

# CURRICULUM VITAE



**ANU . S**

PUTHANTHARAYIL  
HOUSE, VALIYAPADAM  
VILANTHARA P O  
PIN:690521  
KOLLAM-KERALA-INDIA  
Mob: +918547338425  
*E-mail: anus37474@gmail.com*

## ***Objective***

- Seeking a growth oriented and challenging carrier in nursing and patientcare in well reputed hospital where I can increase my knowledge and skills for the best of my patients.

## ***Personal Details***

Fathers Name	SASI T
Gender.	FEMALE
Date of Birth	31/08/1997
Nationality	INDIAN
Marital Status	SINGLE
Religion	HINDU
Phone no.	8547338425

## ➤ EDUCATIONAL BACKGROUND

### *Academic Qualification*

Qualification	Name of institution	Name of Board	Year of passing	Percentage of marks
SSLC	M S G H S MYNAGAPPA LLY	Government of Kerala, General Education Department	2013	93%
PLUS TWO	G.H.S.S WEST KALLADA	Board of HSE KERALA	2015	80%

### *Professional Qualification*

Qualification	Name of Institution	Name of University	Year of Passing	GRADE
B.Sc Nursing	LAXMI MEGHAN COLLEGE OF NURSING KANHAGAD KASARGOD	Kerala University of Health Sciences (KUHS)	2019	FIRST CLASS

### *Work Experience*

- ❖ Worked as a Staff Nurse in Medical ICU at Medline Hospital ,Kannur(Kerala)  
From 01/12/2019 To 31/05/2020.
- ❖ Worked as a Staff Nurse at Covid Second Line Treatment Centre(CSLTC) ,  
Kalikavu Extension Of Medical College Under National Health Mission (NHM)  
From 13<sup>th</sup> June 2020 To 23<sup>rd</sup> March 2021.
- ❖ Working as a Staff Nurse in Krishna Hospital, Ernakulam

### *Field of interest*

- ❖ Emergency Department
- ❖ Medical ICU
- ❖ Surgical ICU
- ❖ CCU
- ❖ Operation Theater
- ❖ Dialysis
- ❖ NICU & PICU

### *Clinical Experience*

As part of B.Sc Nursing curriculum, I have trained in the following institution,

- GOVT DISTRICT HOSPITAL KANHANGAD.

(Medical Surgical, Advanced Medical Surgical Nursing, Obstetrics and Gynecological Nursing, Child Health Nursing and Nursing administration.)

- GOVT MEDICAL COLLEGE PARIYARAM KANNUR (Medical Surgical, Advanced Medical Surgical Nursing, Obstetrics and Gynecological Nursing, Child Health Nursing and Nursing administration.)
- GOVT SAHAKARANA HRUDAYALAYA HIGHTECH CARDIAC&CARDIOTHORACIC HOSPITAL ,PARIYARAM
- Community Health Centre PULLUR(communitary Health Nursing Specialty Posting.)
- Community Health Centre PUNJAVI(communitary Health Nursing Specialty Posting.)
  
- NALAPPADU MENTAL & REHABILITATION CENTRE,KASARGOD ( Mental health nursing specialty posting )
- Community Health Centre,Pullur (communitary Health Nursing Specialty Posting.)

### ***Equipments Exposed***

- ✓ Cardiac monitors
- ✓ Syringe pumps, infusion pumps
- ✓ Suction apparatus, nebulizers, centralized oxygen and
- ✓ ECG machine
- ✓ Defibrillators
- ✓ Phototherapy machines
- ✓ Ventilator
- ✓ BP apparatus
- ✓ Ambu bag with mask
- ✓ Pulse oximeter
- ✓ Glucometer
- ✓ Cardiotochography
- ✓ Doppler
- ✓ Radiant Warmer

### ***Details Of Cases Exposed***

- ✓ Cardiology cases: coronary artery disease ,angiogram, angioplasty, CABG, Congestive Heart failure, Angina
- ✓ General surgery cases: mastectomy, laprotomy, appendicectomy, cholecystectomy, hernioplasty, hernia Repair,

colostomy,intercostal drainages, trendelenburg operation and sclerotherapy,,haemorrhoidectomy,dilatation and sphincterectomy,

