities:

- ❖ Ward round participation and treatment chart review
- ❖ Medication reconciliation
- ❖ Counselling patients on their medicines and monitoring medication errors
- ❖ Provided information for drug queries
- ❖ Attended medical camps

- ❖ Conducted community program for patient education

ACADEMIC PROJECTS

- ❖ Medication reconciliation as a strategy for preventing medication discrepancies in a tertiary care teaching hospital in south Kerala: A cross –sectional observational study

PROFESSIONAL SKILLS

- ❖ Developed clinical pharmacy skills including understanding the medical notes & Pharmacotherapeutic plan and monitoring patient therapy
- ❖ Prescription screening for drug interactions and adverse drug effects
- ❖ Providing patient counseling to hospitalized patients
- ❖ Designing of Case Report Forms (CRFs).
- ❖ Maintaining a good rapport with other health care professionals
- ❖ Pharmacotherapeutics
- ❖ Clinical Pharmacy
- ❖ Pharmacovigilance
- ❖ Pharmacoeconomic

PAPER PUBLICATIONS

- ❖ Nefcy Navas*, Radhika Nair* ,Rajalekshmi K*, Joanna Joy* Shaiju S Dharan, Medication reconciliation as a strategy for preventing medication discrepancies in a tertiary care teaching hospital in south Kerala :A crosssectional observational study, International Journal Of Medical Sciences And Innovative Reaserch,Volume–6,Issue–4,July–2021,PageNo.:123-134
- ❖ Nefcy Navas*, Shaiju S. Dharan, A Review on Acute onset still diseases, World Journal of Pharmaceutical Reasearch, May - June 2021, Vol-10, Issue 8, Page no.619 - 628.
- ❖ Nefcy Navas*, Shaiju S. Dharan, Covid19 – The complication even after recovery, World Journal of Pharmaceutical Research, feb 2021, Vol-10,Issue 3,Page no. 2227 - 2237.
- ❖ Nefcy Navas*Dhanya Dharman, Deepa Manohar, Shaiju S Dharan, Rukzana Bizar, Ashima Basher. Effect of Clindamycin in acne among college students, 2019 Int.J.Res.Hos &Clin. Parm ,1 (4),101 - 103

LANGUAGES

English, Malayalam, Tamil,

PERSONAL DETAILS

Name : Nefcy Navas
Permanent address :Nefcy Manzil,
Athikattukulangara p.o
Nooranad,Alappuzha dist.,
Kerala,pin :690504
Date of birth :31-05-1997
Gender : Female
Marital status :Single
Father's name :Navas S
Nationality : Indian

REFERENCES

❖ Dr.SHAIJU S DHARAN
Principal, HOD, Department Of Pharmacy practice
Ezhuthachan College Of Pharmaceutical Sciences,Thiruvananthapuram
Ph:+91 9446169443

DECLARATION

I here by declare that the information stated in this resume is true to the best of my knowledge and belief. If selected I will endeavor my best to prove worthy your selection.

PLACE: ALAPPUZHA

NEFCY NAVAS