CURRICULUM VITAE



ANU.S

PUTHANTHARAYIL HOUSE, VALIYAPADAM VILANTHARA P O PIN:690521

KOLLAM-KERALA-INDIA

Mob: +918547338425

E-mail: anus37474@gmail.com

Objective

• Seeking a growth oriented and challenging carrier in nursing and patientcare in well reputed hospital where I can increase my knowledge and skills for the best of my patients.

Personal Details

| Fathers Name | SASI T |
|----------------|------------|
| Gender. | FEMALE |
| Date of Birth | 31/08/1997 |
| Nationality | INDIAN |
| Marital Status | SINGLE |
| Religion | HINDU |
| Phone no. | 8547338425 |

> EDUCATIONAL BACKGROUND

| Academic Qualification | | | | | | | | | | |
|------------------------|-------------------------------|--|-----------------|---------------------|--|--|--|--|--|--|
| Qualification | Name of institution | Name of Board | Year of passing | Percentage of marks | | | | | | |
| SSLC | M S G H S MYNAGAPPA LLY | Government of Kerala,General Education Department | 2013 | 93% | | | | | | |
| PLUS TWO | G.H.S.S WEST KALLADA | Board of HSE KERALA | 2015 | 80% | | | | | | |

Professional Qualification

| Qualification | Name of Institution | Name of University | Year of Passing | GRADE |
|---------------|------------------------|---|--------------------|----------------|
| B.Sc Nursing | COLLEGE OF NURSING | Kerala University of Health Sciences (KUHS) | 2019 | FIRST CLASS |

Work Experience

- ♦ Worked as a Staff Nurse in Medical ICU at Medline Hospital ,Kannur(Kerala) From 01/12/2019 To 31/05/2020.
- ❖ Worked as a Staff Nurse at Covid Second Line Treatment Centre(CSLTC), Kalikavu Extension Of Medical College Under National Health Mission (NHM) From 13th June 2020 To 23rd March 2021.
- ❖ Working as a Staff Nurse in Krishna Hospital, Ernakulam

Field ofinterest

- Emergency Department
- Medical ICU
- Surgical ICU
- **CCU**
- Operation Theater
- Dialysis
- ❖ NICU &PICU

Clinical Experience

As part of B.ScNursing curriculum, I have trained in the following institution,

• GOVT DISTRICT HOSPITAL KANHANGAD.

(Medical Surgical, Advanced Medical Surgical Nursing, Obstetrics and Gynecological Nursing, Child Health Nursing and Nursing administration.)

- GOVT MEDICAL COLLEGE PARIYARAM KANNUR (Medical Surgical, Advanced Medical Surgical Nursing, Obstetrics and Gynecological Nursing, Child Health Nursing and Nursing administration.)
- GOVT SAHAKARANA HRUDAYALAYA HIGHTECH CARDIAC&CARDIOTHORACIC HOSPITAL ,PARIYARAM
- Community Health Centre PULLUR(community Health Nursing Specialty Posting.)
- Community Health Centre PUNJAVI(community Health Nursing Specialty Posting.)
- NALAPPADU MENTAL & REHABILITATION CENTRE, KASARGOD (Mental health nursing specialty posting)
- Community Health Centre, Pullur (community Health Nursing Specialty Posting.)

Equipments Exposured

- **✓** Cardiac monitors
- ✓ Syringe pumps, infusion pumps
- ✓ Suction apparatus, nebulizers,centralized oxygen and
- **✓** ECG machine
- **✓** Defibrillators
- **✓** Phototherapy machines
- **✓** Ventilator
- **✓** BP apparatus
- ✓ Ambu bag with mask
- **✓** Pulse oximeter
- **✓** Glucometer
- **✓** Cardiotochography
- **✓** Doppler
- **✓** Radiant Warmer

Details Of Cases Exposured

- ✓ Cardiology cases: coronary artery disease ,angiogram, angioplasty,
 CABG, Congestive Heart failure, Angina
- ✓ General surgery cases: mastectomy, laprotomy, appendicectomy, cholecystectomy, hernioplasty, herniaRepair,

