**ALEXIA ALBERT**

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Variath (H),Vishnupuram Cheranelloor, Ernakulam ,Kerala 682034

**PROFESSIONAL PROFILE**

A fresh physiotherapy graduate looking for an environment to succeed in developing skills and to grow professionally. Objective is to alleviate patient's pain , work with utmost dedication and care towards improving health status and promote positive health .

**SKILLS**

Good manual skills Excellent communication skills good Observational skills. Interpersonal skills. Problem solving skills. Tolerance and patience

Time management Encouraging and empathetic attitude.

Neurological approach based treatment skill

Skilled in assessing ,planning treatments and monitoring prognosis

Able to educate patients and their families about their condition and treatment

Self motivated, moral courage and loyalty

**TECHNICAL SKILLS**

Ms word. Ms office. Ms powerpoint. Ms Excel

**EDUCATION**

**Laxmi memorial college of physiotherapy**, RGUHS 2016-2021

Bachelor of physiotherapy 1st yr-56. , 2nd yr; 65.8 , 3rd yr:64.42 , 4th yr:67.57

**Manual therapy foundation of India** 2021

Certificate in manual therapy

**Sharp insight rehabilitation research centre**  2021

Short course on mechanical, radiological differential diagnosis and it's dry needling and myokinetic therapy in musculoskeletal disorders

**S.B.O.A public senior secondary school**  2016

12th CBSE :76%

**S.B.O.A public senior secondary school** 2014

10th CBSE :7.4 (CGPA)

**INTERNSHIP**

Joined for compulsory 6 months of internship 1st May 2021 at A.J Institute of Medical Sciences and Research Centre, Mangalore, Karnataka, NABH Accredited.

Ward duties includes:

Orthopedics ward             Neurology ward Pediatrics ward

ICU and Cardio respiratory General Medicine and Surgery Outpatient Department

**RESEARCH WORK**

1.4th year : powered robotic exoskeleton in post stroke rehabilitation of gait

2. Internship : effectiveness of pilates in patients with text neck syndrome during covid 19 pandemic

**SCIENTIFIC POSTER PRESENTATION**

Presented scientific e poster : Hydrotherapy for fall prevention in older adults.

**CME AND CONFERENCES ATTENDED**

International Physiotherapy Conference “Physio Con 2017”” Yenapoya University, Mangalore on March 2017.

International Physiotherapy Conference “Physio Con 2018” at Mangalore on January 2018.

CME on diagnostic imaging and investigations : recent advances and applications in rehabilitation on June 2019 at manglore

Attended confluence national physiotherapy conference on 2019

**PERSONAL DETAILS**

Date of birth:21/10/1998 Marital status: single Nationality: Indian

**LANGUAGES** : English, Malayalam , Hindi

**HOBBIES** :Crafts , drawing , painting

**EXPECTED SALARY: 20K**

**DECLARATION**

I hereby declare that the information furnished above is true to the best of my knowledge.

Place: Ernakulam

Alexia Albert