

AKHILA M. M

Kottarathil Parambu
Near Little Flower School
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**CAREER OBJECTIVE**

To work in the profession of nursing in any kind of environment with endurance regardless of all hurdles that comes my way. I would like to have success in my way through being professional and good working.

EDUCATIONAL QUALIFICATION

QUALIFICATIONS	BOARD	INSTITUTION	% OF MARKS
SSLC	Kerala State Board	Govt. Vocational Higher Secondary School, Irimpanam, Ernakulam, Kerala	53 %
Plus 2	VHSE	Govt. Vocational Higher Secondary School, Chottanikkara, Ernakulam, Kerala	54 %

PROFESSIONAL QUALIFICATION

QUALIFICATION	INSTITUTION	NAME OF UNIVERSITY	YEAR	% OF MARKS
Diploma in General Nursing & Midwife	A.P.Varkey Mission School of Nursing, Arakkunnam, Ernakulam	Kerala Nurses & Midwifery Council	2008-2012	73.25 %

REGISTRATION HISTORY

REGISTRATION	REGISTRATION AUTHORITY	REGISTRATION NUMBER	YEAR
Diploma in General Nursing & Midwife	Kerala Nurses & Midwifery Council	79401	10-05-2012

PROFESSIONAL ATTAINMENTS

QUALIFICATIONS	INSTITUTION	YEAR OF PASSING	% SCORED
Diploma GNM 1 st Year	A.P.Varkey Mission School of Nursing, Arakkunnam, Ernakulam, Kerala	2008-2009	71 %
Diploma GNM 2 nd Year		2009-2010	74 %
Diploma GNM 3 rd Year		2010-2011	77 %
Diploma GNM 4 th Year		2011-2012	71 %

WORK HISTORY

DATE OF EMPLOYMENT	POSITION	EMPLOYER	DEPARTMENT
16-10-2016 to 15-10-2019	Staff Nurse	Care National Hospital, Saudi Arabia.	General OT
02-05-2014 to 31-08-2016	Staff Nurse	Medical Trust Hospital, Ernakulam	OT (Plastic, Dental, Ophthal)
03-10-2012 to 03-10-2013	Staff Nurse	Medical Trust Hospital, Ernakulam	OT (Ophthal)

DUTIES & RESPONSIBILITIES

- ✓ Worked as a full time staff nurse.
- ✓ Assess plan and implement the care based on patients' needs and evaluate the nursing care.
- ✓ Carry out admission discharge and shifting procedures of patients.
- ✓ Carry out physicians and surgeons orders.
- ✓ Use all aseptic techniques and universal precautions in ward.
- ✓ Checking of vital parameters.
- ✓ Administration of oral intravenous and intra muscular medications.
- ✓ Blood transfusion.
- ✓ Nebulization
- ✓ Oxygen administration
- ✓ Oral suctioning
- ✓ Tracheostomy care
- ✓ Catheter care.
- ✓ Wound care and dressing
- ✓ Sample collection.
- ✓ Assisting in basic cares of patients.

- ✓ Assisting in ambulation of patients.
- ✓ Taking ECG and connecting cardiac monitors.
- ✓ Care of all patients specially surgical, cardiac and renal patients.
- ✓ Care of unconscious and bed ridden patients.
- ✓ Palliative care
- ✓ Maintaining feeding and intake output chart
- ✓ Close observation of drainage and vital signs
- ✓ Provide comprehensive care to geriatric patients
- ✓ Health education to relatives about the care of patient at home.
- ✓ Assist physician during emergency procedures
- ✓ Insertion of:
 - Intravascular lines, Ryles tube, Naso gastric tube, Urinary catheter.
- ✓ Assist surgeon during minor procedures such as:
 - Arterial Line Insertion, I A B P Insertion, I &D Insertion, Central Line Insertion, Tracheostomy, Lumbar Puncture, Paracentesis, Organ Biopsy, Intubation, Resuscitative procedures.

MEDICAL EQUIPMENTS HANDLED

- ✓ Ventilators
- ✓ Monitors
- ✓ Microscope
- ✓ Vascular Clamp
- ✓ Infusion Pump
- ✓ Syringe Pump
- ✓ Pulse Oxymeter
- ✓ Nebulizer
- ✓ Glucometer
- ✓ Sphygmomanometer
- ✓ Lipo Suction Machine
- ✓ Laryngoscopes
- ✓ Ambubags
- ✓ Autosopes
- ✓ Suction Apparatus
- ✓ ABG Machine

REFERENCES

1. Dr. Rose V. Pulikkal MS, DOMS, FICO, SRTF
 Consultant Ophthalmologist
 Medical Trust Hospital
 Ernakulam-682016
 Ph: 0484-2358001

2. Dr. Bhaskara K.G MS, Mch, DNB
 Consultant Plastic Surgeon
 Medical Trust Hospital
 Ernakulam-682016
 Ph: 0484-2358001

3. Capt. Icy Joseph
 Nursing Superintendent
 Medical Trust Hospital
 Ernakulam-682016
 Ph: 0484-2358001

4. Mrs. Leny T. Fortaleza, RN, MBA, CPHQ, FAIHQ
 Director of Nursing
 Care National Hospital
 Riyadh, K.S.A

PERSONAL PROFILE

Date of Birth : 26-05-1986
Gender : Female
Marital Status : Married
Spouse Name : **SAJESH K. S**
Religion : Hindu
Nationality : Indian
Languages Known : English, Hindi & Malayalam.

PASSPORT DETAILS

Passport Number : **M 8922601**
Date of Issue : 29-04-2015
Date of Expiry : 28-04-2025
Place of Issue : Cochin

DECLARATION

I hereby declare that the above given details are true to the best of my knowledge. If my profile matches your requirements, kindly give me an opportunity to serve in your institution

AKHILA M. M