- colostomy,intercostal drainges, trendelenburg operation and sclerotherapy,,haemhorroidectomy,dilatation and sphincterectomy,
- ✓ Urology cases:TURP, TURBT, URSL, ESWL, varicocelectomy, orchidectomy, PCNL.
- ✓ Neurosurgery cases: craniotomy,burr hole operation,laminectomy ACD fixation.
- ✓ Obstetrics and Gynecology surgery: LSCS,abdominal and vaginal hysterectomy,laproscopic cystectomy,normal labour, ventouse Delivery, Forceps Delivery, perineal tear repair, episiotomy suturing, dilatation & curettage
- ✓ Dental and ENT surgery: nasal bone reduction,tonsellectomy,open nasal fracture repair,septoplasty, tracheostomy
- ✓ Orthopedic surgeries.
- **✓** Pediatric surgery
- ✓ Micro vascular surgeries.
- **✓** Ophthalmology cases
- ✓ Medical cases

Special Skills

Ability to perform

- Need based basic cares.
- IV cannulation
- Medication administration via enteral and parenteral routes.
- Cardio pulmonary resuscitation.
- N.G tube insertion assisted
- Urinary catheter insertion assisted
- Administering protocol based emergency care.
- Mental status examination
- Newborn and paediatric assessments

Seminar Attended And Health Programmes Conducted

- National AIDS day awareness programme, District Hospital, KANHANGAD
- World Hepatitis Day programme 2018 at GOVT PARIYARAM

MEDICAL COLLEGE

• Pulse Polio Immunization Programme, District Hospital KANHANGAD,

PHC PULLUR

• Breast feeding Awareness programme at GOVT DISTRICT HOSPITAL

KANHANGAD

- School Health programme at GUPS,PUNJAVI.
- Palliative care day programme in District Hospital KANHANGAD
- Nurses day programme 2017 at KASARGOD

Research Done

♦ A study to asses the stress&copping mechanism among first year BSC.nursing students of LAXMI MEGHAN COLLEGE OF NURSING

Reference

Mrs. RENUKA RENGA SWAMI

Principal,

LAXMI MEGHAN College of Nursing, Kanhangad

PH: 0467-2204940 laxmimeghan@yahoo.com

Mr. Dr Hareesh K

Vice Principal

LAXMI MEGHAN College of Nursing, Kanhangad

PH: 0467-2204940 laxmimeghan@yahoo.com

Declaration

I do here certify that the above information is correct and true to the best of my knowledge.

ANU.

Place: KOLLAM Date: 18/02/2021







KERALA UNIVERSITY OF HEALTH SCIENCES

THRISSUR, KERALA 680596

Faculty Of Nursing

The Governing Council, Kerala University Of Health Sciences, Hereby Makes It Known That

ANU.S

Has Been Admitted To The Degree Of

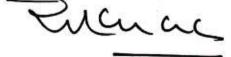
BACHELOR OF SCIENCE IN NURSING

She / He Having Been Certified By Duly Appointed Examiners To Have Qualified To Receive The Same At The Examination Held In September, 2019 WITH FIRST CLASS

GIVEN UNDER THE SEAL OF THE UNIVERSITY

REG.NO: 150062346

DATE: 25-04-2020



VICE CHANCELLOR





KL03202003450

KL03202003450

CARCANA MINISTER AND MIDWARD COLUMNS COL



REGISTRATION CERTIFICATE



This is to certify that

ANUS

having undergone a programme at

Laxmi Meghan College of Nursing, Kanhangad, Kasaragod

from October 2015 to October 2019

has passed the examination for B.Sc. Nursing conducted by the

Kerala University of Health Sciences, Thrissur

in September 2019 and is permitted to practice as a Nurse and Midwife under

the provisions of the Nurses and Midwives Act,1953.

The number assigned to her in the Register is KL03202003450

dated 20th January 2020 valid upto 19th January 2025.

Digitally signed by DR SALEENA SHAH Date: 22.01.2020 17:44:01 IST

Registrar Kerala Nurses and Midwives Council

Dr. SALEENA SHASE

... erala Nurses and Mighelines Conor I Red Cross Road

Thirtyanuothanuran-695035

0234198

0097100



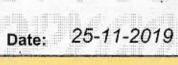


KERALA UNIVERSITY OF HEALTH SCIENCES

THRISSUR - 680596, INDIA

Provisional Degree Certificate

Validity: Up to the next convocation.





