**CURRICULAM VITAE**

ASHLEY LALU

PATHICKAL HOUSE

CHAKKAMPUZHA (PO)

CHAKKAMPUZHA

KOTTAYAM(Dist)

PIN- 686574

Mob No.7025859770

*E-Mail*:ashleylalu001@gmail.com

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| ***PERSONAL DETAILS*** |

Father’s Name: Mr.Lalu

Religion & caste: Christian, R C

Permanent Address: PATHICKAL HOUSE

CHAKKAMPUZHA (PO)

CHAKKAMPUZHA

KOTTAYAM – 686574

Phone No: 7025859770

*E-Mail*: ashleylalu001@gmail.com

Date of Birth: 28/09/1995

Sex: Female

Marital status: Single

Language Known: English, Malayalam, Hindi, Tamil

**PASSPORT DETAILS**

Passport Number - R6359418

Date of issue - 23/11/2017

Date of Expiry - 22/11/2027

Place of Issue - THODUPUZHA,KERALA

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| **JOB OBJECTIVES**  |

I aspire to find a position where my expertise in caring for the sick I utilized to its fullest.

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| **MY STRENGTHS** |

* Ability to utilize the nursing process to provide safe care.
* Knowledge of medical terminology
* Empathetic and self motivated
* Good emotional intelligence to get along with different type of sick clients
* Knowledge of professional standard polices and expectations.
* Exceptionally good in inter personal and communication skills.

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| **ACADEMIC QUALIFICATION** |

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| QALIFICATIONS | NAME OF THE INSTITUTION | BOARD/UNIVERSITY | YEAR OF PASSING | MARKS OBTAINED |
| SSLC | Holy Cross Higher Secondary School, Cherpunkal | Board of public examination Kerala  | 2011 | 79% |
| Higher Secondary | St.AugustinesHigher Secondary School Ramapuram | Board of Higher secondary Education Kerala | 2013 | 80% |

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| **PROFESSIONAL QUALIFICATION** |

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| QUALIFICATION | NAME OF THE INSTITUTION | NAME OF THE UNIVERSITY. BOARD | YEAR | PERCENTAGE OF MARKS |
| B.Sc Nursing | Velankanni MathaCollege Of Nursing Thellakom,Kottayam | Kerala University Of Health Science(KUHS) | 2013-20171st Year2nd Year3rd Year4th Year | 69.5%69%73%71% |

**WORK EXPERIENCE**

* Worked as a Staff Nurse in Obs, Gynae and Paediatric Unit at Max Smart Super Specialty Hospital Saket, New Delhi from 26th Feb 2018 to 3rd JUNE 2021 and done Covid duty in Covid ward.

**SYMPOSIUMS AND SEMINARS ATTENDED**

* Basic life Support
* Mother And Child Care.

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| **DUTIES AND REPONSIBILITIES** |

* Care of Preoperative and postoperative patients
* Nurse bedside rounds.
* Assessing the physical and psychological needs.
* Monitoring Vital signs.
* Sponge bath, Mouth care, back care.
* Aseptic dressing.
* Blood transfusion.
* Steam inhalation and nebulisation.
* Using Pulse oxymeter, Glucometer
* Daily Weight checking.
* Taking input and output chart.
* IV cannulisation.
* Taking Laboratory Specimen.
* Checking the vital as soon as patient admitted to the Emergency.
* Monitoring Fluid balance.
* Drug Administration.
* Cardiac Monitoring.
* Tube feeding.
* Endotrachial tracheostomy and oral suction.
* Inserting nasogastric tube.
* Urinary Catheterization.
* Prepare the patient for investigation and procedures.
* Assisted the doctors during procedures.
* Health Education.
* Safely admitting transferring as necessary.
* Report the patient condition to the doctor whenever necessary.

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| **EQUIPEMENTS USED AT WORK** |

v Syringe pumps

v B/P apparatus

v Pulse oxymeter

v suction apparatus

v oxygen Flowmeter

v CTG

v Nebulizer

v ECG Monitor

v Ambu bag

v Oxygen Hood

v Breast pump

v Digital Thermometer

v Gluco meter

v Emergency trolley

v Doppler

v steam inhaler

**REFERENCE**

1. Mrs. Manju Tyagi

Chief Nursing officer

Max Smart Super Specialty Hospital

Saket ,New Delhi – 110017

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| **DECLARATION** |

I hereby declare that all the statements mentioned above is true to the best of my knowledge and belief.

Place: New Delhi

Date:

**ASHLEY LALU**