- ✓ Urology cases:TURP, TURBT, URSL, ESWL, varicocelelectomy, orchidectomy, PCNL.
- ✓ Neurosurgery cases: craniotomy,burr hole operation,laminectomy ACD fixation.
- ✓ Obstetrics and Gynecology surgery : LSCS,abdominal and vaginal hysterectomy,laposcopic cystectomy,normal labour, ventouse Delivery, Forceps Delivery, perineal tear repair, episiotomy suturing, dilatation & curettage
- ✓ Dental and ENT surgery: nasal bone reduction,tonsillectomy,open nasal fracture repair,septoplasty, tracheostomy
- ✓ Orthopedic surgeries.
- ✓ Pediatric surgery
- ✓ Micro vascular surgeries.
- ✓ Ophthalmology cases
- ✓ Medical cases

### ***Special Skills***

Ability to perform

- Need based basic cares.
- IV cannulation
- Medication administration via enteral and parenteral routes.
- Cardio pulmonary resuscitation.
- N.G tube insertion assisted
- Urinary catheter insertion assisted
- Administering protocol based emergency care.
- Mental status examination
- Newborn and paediatric assessments

### ***Seminar Attended And Health Programmes Conducted***

- National AIDS day awareness programme , District Hospital,KANHANGAD
- World Hepatitis Day programme 2018 at GOVT PARIYARAM MEDICAL COLLEGE

- Pulse Polio Immunization Programme, District Hospital KANHANGAD, PHC PULLUR
- Breast feeding Awareness programme at GOVT DISTRICT HOSPITAL KANHANGAD
- School Health programme at GUPS,PUNJAVI.
- Palliative care day programme in District Hospital KANHANGAD
- Nurses day programme 2017 at KASARGOD

### ***Research Done***

- ◆ A study to assess the stress&coping mechanism among first year BSC.nursing students of LAXMI MEGHAN COLLEGE OF NURSING

### ***Reference***

**Mrs. RENUKA RENGASWAMI**

Principal,

LAXMI MEGHAN College of Nursing, Kanhangad

PH : 0467-2204940 laxmim Meghan@yahoo.com

**Mr. Dr Hareesh K**

Vice Principal

LAXMI MEGHAN College of Nursing, Kanhangad

PH : 0467-2204940 laxmim Meghan@yahoo.com

### ***Declaration***

I do here certify that the above information is correct and true to the best of my knowledge.

**ANU.  
S**

Place: KOLLAM

Date: 18/02/2021



0075579



ANU S  
31.08.1997

**KERALA UNIVERSITY OF HEALTH SCIENCES**  
THRISSUR, KERALA 680596

## **Faculty Of Nursing**

*The Governing Council,  
Kerala University Of Health Sciences,  
Hereby Makes It Known That*

**ANU.S**

*Has Been Admitted To The Degree Of*  
**BACHELOR OF SCIENCE IN NURSING**

*The / He Having Been Certified By Duly Appointed  
Examiners To Have Qualified To Receive The Same At  
The Examination Held In September, 2019*

**WITH FIRST CLASS**

GIVEN UNDER THE SEAL OF THE UNIVERSITY

**VICE CHANCELLOR**

REG.NO: 150062346

DATE: 25-04-2020







KL03202003450

# Kerala Nurses And Midwives Council



## REGISTRATION CERTIFICATE



This is to certify that

**ANU S**

having undergone a programme at

*Laxmi Meghan College of Nursing, Kanhangad, Kasaragod*

from *October 2015 to October 2019*

has passed the examination for B.Sc. Nursing conducted by the

*Kerala University of Health Sciences, Thrissur*

in *September 2019* and is permitted to practice as a Nurse and Midwife under the provisions of the Nurses and Midwives Act, 1953.

The number assigned to her in the Register is **KL03202003450**

dated **20th January 2020** valid upto **19th January 2025**.