Controller of Examinations



Pazhayangadi, Payyanur Rd Kannur Dt.. Kerala, India

PIN-670334

Phone: 04985 277700 Fax: 04985 277705

HRD: +91 8156 855 245

E-mail ID: medilinehr@gmail.com

HR/MH-PS/550/19

31/05/2020

TO WHOMSOEVER IT MAY CONCERN

This is to certify that Ms.Anu s has worked as a Staff Nurse from 01/12/2019 to 31/05/2020 in Medical ICU of our Hospital.

Mediline Hospital is a multi super specialty hospital with most modern facilities and equipments, managed by highly qualified professionals possessing state of the art technology that meets international standards. Our hospital houses more than thirty five specialty and super specialty departments, around ten advanced operation theaters including Hybrid OTs for cardiothoracic surgeries, multiple Cath -Labs,24 hour Accident and emergency care unit, most modern radiological equipments,24 hour pharmacies and clinical laboratories.

During the tenure with us, she was generous, hardworking, co-operative and efficient in her work. She is having a pleasing character.

We wish all the success in her career.

MEDILINE MEDILINE * VCCOLO

Mrs. JINSHA SURESH HRD MANAGER

MEDILINE

COMMUNITY HEALTH CENTRE KALIKAVU

P.O. KALIKAVU, MALAPPURAM DIST. PIN: 676525 PHONE: 04931 258797 E-MAIL:PHCKKV@GMAIL.COM

TO WHOM SO EVER IT MAY CONCERN

She has been able to stabilize patients, support medical tests for evaluation, create treatment plans. She has been assisting the test (Rapid antigen test and RT PCR) for patients with COVID-19, assisting patients with COVID-19 to in-patient wards and providing care for mild to severe patients with COVID-19 in hospital and working with the team to care for the critically ill patients.

She is efficient, well motivated, duty bound and having very good clinical skills. She is able to meet emergencies, accept responsibility for her assignment and is reliable. She has an attitude to learn things, interact cordially with her colleagues and consultants. Her approach towards patients is very pleasant.

She bears a good moral character and conduct.

DATE: 23/03/2021

PLACE: Kalikavu

MEDICAL OFFICER CHC KALIKAVU



CHITTOOR / M. G. ROAD ERNAKULAM COCHIN - 682 011



Phone: 2368230

2368250 4095888

Mob: 9446243456 Fax: 2355613

25/5/2021

TO WHOMSOEVER IT MAY CONCERN

This is to certify that Ms Anu S is working as Staff in Covid Isolation ward from 17/4/2021.

Krishna Hospital is a NABH Pre-accredited Multi specialty Hospital with a state of the art specialities located at the heart of the city. A team of highly qualified and proficient medical professional renders health care here. We have General surgery, Gen. Medicine, Orthopaedics, ENT, Cardiology, Urology, Paediatrics, Gynaecology, Psychiatry and Plastic Surgery departments in our hospital.

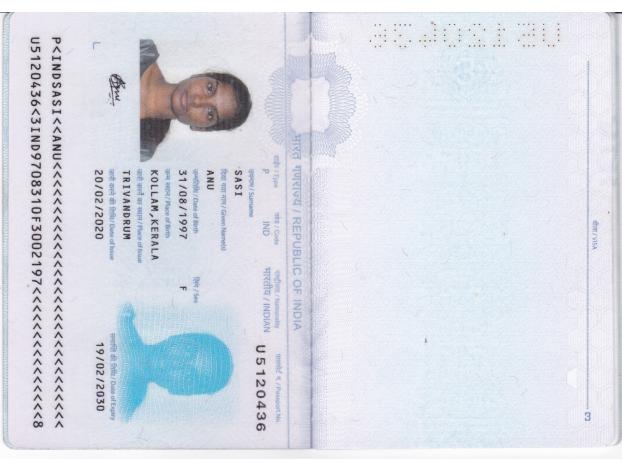
Anu S is methodical and observant in her approach to the patients and can handle work pressure. she is found to be sincere, hardworking, and dedicated. Her character and conduct are found to be good.

Dr A S Ramaswamy

Managing Partner

Dr. A. S. RAMASWAMY Krishna Hospital, Ernakulam









GOVERNMENT OF KERALA

BOARD OF HIGHER SECONDARY EXAMINATION

THIRUVANANTHAPURAM

No. HSE 2/2015/046864

CERTIFICATE

Register Number

2044410

This is to certify that Mr /Ms . ANU. S

.. appeared for the HIGHER SECONDARY EXAMINATION

SCIENCE

GROUP) held in

MARCH 2015

He/She is

ELIGIBLE

..... for higher studies.

