



# ANN SONY VARGHESE

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Illiparambil (h), T & R cross road, T  
hopumpady P O, 682005,  
Ernakulam

## Skills

Excellent communication skills  
and responsibilities

Dedication and patience

Kind and compassionate

Stress management

Organization skills

Critical thinking

Alert and observant

Judgement and descision making

Physical and mental endurance

## Reference

**Prof. Geetha P T - ""**

SI-MET College of Nursing,  
Palluruthy, Ernakulam

## Personal Details

Date of Birth : 18/08/1998

Nationality : Indian

Age : 23

Gender : Female

Father : Varghese I T

Mother : Mary Sebastian

## Education

- Kerala University of health science (KUHS) ; SI-MET college of nursing, Palluruthy, Ernakulam *2016-2021*  
BSC NURSING
- St.Teresa's C.G.H.S.S , Ernakulam *2014-2016*  
PLUS TWO
- St.Mary's A.I.G.H.S, Kochi *2014*  
SSLC

## Carrier Objective

To serve for the post of the society by rendering my services to the needy and medically desperate, there by earning a lively hood to be a role model and to contribute and share my knowledge with my colleagues and the institution

## Experience

Worked as a trainee/internship nurse in different hospitals during the period of course

References :-

1. Medical College Alappuzha
2. General hospital Ernakulam
3. Government hospital Kacheripady
4. Mental health centre Thrissur
5. Government Maharajas hospital Karuvelipady
6. Community health centre Kumbalangi
7. Primary health centre Kandakadavu

## REGISTRATION NO :

- KL03202103826

## WORKING KNOWLEDGE

- Admission, transfer, discharge of patients  
Meet basic needs inclusive of hygienic or comfort needs  
Obtaining 12 lead ECG, incentive spirometry, nebulization, enema, bladder wash and bowel wash  
Dressing and removal of sutures  
Maintaining the drugs and supplies as per standing order  
Maintaining emergency drugs and equipments in inaccessible securely  
Maintaining the reports and records up to date  
Tracheostomy care , ABG , chest physiotherapy  
Counselling of patients, their family members and rendering psychological support

#### **DUTIES AND RESPONSIBILITIES**

- Comprehensive nursing care  
Monitoring vital signs  
Administration of medications via various routes  
Admission and discharge of patients  
Pre and Post operative care of general, cardiac, ob and gynec, neuro surgeries  
Surgical site dressing  
Assisting in sterile procedure  
Planning and implementation according to the need of patient  
Maintaining records

#### **LANGUAGE SKILLS**

- Can speak : English and Malayalam  
Can read and write : English, Malayalam, Hindi

#### **DECLARATION**

- I hereby declare that the above furnished details given by me are true to the best of my knowledge and assure that I will fulfill my obligations to the institution efficiently and effectively.

ANN SONY VARGHESE