Digitally signed by  
DR SALEENA SHAH  
Date: 22.01.2020 17:44:01 IST

Registrar

Kerala Nurses and Midwives Council

DR. SALEENA SHAH  
REGISTRAR

Kerala Nurses and Midwives Council  
Red Cross Road  
Thiruvananthapuram-695033

0234198



0097100



**KERALA UNIVERSITY OF HEALTH SCIENCES**  
THRISSUR - 680596, INDIA

*Provisional Degree Certificate*

.....**ANU.S**.....

has passed .....**B.Sc Nursing Degree**.....

Examinations held in ...**September 2019**.....

with Register Number ...**150062346**... He/She is eligible for the award

of the Degree of..... **Bachelor of Science in Nursing**.....

with.....**First Class**.

Validity: Up to the next convocation.

Date: 25-11-2019



  
Controller of Examinations



HR/MH-PS/550/19

31/05/2020

**TO WHOMSOEVER IT MAY CONCERN**

This is to certify that **Ms. Anu s** has worked as a Staff Nurse from 01/12/2019 to 31/05/2020 in Medical ICU of our Hospital.

**Mediline Hospital** is a multi super specialty hospital with most modern facilities and equipments, managed by highly qualified professionals possessing state of the art technology that meets international standards. Our hospital houses more than thirty five specialty and super specialty departments, around ten advanced operation theaters including Hybrid OTs for cardiothoracic surgeries, multiple Cath -Labs, 24 hour Accident and emergency care unit, most modern radiological equipments, 24 hour pharmacies and clinical laboratories.

During the tenure with us, she was generous, hardworking, co-operative and efficient in her work. She is having a pleasing character.

We wish all the success in her career.



*Jinsha*

Mrs. JINSHA SURESH  
HRD MANAGER



# COMMUNITY HEALTH CENTRE

## KALIKAVU

P.O. KALIKAVU, MALAPPURAM DIST. PIN: 676525  
PHONE: 04931 258797 E-MAIL:PHCKKV@GMAIL.COM

### TO WHOM SO EVER IT MAY CONCERN

This is to certify that Ms/Mrs. ANU S has worked as Staff Nurse at Covid Second Line Treatment Centre (CSLTC) Kalikavu, extension of Govt. Medical College Manjeri under National Health Mission which has bed strength of 125. She has worked here from **13..JUNE...2020..** to **23..MARCH..2021.**

She has been able to stabilize patients, support medical tests for evaluation, create treatment plans. She has been assisting the test (Rapid antigen test and RT PCR)for patients with COVID-19, assisting patients with COVID-19 to in-patient wards and providing care for mild to severe patients with COVID-19 in hospital and working with the team to care for the critically ill patients.

She is efficient, well motivated, duty bound and having very good clinical skills. She is able to meet emergencies, accept responsibility for her assignment and is reliable. She has an attitude to learn things, interact cordially with her colleagues and consultants. Her approach towards patients is very pleasant.

She bears a good moral character and conduct.

DATE: 23/03/2021

PLACE: Kalikavu



MEDICAL OFFICER

CHC KALIKAVU

*Dr. B. S. S. S. S. S.*  
676 525





# KRISHNA HOSPITAL

www.krishnahospital.in

CHITTOOR / M. G. ROAD  
ERNAKULAM  
COCHIN - 682 011



Phone: { 2368230  
2368240  
2368250  
4095888  
Mob : 9446243456  
Fax : 2355613

25/5/2021

## TO WHOMSOEVER IT MAY CONCERN

This is to certify that Ms Anu S is working as Staff in Covid Isolation ward from 17/4/2021.

Krishna Hospital is a NABH Pre-accredited Multi specialty Hospital with a state of the art specialities located at the heart of the city. A team of highly qualified and proficient medical professional renders health care here. We have General surgery, Gen. Medicine, Orthopaedics, ENT, Cardiology, Urology, Paediatrics, Gynaecology, Psychiatry and Plastic Surgery departments in our hospital.

Anu S is methodical and observant in her approach to the patients and can handle work pressure. she is found to be sincere, hardworking, and dedicated. Her character and conduct are found to be good.