The Scores and Grades obtained by the Candidate are shown below:

No. of Chances: 1

| SUBJECTS | FIRST YEAR | | | SECOND YEAR | | | GRAND TOTAL | | | | Grade | Grade in | |
|------------------------------|------------|----|-------|-------------|----|----|-------------|-----|----|------|-------|----------|--------|
| SUBJECTS | CE | | Total | CE | PE | TE | Total | CE | PE | TE | Total | Obtained | Words |
| PART I ENGLISH | 19 | 47 | 66 | 20 | 63 | 60 | 80 | 39 | | 107 | 146 | В+ | B plus |
| PART II HINDI | 20 | 72 | 92 | 20 | - | 80 | 100 | 40 | | 152 | 192 | A+ | A plus |
| PART III (Optionals) PHYSICS | 18 | 31 | 49 | 20 | 40 | 22 | 82 | 38 | 40 | 53 | 131 | В | B only |
| CHEMISTRY | 18 | 20 | 38 | 20 | 38 | 28 | 86 | 38" | 38 | 48 | 124 | В | B only |
| BIOLOGY | 18 | 23 | 41 | 20 | 40 | 40 | 100 | 38 | 40 | 63 - | 141 | B+ | B plus |
| MATHEMATICS | 19 | 33 | 52 | 20 | | 49 | 69 | 39 | | 82 | 121 | В | B only |

Eligibility for Higher Studies: D+ Grade or above for all subjects. * Scores obtained in the previous examination(s).

GRACE MARKS AWARDED

* KOLLAM *

Signature of the Philleipar

SECRETARY

Board of Higher Secondary Examination, Government of Kerala

Date of publication of result 21-05-2015

No. N 293486





GOVERNMENT OF KERALA GENERAL EDUCATION DEPARTMENT SECONDARY SCHOOL LEAVING CERTIFICATE

Register Number: 151469 Month & Year: MARCH 2013 No. of Chances: 1

| Subject | | Grade | Grade in words |
|-----------------------------|------------------------|------------|----------------|
| First Language Paper - 1 (| MALAYALAM) | A + | A Plus |
| First Language Paper - II (| MALAYALAM ₎ | A+ | A Plus |
| English | | A | A Only |
| Hindi | | A | A Only |
| Social Science | | В | B Only |
| Physics | | Α | A Only |
| Chemistry | | B+ | B Plus |
| Biology | | В | B Only |
| Mathematics | | В | B Only |
| Information Technology | | A+ | A Plus |

RANGE OF GRADES

| 1+ | 90% and above | e: | Outstanding | В | 60% - 69% | : Good | D+ | 30% - 39% | : Marginal |
|----|---------------|----|-------------|----|-----------|-----------------|----|-----------|--------------------|
| A | 80% - 89% | 1 | Excellent | C+ | 50% - 59% | : Above Average | D | 20% - 29% | : Need Improvement |
| B+ | 70% - 79% | 4 | Very Good | C | 40% - 49% | | | | ; Need Improvement |

Eligibility for higher studies - Minimum D+ grade for each paper

ELIGIBLE FOR HIGHER STUDIES

JOHNS V. JOHN SECRETARY

1. Name of Candidate ANU. S

Name in Regional Language: അനു . എസ്

Name of School

Milade - Sheriff H S for Girls Mynagappally

Admission No.

6153

Date of Birth (in figures) :

31/08/1997

(in words)

THIRTY FIRST AUGUST NINETEEN NINETY SEVEN

Sex

FEMALE

Religion & Caste

HINDU, PULAYA

Whether SC/ST/OEC/OBC/GL:

SC

Nationality

INDIAN

10. Name of Mother

SHYLAJA .R. N

11. Name of Father

SASI

12. Name of Guardian

SASI

13. Home Address

PUTHAN THARAYIL, VALIYAPADOM

VILANTHARA P O, PIN: 690521, KOLLAM

14. Identification Marks

(School Seal)

1. MOLE ON THE LEFT EYEBROW

2. MOLE BELOW THE RIGHT EYE

Name & Signature of the Head of School

Date of Publication of Result:

24/04/2013

Board of Public Examinations, Kerala