

# CURRICULUM VITAE

## ANISHA THOMAS



### Permanent Address

**Thaiyalackal (H)**  
**Varandarappilly. P. O**  
**Thrissur**  
**Pin -680 303**  
**Kerala, India.**

### Contact Number

**Mobile No:** +91 9207483307

+91 8330093437

### E-Mail:

[anishathomas64@gmail.com](mailto:anishathomas64@gmail.com)

### Academic Qualification

- Post-graduation in **Master of Social Work (MSW)**  
Specialized in **Medical and psychiatric social work.**  
From **Calicut University (Kerala), India.**
- BSC Graduation in **Botany** from **Calicut University (Kerala), India.**
- Higher Secondary Education in Science with 81% from Vocational Higher Secondary Board of Examinations, India
- Passed SSLC (10<sup>th</sup>) with 75% from C.J.M.A.H.S.S, Varandarappilly, Thrissur, in 2011

### Personal Profile

**Date of Birth** : 20-03-1996

**Gender** : Female

**Nationality** : Indian

### **Objective**

To be a part of health care service sector, this gives a challenging career. Improve myself through continuous learning inside and outside the preview of my responsibilities, so that I can excel and contribute to the performance of the Institution.

### **Summary**

I look for job satisfaction, which I derive from understanding and providing valuable service based on the Beneficial's requirements and like to have a challenging career.

### **Employment History**

#### **Jewel Autism & Child Development Centre, Kottayam**

Position: Social Worker & Digital Marketing Chief

#### **Role played in this Job**

- Provided Counseling for parents.
- Organizing various staff development programs.
- Feedback collection from beneficial to ensure the quality of services.
- Liaison between staff and management.
- Coordinated whole staff team for the release of manuals
- Collaborated with Pain & palliative unit of District hospital, Kottayam.
- Coordinated two projects 'Teach & Train' and 'I Challenge Plastic Bottle'.
- Organized outdoor group therapy programs in collaboration with various schools in Kottayam District.
- Organized and coordinated public awareness campaigns about 'Autism', 'Health Hazards of single use plastics' and Mainstreaming of autistic Kids.' In various schools, colleges, SHG'S of Kottayam & Alappuzha District.
- Coordinated world autism awareness day observations.
- Managed social media platforms such as Facebook, Twitter, LinkedIn, Instagram & pinterst.
- Content developer for online promotions.

*Father's Name* : Thomas TD.

*Marital Status* : Single

*Religion* : Christian RC

*Speaks* : English, Hindi,

Tamil, Malayalam

*Interested on* : Traveling

: Reading

: Craft works

### **Skills**

- Well knowledge of MS Office.
- Knowledge in video editing.
- Top notch communication skills and professional work ethic
- Organized and Focused in high stress situation.
- Ability to maintain positive and engaging relationship with all staff and colleagues.
- Ability to direct and supervise a team

### **Achievement**

- Completed certificate course in Child Developmental Therapy Assistant.
- Presented a paper on women Empowerment as a part of international women's day.
- Completed certificate course on Participatory Rural Appraisal.
- Supervised a team in many tasks
- Participated in state level workshop on "Techniques of problem solving" organized by AVARD Bahavan Chalakudy.
- Participated in seminar on "Cerebral palsy" organized by NIPMR Kalletumkara.

## **Tiny Tenders Child Development Centre, Thiruvalla, Pathanamthitta**

**Position: HR & Admin**

### **Role played in this Job**

- Coordinated intake and discharge of children
- Liaison between staff and management.
- Coordinated recruitment of staff team
- Coordinated staff team for organizing and conducting various department activities.
- Managed social media platforms and act as a content developer.
- Conducted training sessions for staff for quality assurance.

### **Internship Details**

\*Santhula Trust Hospital, Vadakara, Ernakulam : May 1<sup>st</sup> to May 31<sup>st</sup> 2018.

\*Elite Mission Hospital, Thrissur: December 1<sup>st</sup> to December 31<sup>st</sup> 2017.

\*National Institute of Physical Medicine & Rehabilitation (NIPMR), Kalletumkara, Thrissur.

\*Vijayapuram Social Service Society, Kottayam: May 1<sup>st</sup> to May 31<sup>st</sup> 2017.

### **Masters Dissertation**

Title: A Study on the impact of hurry sickness syndrome among college teachers

### **Position Sought**

- **Medical Social Worker**