Dr A S Ramaswamy  
Managing Partner



Dr. A. S. RAMASWAMY  
Krishna Hospital, Ernakulam

Partner







AIFAJA1 5A63A1A 5258531



**GOVERNMENT OF KERALA**  
**BOARD OF HIGHER SECONDARY EXAMINATION**  
**THIRUVANANTHAPURAM**

No. HSE 2/2015/046864

## CERTIFICATE

Register Number	<b>2044410</b>
-----------------	----------------

This is to certify that Mr /Ms ANU. S appeared for the HIGHER SECONDARY EXAMINATION  
 ( SCIENCE GROUP) held in MARCH 2015 He/She is ELIGIBLE for higher studies.

The Scores and Grades obtained by the Candidate are shown below:

No. of Chances : **1**

SUBJECTS	FIRST YEAR			SECOND YEAR				GRAND TOTAL				Grade Obtained	Grade in Words
	CE	TE	Total	CE	PE	TE	Total	CE	PE	TE	Total		
PART I ENGLISH	19	47	66	20	--	60	80	39	--	107	146	B+	B plus
PART II HINDI	20	72	92	20	--	80	100	40	--	152	192	A+	A plus
PART III (Optionals) PHYSICS	18	31	49	20	40	22	82	38	40	53	131	B	B only
CHEMISTRY	18	20	38	20	38	28	86	38	38	48	124	B	B only
BIOLOGY	18	23	41	20	40	40	100	38	40	63	141	B+	B plus
MATHEMATICS	19	33	52	20	--	49	69	39	--	82	121	B	B only

Eligibility for Higher Studies : D+ Grade or above for all subjects. \* Scores obtained in the previous examination(s).

GRACE MARKS AWARDED



School seal

*[Signature]*  
 Signature of the Principal  
 with name seal

Date of publication of result **21-05-2015**

*[Signature]*  
**SECRETARY**

Board of Higher Secondary Examination,  
 Government of Kerala



No. N 293486



3F1F146J613JJ29391752

GOVERNMENT OF KERALA  
GENERAL EDUCATION DEPARTMENT  
SECONDARY SCHOOL LEAVING CERTIFICATE

Register Number: 151469 Month & Year: MARCH 2013 No. of Chances : 1

This is to certify that the candidate herein has appeared for the SSLC Examination and secured the following grades

1. Name of Candidate : ANU. S  
2. Name in Regional Language : അനു . എസ്  
3. Name of School  
Milade - Sheriff H S for Girls Mynagappally  
4. Admission No. : 6153  
5. Date of Birth (in figures) : 31/08/1997  
(in words) : THIRTY FIRST AUGUST NINETEEN NINETY SEVEN  
6. Sex : FEMALE  
7. Religion & Caste : HINDU, PULAYA  
8. Whether SC/ST/OEC/OBC/GL : SC  
9. Nationality : INDIAN  
10. Name of Mother : SHYLAJA .R. N  
11. Name of Father : SASI  
12. Name of Guardian : SASI  
13. Home Address : PUTHAN THARAYIL, VALIYAPADOM  
VILANTHARA P O, PIN: 690521, KOLLAM

Subject	Grade	Grade in words
First Language Paper - I ( MALAYALAM)	A+	A Plus
First Language Paper - II ( MALAYALAM)	A+	A Plus
English	A	A Only
Hindi	A	A Only
Social Science	B	B Only
Physics	A	A Only
Chemistry	B+	B Plus
Biology	B	B Only
Mathematics	B	B Only
Information Technology	A+	A Plus

RANGE OF GRADES

A+ 90% and above: Outstanding	B 60% - 69% : Good	D+ 30% - 39% : Marginal
A 80% - 89% : Excellent	C+ 50% - 59% : Above Average	D 20% - 29% : Need Improvement
B+ 70% - 79% : Very Good	C 40% - 49% : Average	E Below 20% : Need Improvement

Eligibility for higher studies - Minimum D+ grade for each paper

ELIGIBLE FOR HIGHER STUDIES

14. Identification Marks  
1. MOLE ON THE LEFT EYEBROW  
2. MOLE BELOW THE RIGHT EYE

*Johns V. John*

Name & Signature of the Head of School



Date of Publication of Result :

24/04/2013

JOHNS V. JOHN

SECRETARY

Board of Public Examinations, Kerala

(School Seal)