

## CURRICULUM VITAE

**SILPA ANNAM SUNNY**

**B S C NURSE**



### CONTACT ADDRESS

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### CAREER OBJECTIVE

To obtain a challenging position according to my qualifications, wherein my skills will be focused to the best interest of the organization enabling its dynamic growth and progress as well as my own.

I want to plan and pursue a long time career with an organization which offers both horizontal and vertical growth opportunities.

### ACADEMIC QUALIFICATIONS

<u>NAME OF EXAMINATION</u>	<u>NAME OF INSTITUTION</u>	<u>YEAR OF PASSOUT</u>	<u>SCORE</u>
<b>BSC Nursing Degree</b>	Pushpagiri College Of Nursing, Thiruvalla	2021	70%
<b>Plus Two</b>	Marthoma Girls Higher Secondary School , Thrissur	2016	86%
<b>SSLC</b>	Holy Family Convent Girls Higher Secondary School, Thrissur	2014	98%

## **PROFESSIONAL EXPERIENCE**

Fresher

## **PROFESSIONAL PROFILE**

- Completed 4 years BSc Nursing degree from Pushpagiri College Of Nursing, Thiruvalla with 74% mark in first year, 66% in 2<sup>nd</sup> year, 71% in 3<sup>rd</sup> year and 69% in 4<sup>th</sup> year.
- Wide range of clinical exposure in various departments including General Wards, ICU s, Orthopaedic Wards, Pediatric wards, Psychiatry Wards, Pain and palliative care unit, Neuro ICU, Emergency department, Operation Theatre, Cardiac ICU, Nephrology ward, Gastro wards, Neuro Wards, neonatal intensive care unit, Labour Room, Antenatal and Postnatal wards, CVTS OT.
- Management of patient Care through systematic nursing process: Assessment, Diagnosis, Planning Interventions, Implementation, Evaluation.
- Comprehensive and Quality patient care.
- General and systematic assessment of patient.
- Skilled in providing basic life support to collapsed patients.
- Monitoring Vital Signs and appropriate recording and timely reporting.
- Basic care procedures and assisting with ADLs.
- Administration of medications; Oral, ID, IV, IM, Sublingual.
- Administration of oxygen.
- Care of patient in Ventilator.
- Various sample collection procedures, including withdrawing blood for investigations.
- ECG monitoring and Analysis.
- Surgical dressing.
- Arterial blood gas Analysis
- Nasogastric tube insertion and feeding.
- Provide psychological and moral support to patient.
- Effective communication with health team and family.
- Maintaining records and reports.
- Participate in workshops, seminars, school wealth, home Visits and Research works.
- Antenatal assessment, Antenatal care, care during delivery, assisting with normal labour, Postnatal care, Episiotomy care.
- Care of newborn, assessment, mummification.
- Skilled in providing health teaching.

## **EQUIPMENTS USED**

Cardiac Monitor, Sphygmomanometer, pulse oxymeter, infusion pumps, syringe pump, Nebulizer, Glucometer, Suction Apparatus, Steam Inhaler, ABG analyser Machine, Ventilator.

## **STRENGTH**

- ❖ Good leadership qualities
- ❖ Self motivated, Hardworking, Dedicated and Sincere.
- ❖ Easily adaptable to any Environment
- ❖ Friendly with an upbeat attitude

- ❖ Work as a team member with leadership qualities
- ❖ Excellent communication skills
- ❖ Ability to build and maintain relationships
- ❖ Good level of emotional bondage to get along with different types of patients.
- ❖ Good decision making skills

## **LANGUAGES**

Malayalam, English, Hindi, Tamil

## **PERSONAL INFORMATION**

Name: Silpa Annam Sunny

Date of birth: 19/03/1998

Gender: Female

Father's Name: V M Sunny

Marital Status: Single

Nationality: Indian

## **SELF DECLARATION**

I hereby declare that all the statements made above are true and correct to the best of my knowledge and belief

Silpa Annam Sunny