



**KAVYA M S**

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**A Self-reliant and confident Graduate Nurse with sound understanding of advanced patient care techniques as well as exceptional patient care skills. Well versed in delivery of patient care through assessment, planning, intervention, and evaluation. Familiar with advanced medical terminology and medical equipment. Graduated from the National Institute of Mental Health And Neuro Sciences, Bengalore, Karnataka and has undergone on job student nurse training at various reputed hospitals. Worked as Nursing Officer under National Health Mission at Malabar Cancer Centre, Thalassery (An Autonomous Institution under Government of Kerala).**

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#### **EDUCATION:**

- **Bachelor of Science (B.Sc) Nursing, National Institute of Mental Health And Neuro Sciences, Bengaluru, Karnataka with 71% (2018)**

*Registered Nurse with Kerala Nurses and Midwives Council;*

*Registration No – KL04202000970;Registration Number Assigned On - 21-04-2020*

- **Higher Secondary Education, Holy Family Convent Girls Higher Secondary School, Thrissur, Kerala with 88% (2013)**

- **Secondary Education (8th to 10th Standard), St. Therese's Convent Girls Higher Secondary School, Trivandrum, Kerala with 90% (2011)**

## **NURSING SKILLS**

- **Demonstrated expertise in providing professional nursing services in the treatment and care of patients with reference to physician's order.**
- **Documented success in coordinating total nursing care for patients.**

- **Well versed in collecting and analyzing patients' data.**
- **Committed to implement a plan of care for each patient to meet the need of patients.**
- **Expert in identifying variances in the plan of care and success of nursing interventions**
- **Adept at documenting care and identifying healthcare needs.**
- **Assessing physical, psychological and psychosocial needs of the patient.**
- **Care of patient on ventilator.**
- **Emergency patient care.**
- **Comfortable answering queries and giving instructions to patient and family.**

#### **EQUIPMENT HANDLING SKILL**

- **Cardiac Monitor**
- **ECG Machine**
- **Infusion & Syringe Pump**
- **Incubator**
- **Pulse oximeter**
- **Glucometer**
- **Sphygmomanometer**
- **Thermometer**
- **UV/IR Light**

#### **AREAS OF EXPERIENCE**

- **Emergency & Trauma Nursing**
- **Medical- Surgical Nursing**
- **Critical Care Nursing**

- **Psychiatric Nursing**
- **Paediatric Nursing**
- **Neurology Nursing**
- **Oncology Nursing**

## **NURSING PROJECT**

**A study to assess the knowledge regarding depression among adolescents in selected high schools, Bengaluru**

**Project Duration: 6 Months**

**Project Detail: Project work submitted in partial fulfillment of the degree of Bachelor of Science in Nursing, NIMHANS, Bengaluru.**

## **PROFESSIONAL EXPERIENCE**

- **Nursing Officer under National Health Mission at Malabar Cancer Centre (An Autonomous Institution under Government of Kerala), Thalassery (November 16,2020 – October 11, 2021) Worked in areas such as;**
  1. Covid Screening
  2. High Dependency Unit
  3. CVAD Clinic
  4. Intensive Chemo Ward
  5. Medical and Surgical Wards
  6. Recovery Room
  7. Endoscopy Unit
- **Internee 6 months Internship, National Institute of Mental Health And Neuro Sciences, Bengaluru, Karnataka, Dec-2017 - May-2018**
- **Student Nurse, 4 Years BSc Nursing Training, Dec-2014 - Jun-2018**

*Worked as a Student Nurse in Reputed Hospitals across Bengaluru as part of 4 years BSc Nursing Training (College of Nursing,NIMHANS,Bengaluru). Name of institutes as follows:*

- **National Institute of Mental Health And Neuro Sciences, Bengaluru, Karnataka.**
- **Bangalore Medical College and Research Institute-BMCRI, Bengaluru, Karnataka.(Medical-Surgical Nursing)**
- **Sri Jayadeva Institute of Cardiovascular Sciences, Bengaluru, Karnataka. (Medical -Surgical Nursing)**
- **Kidwai Memorial Institute of Oncology, Bengaluru, Karnataka. (Medical Surgical Nursing)**
- **Indira Gandhi Institute of Child Health, Bengaluru,Karnataka (Child Health Nursing)**
- **Victoria Hospital (VaniVilas), Bengaluru, Karnataka - (OBG Nursing)**

#### **KEY PERSONAL ATTRIBUTES**

- **Hard Working**
- **Problem solving & Decision-Making Skills.**
- **Good communication and Analytical Skills.**

- **Computer Skills (Microsoft office including PowerPoint, Word, Excel)**
- **Organisational Skills.**
- **Critical Thinking.**
- **Strong aptitude to become accustomed in the new environment immediately.**

## **PERSONAL PROFILE**

**Date of Birth: 05/07/1995**

**Marital Status: Single**

**Nationality: Indian**

**Passport No - L9875064**

**Known Languages: English, Malayalam, Tamil, Kannada**

**Hobby: Reading books, Listening Music, Gardening**

## **DECLARATION**

**I hereby declare that this Curriculum Vitae is true and correct.**

**08-11-2021**

**Trivandrum**