



# AYANA A S

## PHYSIOTHERAPIST

A highly motivated, confident individual with exceptional multi-tasking and organisational skills. Able to communicate effectively and sensitively with patients and carers to maximise the rehabilitation of patients and to ensure understanding of often complex clinical issues impacting on recovery. Ready and qualified for the next stage in a successful career and looking forward to making a significant contribution as a physiotherapist.

### PERSONAL DETAILS

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Address: Aruvathottil (H)  
Kumaranellur P O  
Wadakkanchery  
Thrissur, kerala

**Languages Known:** English,  
Malayalam, Tamil, kannada

### PERSONAL SKILLS

- \*Professional mannerisms
- \* Patient Handling
- \*Physical Evaluation
- \* Language skills

### ACADEMIC QUALIFICATIONS

**Bachelor of Physiotherapy 2016 - 2021**

Karavali college of  
physiotherapy, Mangalore,  
karnataka

**Higher secondary Education**

Govt.model Boys higher secondary  
school, Thrissur , kerala

**Secondary School Education**

Sarvodayam vocational higher  
secondary school, Thrissur, kerala

### WORK EXPERIENCE

Internship : Government wenlok Hospital, Mangalore, karnataka

- \* Department of orthopaedics
- \* Department of cardiology
- \* Department of pediatrics
- \* Department of surgery
- \* Department of Neurology
- \* Department of covid Rehab
- \* Department of Burns

### KEY SKILLS AND COMPETENCIES

- Able to manage escalations, issues and risks.
- Experience of dealing with emotional and stressful situations.
- Can motivate others through effective communication skills.
- Able to deal with hostility in the form of verbal and physical aggression
- Ability to work independently in busy environment.
- Highly developed dexterity, co-ordination and palpation skills for assessment

### CONTINUOUS PROFESSIONAL DEVELOPMENT

- \*MANGALORE PHYSIOCON 2017( YENEPLOYA UNIVERSITY)
- \*IAP CONFERENCE 2018 ( TOWNHALL MANGALORE)
- \*NATIONAL PHYSIOTHERAPY CONFERENCE 2019 ( AJ COLLEGE )